



WHAT TO BRING TO A SPECIAL MEDICAL NEEDS SHELTER

DO BRING — ANY OR ALL OF THESE ITEMS THAT APPLY TO YOU...

- ‡ A list of your current medications and at least a 7 day supply of the medications
- ‡ Documentation of specific medical information (including provider contact information)
- ‡ Medical equipment
 - ✓ Oxygen supplies
 - ✓ Nebulizers
 - ✓ Wound Care supplies
 - ✓ Ostomy supplies
 - ✓ Catheter supplies
 - ✓ Canes/Wheelchairs/lift equipment
 - ✓ Batteries, chargers or repair kit for electric wheelchairs
 - ✓ Diabetes equipment
 - Glucose meter/strips/lancets
 - Insulin/syringes
 - Other insulin supplies
- ‡ Non-perishable dietary items
 - ✓ Special dietary foods if required
 - ✓ Snacks or other comfort foods (meals are provided at the shelter)
- ‡ Electronic equipment
 - ✓ Flashlight
 - ✓ Radio
 - ✓ Extra batteries
 - ✓ Cell phone and charger
- ‡ Personal Care
- ‡ Incontinence supplies
 - ✓ Clothing
 - Undergarments/Socks
 - Shoes (durable)
- ‡ Personal hygiene items
 - Soap/shampoo
 - Deodorant
 - Toothpaste/toothbrush
 - Brush/comb
 - Wash cloth
 - Towel
- ‡ Sleeping lounging equipment
 - ✓ Air mattress or cot for caregiver or family members (registered clients receive medical cots)
 - ✓ Lawn/lounge chair/Sleeping bag
 - ✓ Pillow
 - ✓ Blanket
 - ✓ Sheet
- ‡ Important papers
- ‡ I.D. with current address
- ‡ Entertainment items
 - ✓ Books/Magazines
 - ✓ Toys/Cards/Games
 - ✓ Portable radio/CD/headset
- ‡ Infant care items
 - ✓ Formula
 - ✓ Food
 - ✓ Diapers
- ‡ First-aid kit
- ‡ Personal equipment
 - ✓ Eyeglasses
 - ✓ Hearing aids
 - ✓ Dentures
- ‡ Service Animal Food and supplies (if applicable) and proof of current vaccinations

DO NOT BRING — THESE ITEMS ARE NOT ALLOWED AT THE SHELTERS

- ‡ Pets (however, service animals are welcome at all shelters and public places)
- ‡ Firearms or weapons
- ‡ Alcoholic beverages or illicit drugs
- ‡ Perishable food items



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