

# **Recreation and Leisure Programs and Activities for Special Populations**



## **Broward County, Florida FALL 2025 / WINTER 2026**

**Prepared by the  
Broward County Parks and Recreation Division  
Special Populations Section**

**Phone: 954-357-8170/8160**

**TTY: 954-537-2844**

**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)**

**[Broward.org/Parks](http://Broward.org/Parks)**

**The information contained in this listing is compiled for general information purposes only and is accurate to the best of the preparers' knowledge. Most of the information listed was provided by the program provider / agency. Broward County does not endorse any of the programs or access features listed. Be sure to examine each program and access feature carefully, by contacting the provider listed in the entry, to determine what is desirable to meet your specific interests and needs. Please note that many of the programs listed have a preregistration requirement and may be fee-based. Should you have any corrections, or know of programs or access features not included, contact the Special Populations Section at 954-357-8170/8160, TTY: 954-537-2844, or [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org).**

### **COUNTY PROVIDERS OUTSIDE OF BROWARD COUNTY**

**Miami Dade Parks Therapeutic Recreation and Inclusion: 305-755-7848**

**[MiamiDade.gov/Parks](http://MiamiDade.gov/Parks)**

**Palm Beach County Therapeutic Recreation: 561-966-7015,**

**Palm Beach Special Olympics: 561-966-7019 - [Co.Palm-Beach.FL.US/parks](http://Co.Palm-Beach.FL.US/parks)**

<b>General Program Information</b>	<b>Contact Information</b>
<p><b>3R's ARTS AND CRAFTS PROGRAM</b>  <b>Recycle, Reuse, Repurpose</b>  <b>For ages 13 and up, with an intellectual, developmental, and/ or physical disability.</b>  <b>This program will provide opportunities to explore and create art with recycled, repurposed, and found materials while promoting and enhancing creativity and self-expression. Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section</b>  <b>Location: Plantation Heritage Park, Plantation</b>  <b>Special Populations – Phone: 954-357-8170/ 8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: <a href="mailto:SpecialPopulations@Broward.org">SpecialPopulations@Broward.org</a></b>  <b><a href="http://Broward.org/Parks">Broward.org/Parks</a></b></p>
<p><b>ADAPTIVE KAYAKING PROGRAM</b>  <b>For ages 18 and up, with a visual disability, and one adult guest.</b>  <b>This program offers the basics, etiquette, and safety of adaptive kayaking, while being physically active and socializing on the water.</b>  <b>Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section</b>  <b>Location: West Lake Park, Hollywood</b>  <b>Special Populations – Phone: 954-357-8170/ 8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: <a href="mailto:SpecialPopulations@Broward.org">SpecialPopulations@Broward.org</a></b>  <b><a href="http://Broward.org/Parks">Broward.org/Parks</a></b></p>

**BOCCIA PROGRAM**

**For ages 18 and up, with an intellectual, developmental, and/ or physical disability and Veterans with and without disabilities, and one adult guest.**

**An introduction to the sport of bocchia aimed to focus on hand eye coordination and fine motor skills that will improve with continued practice. Preregistration required. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise**

**Location: Sunrise Civic Center Gymnasium, Sunrise**

**Special Populations – Phone: 954-357-8170/8160**

**TTY: 954-537-2844**

**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)  
[Broward.org/Parks](http://Broward.org/Parks)  
[SunriseFL.gov](http://SunriseFL.gov)**

**BOWLING PROGRAM**

**For ages 13 and up, with an intellectual, developmental, and/ or physical disability.**

**Learn and develop appropriate bowling etiquette and skills while having fun! Six dollars and fifty cents per person for two games and bowling shoes. Preregistration required. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section**

**Location: Strikers, Sunrise**

**Special Populations – Phone: 954-357-8170/8160**

**TTY: 954-537-2844**

**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)  
[Broward.org/Parks](http://Broward.org/Parks)**

<p><b>CHAIR VOLLEYBALL PROGRAM</b></p> <p><b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability and Veterans with and without disabilities, and one adult guest.</b></p> <p><b>An introduction to the sport of chair volleyball aimed at focusing on hand eye coordination that will improve with continued practice along with having fun. Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise</b></p> <p><b>Location: Sunrise Civic Center Gymnasium, Sunrise</b></p> <p><b>Special Populations – Phone: 954-357-8170/ 8160</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SpecialPopulations@Broward.org</b></p> <p><b>Broward.org/Parks</b></p> <p><b>SunriseFL.gov</b></p>
<p><b>C.O.R.E.S. (Connecting Others Recreationally, Educationally, and Socially) PROGRAM</b></p> <p><b>For 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest.</b></p> <p><b>This program will provide the opportunity to participate in recreation, education (leisure), and social activities with peers throughout Broward County.</b></p>	<p><b>Contact Information:</b></p> <p><b>Broward County Parks and Recreation Division, Special Populations Section</b></p> <p><b>Location: Varies</b></p> <p><b>Special Populations – Phone: 954-357-8170/ 8160</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SpecialPopulations@Broward.org</b></p> <p><b>Broward.org/Parks</b></p>

