

PRESS RELEASE

The City of Pompano Beach Parks and Recreation



EVENT: Family Fun Bicycle Ride & Swim
Registration/Check In Begins @ 9:00am
Date of event: March 1, 2008
Location: Emma Lou Olson Civic Center, West Parking Lot (1801 NE 6th St)
Time of Event: 9:00am – 12:00noon

Schedule of Events:

Participant Registration/Check In	9:00am
Bicycle Rodeo / Bike Check	9:30am
Family Fun Bicycle Ride	10:00am
Family Swim (following Bicycle Ride)	

Fee:

Pre-Registration:	\$2.00 per person
On Site Registration:	\$5.00 per person

The City of Pompano Beach Parks & Recreation Department invites you to join us on March 1, 2008, for a 4.4 (ages 9 and up) or 2.0 (5 – 8) mile 'Family Fun Bicycle Ride' around the Airport Bike Path and ending with a 'Family Swim' at The City of Pompano Beach Aquatic Center.

Dust off your bicycles, bring your bike helmets, pack a bathing suit and towel and join us for a morning of fitness and fun and receive a door prize.

All participants must wear a bicycle helmet and children must be accompanied by an adult. Pre-registration is suggested.

For further information, please contact North Broward Park at (954) 786-4091
