

UF/IFAS Extension Broward County

# Comings & Goings

FROM THE OFFICE OF THE BROWARD COUNTY EXTENSION DIRECTOR

## QUARTERLY REPORT (July thru September 2017)

### Faculty & Staff

#### Brenda Marty Jimenez

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#### Rose, Laura, Liz, Natalie, Vanessa, Angelika & Lisa

Family Nutrition Program  
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#### Josh Bott

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UF/IFAS Extension in Broward has four current programming areas educating clientele across the county: *Commercial Horticulture, Family and Consumer Sciences/the Family Nutrition Program, Urban Horticulture, and the 4-H Youth Development Program*. The following is a listing of quarterly accomplishments as reported by each program faculty member.

### UF/IFAS Commercial Horticulture/ Michael Orfanedes, Agent IV

- Number of UF/IFAS Extension commercial programs taught: 31
- Number of participants educated per the tree trimmer program: 214
- Number of UF/IFAS Extension tree trimmer education hours provided: 1070
- Total UF/IFAS Extension commercial horticulture clients served: 4300
- Customer Satisfaction Rating: 98%

New partnerships: 1 -New staff at Environmental Protection Growth Management Division

Professional Association Presentations: 1 presentation on Florida Grades and Standards training at the 2017 EPAF conference.

Other: Mike Orfanedes served as interim CED for much of the quarter.

### Family Nutrition Program-FCS/ Brenda Marty Jimenez, Agent III

- Number of UF/IFAS Extension, Family Nutrition Program (FNP), nutrition lessons taught during the quarter: 95
- Total number of participants in UF/IFAS Extension Family Nutrition Program (FNP): 2051
- Total number of Cooking Matters sessions conducted: 20
- Number of Family Nutrition Program (FNP) volunteer hours contributed by 8 FNP partners: 39.25 hours valued at \$1570.00

Four new Broward FNP program assistants (Natalie Allen, Laura Nunez-Sierra, Lizette Pacheco-Lewis and Vanessa Berthoumieux) were hired and oriented as well as the Broward FNP Food Systems Specialist, Lisa Gonzalez. They have already begun to impact the county with their programming.

New FNP Partnerships- 6 (1summer camp, 2 *Summer Break Spots* sites, 2 churches, and 1 community center).

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Additional FNP Partnership Collaborations: Regional Public Health Specialist Angelika Schlanger visited several new FNP sites, including AME Zion Church and CW Thomas Park to educate site administrators on the various services that FNP provides to promote access to healthy food and opportunities for physical activity. Broward FNP was introduced to the Pompano Beach chapter of Omega Psi Phi, a male fraternity focused on community outreach and a mentorship program for African American boys and adolescents living in low-income areas. Schlanger met with South Florida Meals on Wheels (MoW) to discuss how FNP can provide nutrition education to senior sites supported by MoW. She also helped the Broward County Library manager of Community Engagement develop an adult fitness program by identifying a list of DVDs and educational materials to be used for a nutrition resource library in 3 libraries in low-income areas.

Gardening- Broward FNP delivered garden supplies to three schools—Colbert Elementary, Sheridan Park Elementary and AC Perry Combined Elementary and Middle—to help start their 2017-18 school garden programs. FNP also delivered fruit trees to two adult sites: Boulevard Heights Community Center and Liberia Economic Social Inc. Food Pantry to grow and eventually harvest the fruit.

### July

Broward FNP's Regional Public Health Specialist met with Florida Department of Agriculture and Consumer Services Regional HUSSC (Healthier US School Challenge) Specialist and Broward Schools Food Service Manager to develop an implementation plan for a district-wide HUSSC certification. Schlanger developed a list of creative and descriptive food labels based on the 2017-18 school breakfast and lunch menus, along with a list of *Smarter Lunchrooms* best practices to be used for districtwide implementation during the upcoming school year.