<p><b>Activities will vary from week to week. Fees may apply. Preregistration required. Call or email for details.</b></p>	
<p><b>(HYBRID) CROSS-ROUND FITNESS PROGRAM</b></p> <p><b>For 18 and up, with a physical disability and Veterans with and without disabilities.</b></p> <p><b>This program, in partnership with Supportabilities Foundation, will teach self-defense through noncontact boxing and promote physical fitness through adaptive exercises while enhancing physical, emotional, and social confidence. Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>Broward County Parks and Recreation Division, Special Populations Section and Supportabilities Foundation</b></p> <p><b>Location: Varies</b></p> <p><b>Special Populations – Phone: 954-357-8170/8160</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SpecialPopulations@Broward.org</b></p> <p><b>Broward.org/Parks</b></p>
<p><b>DISC GOLF 101 PROGRAM</b></p> <p><b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest. Learn fundamentals, skills, equipment, field of play, rules, and more; or hone</b></p>	<p><b>Contact Information:</b></p> <p><b>Broward County Parks and Recreation Division, Special Populations Section</b></p> <p><b>Location: Plantation Heritage Park, Plantation</b></p> <p><b>Special Populations – Phone: 954-357-8170/</b></p>

<p><b>your skills. Disc golf is an enjoyable, affordable, and active outdoor recreation or competitive activity that can be played at many of Broward County's beautiful parks. Preregistration required. Call or email for details.</b></p>	<p><b>8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b></p>
<p><b>DRUM TO THE BEAT PROGRAM</b>  <b>For ages 18 and up, living with Alzheimer's disease.</b>  <b>A collaborative drumming program with the City of Lauderdale Lakes' Alzheimer's Care Center that focuses on rhythmic patterns with different percussion instruments and promotes enjoyment and inclusion for all! Must be a client of the City of Lauderdale Lakes' Alzheimer's Care Center. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section and City of Lauderdale Lakes</b>  <b>Location: Alzheimer's Care Center, Lauderdale Lakes</b>  <b>Special Populations – Phone: 954-357-8170/8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b>  <b>LauderdaleLakes.org</b></p>

**FIT WITH FAMILY INCLUSIVE EXERCISE PROGRAM**

**For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest.**

**A light to moderate intensity, head to toe, exercise and movement to music program that will promote general fitness and health. Preregistration required. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section**

**Location: C.B. Smith Park, Pembroke Pines  
Special Populations – Phone: 954-357-8170/  
8160**

**TTY: 954-537-2844**

**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)  
[Broward.org/Parks](http://Broward.org/Parks)**

**HANDCYCLES**

**For ages 18 and up, with a physical disability.**

**Two handcycles, one recumbent, one upright, may be checked out on a first-come, first-served basis. Handcycles are for independent use within the park. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section**

**Location: Varies**

**Special Populations – Phone: 954-357-8170/  
8160**

**TTY: 954-537-2844**

**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)  
[Broward.org/Parks](http://Broward.org/Parks)**

**KICKBALL PROGRAM**

**For ages 13 and up, with an intellectual, developmental, and/ or physical**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section**



<p><b>disability.</b>  <b>Learn and develop skills for playing the sport of kickball while having fun!</b>  <b>Preregistration required. Call or email for details.</b></p>	<p><b>Location: Brian Piccolo Sports Park and Velodrome, Cooper City</b>  <b>Special Populations – Phone: 954-357-8170/8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b></p>
<p><b>MOVIE NIGHT PROGRAM</b>  <b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest.</b>  <b>A free program to enjoy an evening watching a movie with peers. All abilities are welcome! Monthly Friday at 4:30 pm. Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise</b>  <b>Location: Sunrise Athletic Complex, Sunrise</b>  <b>Special Populations – Phone: 954-357-8170/8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b>  <b>SunriseFL.gov</b></p>
<p><b>MUSICAL EXPRESSIONS PROGRAM</b>  <b>For ages 13 and up, with an intellectual, developmental, and/ or physical</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section</b></p>

<p><b>disability.</b>  <b>Express yourself by learning musical skills with various percussion instruments. Have fun and gain confidence as you learn rhythmic patterns and use vocals. Preregistration required. Call or email for details.</b></p>	<p><b>Location: Tree Tops Park, Davie</b>  <b>Special Populations – Phone: 954-357-8170/8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b></p>
<p><b>NORDIC POLE WALKING PROGRAM</b>  <b>For 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest.</b>  <b>This inclusive cardio and strength-based program will introduce participants to a simple, low-impact, and healthful walking activity. May include an educational component. Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section</b>  <b>Location: Varies</b>  <b>Special Populations – Phone: 954-357-8170/8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b></p>
<p><b>SPECIAL OLYMPICS LITTLE ELITES PROGRAM</b>  <b>For ages 6 to 12, with an intellectual, developmental, and/ or physical</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section and Special Olympics Florida South Region</b></p>

