

UF/IFAS Extension Broward County

Comings & Goings

FROM THE OFFICE OF THE BROWARD COUNTY EXTENSION DIRECTOR

QUARTERLY REPORT (October thru December 2016)

Faculty

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UF/IFAS Extension in Broward, Parks and Recreation Division, has four current programming areas educating clientele across the county: Commercial Horticulture, Family and Consumer Sciences/the Family Nutrition Program, Urban Horticulture, and the 4-H Youth Development program. See Agent quarterly reports below.

UF/IFAS Commercial Horticulture/ Michael Orfanedes, Agent IV

- Number of UF/IFAS Extension commercial programs taught: 33
- Number of participants educated via the tree trimmer program: 188
- Number of UF/IFAS Extension tree trimmer education hours provided: 940
- Total UF/IFAS Extension commercial horticulture clients served: 4340
- Client satisfaction: 99%

New partnerships- 2 (American Public Works Assn. and Barry University)

Success stories-

- Extension's Tree Trimmer Training A Boost to Broward's Urban Forest (December 2016)
- Extension Teams Up to Bolster Landscape Inspector Certification (December 2016)

Advisory committee meeting: One held on November 9, 2016.

Family Nutrition Program-FCS/ Brenda Marty Jimenez, Agent III

- Number of UF/IFAS Extension, Family Nutrition Program (FNP), nutrition lessons taught during the quarter: 160
- Number of participants in UF/IFAS Extension Family Nutrition Program (FNP): 2715
- Total number of food tasting sessions conducted: 48
- Number of Family Nutrition Program (FNP) volunteer hours contributed by 61 FNP partners: 325.5 hours valued at \$11,344.50.
- Clientele Satisfaction: 90% average

New FNP Partnerships-FNP is working to form partnerships with Hope Outreach, Broward County School Board/Bus Terminal Transportation Center, Segall Alternative School for Teen Moms and Adult programming, Broward Health/Comprehensive Care Center, and Broward Health/Annie Weaver Clinic. FNP also began teaching YUM nutrition lessons at St. Helen's School with 29 third grade students targeted. FNP is focusing on the five healthy community zones (poverty



QUARTERLY REPORT (October thru December 2016)

zones) : 1. Lauderdale Lakes, 2. Sistrunk, 3. Dania Beach, 4. Hallandale Beach, 5. Unincorporated Broward (west of I-95). The directive from the state FNP office is to now target and focus on adults with families.

A new FNP volunteer is being oriented and trained.

Brenda Marty Jimenez attended the FNP Kick Off training in Gainesville from October 10-13, 2016.

Gardening for nutrition programming conducted on October 19th at Broward Extension in collaboration with Holy Cross-Growing Healthy Kids, South District Farm to Community Coordinator, Ag in the Classroom and Comm Hort. Thirty (30) Title 1 school teachers attended and were educated.

FNP, Regional Public Health Coordinator (PHC) interviews were held on October 27th & 28th, 2016 in Broward County. The PHC is scheduled for a start date of 1/27/17.

Nutrition programming conducted at Greater Mt. Zion AME Church on 10/28/16 with over thirty participants in attendance.

Cooking Matters programming taught at the Dania Beach Patch Farmers Market on 10/15/16, 11/19/16 and 12/17/16. It is difficult to get larger groups (not pre-formed) to attend programming at this event.

In November, container gardeners were installed and placed at Pat Larkins Senior Center; FNP nutrition lessons have been taught here for several consecutive years.

The Nutrition Advisory Committee meeting was held on November 21, 2016. Goals and objectives were met.

FNP conducted a Smarter Lunchroom program on November 30th, 2016 targeting 23 cafeteria managers. The Smarter Lunchroom program is an important piece of the HUSSC (The HealthierUS School Challenge: Smarter Lunchrooms) certification. Broward FNP is targeting two schools in 2017 to obtain HUSSC certification.

Success Story/ October 2016-After attending a nutrition lesson on the topic "Delicious Dairy" which included a yogurt parfait food tasting (at Sheridan Park Elementary School) a female, first grade student was proud to state that she had made yogurt parfaits for her grandparents when they visited over the weekend. She said her Grandpa had never tasted yogurt and was so happy that she made the parfait for him and that he liked it.

