

UF/IFAS Extension Broward County

Comings & Goings

FROM THE OFFICE OF THE BROWARD COUNTY EXTENSION DIRECTOR

QUARTERLY REPORT (April thru June 2017)

Faculty

Brenda Marty Jimenez

County Extension Director
Family & Consumer Sciences
bjimenez@broward.org

Michael Orfanedes

Commercial Horticulture
morfanedes@broward.org

Alexandra Draper

4-H Youth Development
adraper@broward.org

John Pipoly

Urban Horticulture
jpipoly@broward.org

Staff

Donna Clerkin

Family Nutrition Program
Program Assistant
dclerkin@broward.org

Rose Morales

Family Nutrition Program
Program Assistant
rmorales@broward.org

Josh Bott

Extension Program Assistant
Commercial Horticulture
jbott@broward.org

Jennifer Carpenter

Extension Program Assistant
4-H Youth Development
jcarpenter@broward.org

Julio Perez

Horticulture Technician
Urban Hort
julperez@broward.org

UF/IFAS Extension in Broward has four current programming areas educating clientele across the county: *Commercial Horticulture, Family and Consumer Sciences/the Family Nutrition Program, Urban Horticulture, and the 4-H Youth Development Program.* The following is a listing of quarterly accomplishments as reported by each program faculty member.

UF/IFAS Commercial Horticulture/ Michael Orfanedes, Agent IV

- Number of UF/IFAS Extension commercial programs taught: 34
- Number of participants educated via the tree trimmer program: 268
- Number of UF/IFAS Extension tree trimmer education hours provided: 1340
- Total UF/IFAS Extension commercial horticulture clients served: 3869
- Client satisfaction: 98%

New partnerships: FDACS Statewide Worker Protection Standard Coordinator

Success story: "Extension's Tree Trimmer Training Benefits Broward's Urban Forest" (June 2017)

Advisory committee meeting: The Commercial Horticulture Advisory Committee meeting was held on 6/12/17.

Family Nutrition Program-FCS/ Brenda Marty Jimenez, Agent III

- Number of UF/IFAS Extension, Family Nutrition Program (FNP), nutrition lessons taught during the quarter: 117
- Number of participants in UF/IFAS Extension Family Nutrition Program (FNP): 2,444
- Clients served: 50 emails; 38 phone calls; 0 walk-ins; 5 exhibits viewed by 728 clientele
- Total number of Cooking Matters/food tasting sessions conducted: 27
- Number of Family Nutrition Program (FNP) volunteer hours contributed by 70 teachers/ partners: 299.5 hours valued at \$11,980.00.

Nine (9) new FCS/FNP partnerships-

- Hispanic Unity, Hollywood (June 2017)
- Patrick J. Meli Park, Dania Beach, Summer Breakspot (June 2017)
- CW Thomas Park, Dania Beach, Summer Breakspot (June 2017)

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New FCS/FNP partnerships continued-

- Meals on Wheels, Summer Breakspot, FL Impact (June 2017)
- Everglades Heights, Ft. Lauderdale, Summer Breakspot (June 2017)
- Broward Housing Authority, Summer Breakspot, FL Impact (June 2017)
- Federation Plaza in Hollywood (May 2017)
- AC Perry Elementary/Middle School (May 2017)
- Once Community Partnership (OCP) www.ocp2.org (May 2017)

UF/IFAS Comings and Goings Newsletter-

Marty-Jimenez, B.L. March/April 2017. "Extension Education Helps Program Participants Restart Their Lives", page 8. http://extadmin.ifas.ufl.edu/comings_and_goings/extcg05122017.pdf. 1 page.