<p><b>disability.</b>  <b>In collaboration with Special Olympics Florida South Region, a youth developmental sports program that focuses on expanding sport-specific skills for an array of sports while encouraging cooperation and socialization. Preregistration required. Call or email for details.</b></p>	<p><b>Location: Varies</b>  <b>Special Populations – Phone: 954-357-8170/8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b>  <b>SpecialOlympicsFlorida.org/South</b></p>
<p><b>TANDEM BIKE DEVELOPMENT AND LEISURE RIDES</b>  <b>For 18 and up, with a visual disability, and one adult guest.</b>  <b>Learn basic biking skills, safety bike mechanics, trust-building, and group riding etiquette along with the opportunity for physical activity, fun, and socialization. Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section</b>  <b>Location: Tradewinds Park, Coconut Creek</b>  <b>Special Populations – Phone: 954-357-8170/8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b></p>
<p><b>TAKE THE STAGE! DANCE PROGRAM</b>  <b>For ages 6 to 17, with an intellectual, developmental, and/ or physical</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section and</b></p>

<p><b>disability.</b></p> <p><b>A free fun dance program where participants will explore various styles and elements of dance with student volunteers assisting them. Program focuses on rhythm, coordination, socialization, self-awareness, self-expression, and confidence. Preregistration required. Call or email for details.</b></p>	<p><b>City of Plantation</b></p> <p><b>Location: Plantation Central Park, Plantation</b></p> <p><b>Special Populations – Phone: 954-357-8170/8160</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SpecialPopulations@Broward.org</b></p> <p><b>Broward.org/Parks</b></p> <p><b>Plantation.org</b></p>
<p><b>WATER AEROBICS PROGRAM</b></p> <p><b>For 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest.</b></p> <p><b>A free program offering a workout in the water while having fun and socializing with peers. Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>Broward County Parks and Recreation Division, Special Populations Section and City of Pompano Beach</b></p> <p><b>Location: Houston Sworn Aquatic Center, Pompano Beach</b></p> <p><b>Special Populations – Phone: 954-357-8170/8160</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SpecialPopulations@Broward.org</b></p> <p><b>Broward.org/Parks</b></p> <p><b>PompanoBeachFL.gov</b></p>

<p><b>WATER SAFETY CLASSES</b>  <b>For ages 6 months to 18, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>SWIM Central Broward County's chief coordinating agency for water-safety instruction and awareness. It maintains the most comprehensive database in Florida, tracking every single swimming pool and program in the County. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, SWIM Central</b>  <b>Location: Varies throughout Broward County</b>  <b>Phone: 954-357-7946</b>  <b>TTY: 954-537-2844</b>  <b>Email: SWIMCentral@Broward.org</b>  <b>Broward.org/Parks</b></p>
<p><b>YOGA PROGRAM</b>  <b>For 18 and up, with a visual disability. Group yoga instruction with postures adapted to individual abilities.</b>  <b>Preregistration required. Call or email for information.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section</b>  <b>Location: Varies</b>  <b>Special Populations – Phone: 954-357-8170/ 8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b></p>
<p><b>ADULT SOCIAL – “Fall Frolic” Dance</b></p>	<p><b>Contact Information:</b></p>

<p><b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability.</b></p> <p><b>Deejay music, dancing, socializing, and fun. Reservations required. Call or email for details and/ or reservation.</b></p> <p><b>Friday, October 3, 2025, from 7:00 p.m. to 9:00 p.m. Note: Direct supervision of participants is not provided.</b></p>	<p><b>Broward County Parks and Recreation Division, Special Populations Section</b></p> <p><b>Location: Tree Tops Park, Davie</b></p> <p><b>Special Populations – Phone: 954-357-8170/ 8160</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SpecialPopulations@Broward.org</b></p> <p><b>Broward.org/Parks</b></p>
<p><b>TEEN AND YOUNG ADULT SOCIAL – “Western Hoedown” Dance</b></p> <p><b>For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.</b></p> <p><b>Co-sponsored by City of Tamarac.</b></p> <p><b>Deejay music, dancing, socializing, and fun. Reservations required. Call or email for details and/ or reservation.</b></p> <p><b>Friday, November 14, 2025, from 6:30 p.m. to 8:30 p.m. Note: Direct supervision of participants is not provided.</b></p>	<p><b>Contact Information:</b></p> <p><b>Broward County Parks and Recreation Division, Special Populations Section and City of Tamarac</b></p> <p><b>Location: Tamarac Community Center, Tamarac</b></p> <p><b>Special Populations – Phone: 954-357-8170/ 8160</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SpecialPopulations@Broward.org</b></p> <p><b>Broward.org/Parks</b></p> <p><b>Tamarac.org</b></p>