Success Story/November 2016-Ongoing Dairy challenge. After teaching the Dairy nutrition lesson, a teacher reported to the program assistant, that her students do not drink plain milk and always opt for flavored (higher calorie) milk. The Broward program assistant issued a challenge to the children: drink plain milk at least one time until the next FNP nutrition class. It was reported to the program assistant, that 8 of 20 students took on



QUARTERLY REPORT (October thru December 2016)

the challenge the first week and reported that they had consumed plain milk 2-5 times during lunch. The second week, 11 of 20 students had taken the challenge. Of these 11 students, 4 reported that they drank plain milk 4 times, 5 drank it twice and 2 drank plain milk one time.

Success Story/ December 2016-Five (5) female participants at Boulevard Heights Senior Center stated that they had never tasted hummus. After attending the December nutrition lesson, which included a tasting of hummus and whole grain crackers, several planned to add hummus to their holiday family buffet since they were sure none of their family had ever tried hummus either.

Urban Horticulture/ John Pipoly, Agent II

- Number of UF/IFAS Extension Urban Horticulture programs taught to clientele: 67
- Number of participants educated by UF/IFAS Extension Urban Horticulture program: 4,560
- Total UF/IFAS Extension Urban Horticulture clients served: 18,400
- Clientele Satisfaction: 98%

New partnerships-Deerfield Beach Arboretum

Success stories-

- Broward County Extension Master Naturalists Provide Tours, Displays and Interpretive Materials for New Educational Initiatives” December 1st.

Press releases-

- Broward County Extension Master Naturalists Provide Tours, Displays and Interpretive Materials for New Educational Initiatives” December 1st.

Four original Urban Hort publications written-

- 3rd ed. Review of the Major Types of Vascular Plants- Embryophyta Part I: Intro and Spore-Bearing Plants. 43 slides. October 2016
- 3rd ed. Review of the Major Types of Vascular Plants- Embryophyta Part II: Spermatophyta- Seed Plants. 72 slides. October 2016
- Irritant Plants Producing Dermatitis in South Florida. 19 Slides. November 2016
- Water Conservation: Saving Rain and A/C Runoff Water, 2nd ed. 26 slides. November 2016

Advisory committee meetings:-One held during October 2016.

- Urban Hort & Nat Resources Extension Advisory Council held meeting in October, recommended following subjects to be explored in 2017:
 - One lecture on Sea Level Rise, more easily understood than the current NOAA materials

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QUARTERLY REPORT (October thru December 2016)

- Endorsement and thorough lectures on Assisted Migration of plant species from the Keys to Broward for non-natural (urban, developed) ecosystems
- Fertilizer reduction or elimination lectures to reduce nonpoint source pollution
- Specific webinars aimed at reducing insecticides, particularly those with known effects on pollinators.
- Program parity was met and discussed among members using ded.ifas.ufl.edu guidelines.
- Pipoly and MG Past President Teri Goldsmith were on WLRN, 91.3 FM *Topical Currents* Radio Show on October 3, with over 151 emails and 70 calls made into the station during our session.
- Master Gardeners participated in the Plantation Plant Affair, Home Design and Remodeling Show, among others. Staff presented seminars in 3 plenary sessions.

4-H Youth Development/ Alexandra Draper, Agent I

- Number of 4-H clubs: 22
- Number of 4-H members: 258
- Number of 4-H volunteers: 116
- Total number of 4-H Youth Development clients served: 1343
- Number of 4-H volunteer hours (FTE equivalent): 0.597 FTE

New partnerships-The Urban Farming Institute worked in partnership with Tradewinds Park and Broward County 4-H to begin a 4-H gardening program at Tradewinds Park. Broward County 4-H and Tradewinds Park farm will also be working in partnership to start an animal science SPIN club in the spring.

The City of Deerfield Beach has agreed to host the 4-H Tech Wizards program for 45 underserved middle and high school youth at their new community center for the 2017 program year.

Grants-The Broward County 4-H Tech Wizards program secured \$20,000 from the National Youth Mentoring program for the 2017 programming year to support 45 youth in the program.

Success stories-Broward County 4-H Teens Learn Valuable Communication and Leadership Skills through Teen Teacher Program and Broward County 4-H Officers Grow Leadership Skills at Local 4-H Training.

Press releases written during the quarter-

- 4-Hundred Boxes of Love
- National Youth Science Day

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Advisory committee meetings-The Broward County 4-H Association held a meeting on December 12th, 2016 to plan the Broward Community Fair to allow 4-H members to present their 4-H projects to the public.

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