FCS/FNP Press release- "Extension Education Encourages Students to Eat Their Fruits and Vegetables" (April 2017)

Franklin Park, Soup and Salad Bowl -FNP again participated in the Franklin Park, Soup and Salad Bowl. FNP staff worked with partners (Broward Parks and Recreation, YMCA, and Broward County Elderly and Veterans Services) to plan and implement this event for this low-income community. The event was attended by 228 seniors and included physical activity, healthy lunch and snacks, food demonstrations and tastings, nutrition education, and produce giveaway. FNP conducted Cooking Matters demonstrations and staff educated via a nutrition display and distribution of nutrition education literature. (April 2017)

FNP also assisted in HUSSC (Healthier US School Challenge-Smarter Lunchrooms) application submissions for Sheridan Park Elementary (680 students/496 SNAP-ed) and Colbert Elementary School (591 students/538 SNAP-ed) were submitted in May. This has been a lengthy and on-going collaborative process. The goal is to certify all Broward Elementary Schools (137) during the next academic year. The following activities are related to moving HUSSC certification forward:

1. Broward FNP, Public Health Specialist presented to 180 Broward County Public Schools Elementary School principals and district staff at their mandatory meeting about FNP and the Healthier US Schools Challenge (HUSSC) Certification in order to promote the program and gain buy-in for certifying Broward's Elementary Schools. (April 2017)
2. Broward FNP, Public Health Specialist and Beth/Broward FNP, Farm to Community Specialist conducted two Smarter Lunchroom Assessments at Sheridan Park and Colbert Elementary schools. They delivered supplies to cafeteria managers to implement several new Smarter Lunchroom strategies. (April 2017)

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3. Broward County School District Wellness Policy-FNP continues to assist Broward County Public Schools with amendments to the district wellness policy. Broward FNP, Public Health Specialist spoke as an “outside expert” on the School Wellness Policy at the Broward County Schoolboard Workshop on May 23rd. FNP has set revision of the Broward Schools Wellness Policy as a goal of bringing it into compliance with the Healthy and Hunger Free Kids Act (HHFKA) Final Rule, supporting the district-wide HUSSC application initiative, and strengthening the policy overall. The School Board Members in attendance expressed their support of the proposed revisions. A public hearing concerning the revisions is schedule for August 15th and, as of now, the School Board is scheduled to vote on the revisions at their September meeting. (May 2017)

School Gardening and Nutrition Education-The Broward FNP, Public Health Specialist met with the principal and staff at AC Perry (combined elementary and middle school/ Title 1) to discuss providing nutrition education and school gardens at the site. The meeting created a new partnership between FNP and AC Perry. A list of needed supplies was provided to begin a garden during the next school year. (May 2017)

The FCS/Nutrition Advisory Committee meeting was held on May 18, 2017. Committee members provided programming input.

Articles in eXtension-

Schlanger, A. and Marty-Jimenez, B.L., May 2017. How the School Wellness Policy Can Support an Application to the Healthier US School Challenge. eXtension.

<http://articles.extension.org/pages/74445/how-the-school-wellness-policy-can-support-an-application-to-the-healthierus-school-challenge> (1 page) Published.

Owens, B., and Marty-Jimenez, B.L., May 2017. UF/IFAS Extension, Smarter Lunch rooms Success in Broward County. eXtension. <http://articles.extension.org/pages/74456/smarter-lunchrooms-success-in-broward-county> (1 page) Published.

International Activities-

Bechard-Butman, R., and Marty-Jimenez, B.L., May 2017. Agent educated two faculty from the National University of Laos (Department of Rural Economy and Food Technology) and the Mae Fah Luang University (Thailand International Development Program, School of Social Innovation) on UF/IFAS Broward County Extension local programming and community outreach. Agent taught this delegation about Extension’s land grant mission, nutrition and environmental education programs, farm to school initiatives, local agriculture, and community and school gardening. This delegation was part

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of a collaboration that included Broward NatureScape, USDA, UF/IFAS Fort Lauderdale Research and Education Center and UF/IFAS Broward Extension Education.

Owens, B., and Marty-Jimenez, B.L. May 2017. Participated in a French delegation educational event titled: *Fresh Attitude* conducted in Broward County, coordinated by Broward County Public Schools, Food and Nutrition Services. In Broward, seven French, school foodservice, administrator participants from France were educated by agent and Farm to School Specialist on local school gardens, wellness in the school, USDA fresh fruit and vegetable program, farm to school, smarter lunchrooms, MyPlate nutrition and the success of the partnership between the UF/IFAS Extension Service and Broward County Public Schools.

