About Lisa
Lisa’s diverse nursing experience spans 21 years, with concentrations in orthopedics, oncology, case management, hospital administration, education and condition management. Lisa was certified as an educator in both orthopedics and holistic medicine. She also has experience in developing and implementing programs that promote behavior changes for healthier living. She believes wholeheartedly in the concept that promoting health and wellness emphasizes Mind-Body-Spirit interventions.

How can a nurse liaison help me?
Lisa is available to meet with you to discuss any lifestyle behaviors you want to address – such as weight management, nutrition, fitness and to help you create and work toward your personal health goals. Your nurse liaison can also assist you with prevention education and disease management support for conditions such as diabetes and high blood pressure.

Will my personal information that I share with my nurse liaison be protected?
Yes, all of your personal health information will be protected in accordance with HIPAA. None of your personal information will be shared with your employer. Your privacy matters.

What other services does my nurse liaison offer?
Your onsite Nurse Liaison will:
- Help you make better health care decisions
- Demonstrate how to navigate UnitedHealthcare tools and resources
- Provide health coaching and support for individuals and groups
- Refer employees to appropriate clinical and wellness programs
- Perform blood pressure/weight/BMI screenings
- Recommend appropriate care settings for care and available treatment options
- Assist with medication management
- Provide support with chronic illnesses like diabetes, hypertension and heart disease

How can I reach my nurse liaison?
- Telephone: (954)536-6667
- Email: lisa_n_wright@uhc.com