The Broward County Extension Office hosted the July Meeting of the Nutrition and Fitness Taskforce during which the group discussed the development of a web site for Broward County residents that would list all available resources (mostly free) for physical activity, wellness, and nutrition, including nutrition education classes, school gardens and health fairs.

Broward FNP's Regional Public Health Specialist co-authored an article (with the FCS agent) on the partnership between FNP and Broward County Public Schools to be posted on the Broward Extension web site and other possible venues.

### August

Broward FNP's Regional Public Health Specialist spoke at a Broward County School Board meeting in support of the Wellness and Learning Support Committee's proposed revisions to the district wellness policy, emphasizing the research supporting the many recommendations proposed unanimously by the committee. This included requiring daily recess and continuing to encourage healthy snacks, rewards, and fundraisers.



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Broward FNP's Regional Public Health Specialist also attended a district-wide meeting for physical education teachers, where she assisted the FDACS HUSSC Specialist in promoting the HUSSC certification and gathering information from PE teachers that will be used to complete a district-wide application.

Broward FNP's Regional Public Health Specialist connected Parkway United Methodist Church—which is located in a low-income, high-crime neighborhood—with a grant opportunity to fund rehabilitation of their playground, which is currently in disrepair and unused. Schlanger provided demographic and health data to support the need of a playground in the area (currently, there is none), and FNP provided a letter of support for the application. Awardees will be announced in January.

#### **September**

Success story: Broward FNP's Regional Public Health Specialist followed up with cafeteria managers at Sheridan Park and Colbert Elementary schools to discuss their implementation of *Smarter Lunchroom* strategies, made possible by technical assistance and materials provided by Broward FNP. Both reported increased selection of fruits after using colorful bowls to display produce. (Thus selection of produce was affected by the way fruit was displayed.) One manager also reported increased sales of unflavored milk after placing them at the front of the cooler, and the other reported placing fruits in two locations along the lunch line, which also boosted sales.

FNP delivered a countertop water dispenser to CW Thomas Park, to promote increased water access inside the community center, which hosts afterschool programs, senior programs, and summer camps. The Park Manager was thankful, particularly since one of their water fountains is broken.

#### **Urban Horticulture/ Michael Orfanedes, Interim Agent IV**

- Number of Urban Horticulture programs taught to clientele: 41
- Number of Urban Horticulture clients served: 3650
- Number of urban horticulture & natural resource extension publications produced: 0
- Number of Master Gardener volunteer hours and (FTE equivalent): 4305 (8.28 FTE)
- Number of trained and certified active Master Gardeners: 197
- Number of new Master Naturalist projects completed: 0
- Number of trained and certified new active Master Naturalists: 0
- Customer Satisfaction Rating: 98%

Press releases: 1

- *Broward Extension – Veggie Garden Class Promo to be held on October 14<sup>th</sup> and 28<sup>th</sup>.*

Other: Mike Orfanedes is serving as Interim Urban Horticulture Agent

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### 4-H Youth Development/ Alexandra Draper, Agent I

- Number of UF/IFAS Extension, 4-H Youth Development programs taught: 46
- Number of participants in UF/IFAS Extension , 4-H Youth Development programming: 464
- Number of 4-H clubs: 21
- Number of 4-H members: 187
- Number of 4-H volunteers: 67
- Number of 4-H Program Volunteer Hours (FTE Equivalent): 1.01
- Total number of 4-H Youth Development clients served: 1620
- Customer Satisfaction: NA

### New partnerships: 3

- Hands of Hope Outreach – Hands of Hope Outreach to run 4-H SPIN clubs in entomology and Robotics
- Northwest Branch Library – Northwest Branch Library to host two new 4-H clubs
- FLREC Wildlife Department

### Grants: 3

- Tech Wizards National Youth Mentoring Program- \$25,000.00
- SeaPerch ROV Kits- \$1,144.00
- Disney Connecting Youth to Nature Teens as Teachers- \$5,000.00

### Success stories:

- 4-H Community Fair Provides Broward County Youth Recognition for Entrepreneurial Skills (July)

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Visit us at:

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