A FNP, Regional Farm to Community Specialist interview was held on June 12, 2017. The start date is pending. We wish Beth Owens, previous Farm to Community Specialist, all the best on her out of state move.

Success Stories-

- April 2017- A FNP youth participant from Collier City Afterschool at Your Library stated that when she began to attend the Family Nutrition Program classes, she thought it was just another thing she had to do. She stated that after a few classes she decided to tell her mom about what she had learned. Her mom has started to purchase more fruit for the children to eat, even though it takes up a large portion of her grocery money. The participant's mother stated that knowing her kids were eating healthy foods, makes her feel good.
- May 2017- Several children attending the FNP nutrition lessons at Lauderdale Lakes After School at Your Library program reported that they have switched from chocolate milk to plain white milk on most days. This behavior change decreases daily intake of sugar.
- June 2017- After attending a FNP nutrition lesson on the topic of fluids, a white Hispanic female at Boulevard Heights Senior Community Center shared that she is now drinking more water each day. She has learned the importance of staying hydrated and the health benefits of drinking water and less sugar sweetened beverages. She stated she enjoys learning about nutrition at the monthly FNP nutrition lessons and from continuing to learn by reading the research based and factual handouts provided, after the class.

Donna, Rose and Angelika attended the FNP annual state training titled: "*Educate. Engage. Empower.*" from June 13th to the 15th in Gainesville. All FNP staff completed HIPPA and Civil Rights trainings.

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FNP will welcome four new full-time teaching program assistants PAs on 7/14/17: Liz, Natalie, Laura and Vanessa.

Urban Horticulture/ John Pipoly, Agent II

- Number of UF/IFAS Extension Urban Horticulture programs taught to clientele: 117
- Number of participants educated by UF/IFAS Extension Urban Horticulture program: 11,597
- Total UF/IFAS Extension Urban Horticulture clients served: 30,260
- Clientele Satisfaction: 98%

Success story: “Broward County Extension Master Gardener Trainees Increase Sustainability Actions” (June 2017)

Press releases: “Master Gardener Trainees Increase sustainability Actions” (June 2017)

Four original Urban Hort publications created to educate the visiting public at parks and other venues throughout south FL.

Pipoly, J. 2017. 2nd ed. Irritant Plants Producing Dermatitis in South Florida. 19 Pages.

Pipoly, J. 2017. Underutilized Palms in South Florida Landscapes. 20 pages.

Pipoly, J. 2017. Infrastructural Necessities and Opportunities for Accredited Arboreta. 9 pages.

Pipoly, J. 2017. Assisted Migration: An Urban Imperative to Climate Change Adaptation. 32 pages.

4-H Youth Development/ Alexandra Draper, Agent I

- Number of UF/IFAS Extension, 4-H Youth Development programs: 49
- Number of participants in UF/IFAS Extension, 4-H Youth Development programming: 657
- Number of 4-H volunteer hours (FTE equivalent)- 0.909 FTE
- Number of 4-H clubs: 22
- Number of 4-H members: 296
- Number of 4-H volunteers: 125
- Total number of 4-H Youth Development clients served: 1131
- Clientele Satisfaction: 4.88 out of 5

New partnerships: University of Florida/IFAS Wildlife Department, Underground Reptiles, Broward College

Grants: National Youth Mentoring Program – Tech Wizards Grant \$20,000; Disney Conservation Fund – Connecting Youth to Nature – Teens as Teachers \$5,000. Grant money to be used July to December 2017.

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Press releases: “Broward County 4-H to Host Veterinary Science Camp, 4-H Teens as Teachers, 4-H Day Camps” (May 2017)

Success story: “4-H Community Fair Provides Broward County Youth Recognition for Entrepreneurial Skills” (June 2017)

UF/IFAS Broward County Extension,
Parks and Recreation Division
3245 College Avenue
Davie, FL 33314

Phone number: (954) 357-5277

Visit us at:

www.broward.org/parks/extension

www.solutionsforyourlife.com