<p><b>ADULT SOCIAL – “Holidays Around the World” Dance</b>  <b>For ages 18 and up, with a visual disability.</b>  <b>Deejay music, dancing, socializing, and fun. Reservations required. Call or email for details and/ or reservation. Friday, December 5, 2025, from 6:00 p.m. to 8:00 p.m. Note: Direct supervision of participants is not provided.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section and City of Tamarac</b>  <b>Location: Tamarac Community Center, Tamarac</b>  <b>Special Populations – Phone: 954-357-8170/ 8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b>  <b>Tamarac.org</b></p>
<p><b>ADULT SOCIAL – “Winter Wonderland” Dance</b>  <b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability.</b>  <b>Deejay music, dancing, socializing, and fun. Reservations required. Call or email for details and/ or reservation. Friday, January 2026, from 7:00 p.m. to 9:00 p.m. Note: Direct supervision of</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section</b>  <b>Location: Long Key Nature Center and Natural Area, Davie</b>  <b>Special Populations – Phone: 954-357-8170/ 8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b></p>

<p><b>participants is not provided.</b></p>	
<p><b>ADULT SOCIAL – “Sweetheart” Dance</b>  <b>For ages 18 and up, living Alzheimer’s Disease.</b>  <b>Co-sponsored by Lauderdale Lakes Human Services, Alzheimer’s Care Center. Reservations required for clients and caretakers of the Alzheimer’s Care Center. Friday, February 2026, from 2:00 p.m. to 4:00 p.m. Note: Direct supervision of participants is not provided.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section and the City of Lauderdale Lakes’ Alzheimer’s Care Center</b>  <b>Location: Alzheimer’s Care Center, Lauderdale Lakes</b>  <b>Special Populations – Phone: 954-357-8170/ 8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b>  <b>Broward.org/Parks</b>  <b>LauderdaleLakes.org</b></p>
<p><b>TEEN AND YOUNG ADULT SOCIAL – “Go Green” Dance</b>  <b>For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.</b>  <b>Deejay music, dancing, socializing, and fun. Reservations required. Call or email for details and/ or reservation.</b></p>	<p><b>Contact Information:</b>  <b>Broward County Parks and Recreation Division, Special Populations Section</b>  <b>Location: Tree Tops Park, Davie</b>  <b>Special Populations – Phone: 954-357-8170/ 8160</b>  <b>TTY: 954-537-2844</b>  <b>Email: SpecialPopulations@Broward.org</b></p>



<p><b>Friday, March 2026, from 6:30 p.m. to 8:30 p.m. Note: Direct supervision of participants is not provided.</b></p>	<p><b>Broward.org/Parks</b></p>
<p><b>SPECIAL NEEDS BOWLING LEAGUE</b>  <b>For ages 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>All levels of bowlers and experience are welcome. This program is about having fun, making friends, and social interaction with a little friendly competition. Registration required online or at Community center prior to being accepted into program. Monday from 5:00 p.m. to 7:00 p.m. August 18 to October 13. Direct supervision is not provided. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Coconut Creek Parks and Recreation</b>  <b>Location: AMF Margate Lanes, Margate</b>  <b>Phone: 954-545-6635</b>  <b>Email: KEason@CoconutCreek.net</b>  <b>CoconutCreek.net</b></p>
<p><b>TOUCH-A-TRUCK</b>  <b>For all ages, with an intellectual or developmental disability and/ or autism. Explore the trucks and equipment that keep the city moving from day-to-day.</b></p>	<p><b>Contact Information:</b>  <b>City of Cooper City Parks and Recreation</b>  <b>Location: Suellen H. Fardelmann Sports Complex, Cooper City</b>  <b>Phone: 954-434-4300</b></p>

<p><b>Sensory-friendly with no music or noise. Saturday, September 13, 2025, from 9:00 a.m. to 10:00 a.m. Call for details.</b></p>	<p><b>CooperCity.gov</b></p>
<p><b>BOOGIE DOWN DANCES</b>  <b>For all ages, with an intellectual, developmental, and/ or physical disability.</b>  <b>Monthly themed dances with entertainment and refreshments. First Friday of the month. October 3, 2025; December 5, 2025; February 6, 2026; April 3, 2026. 7:00 p.m. to 9:00 p.m. Five dollars cash upon entry. Note: Direct supervision is not provided. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Coral Springs Parks and Recreation</b>  <b>Location: Sartory Senior Center in Mullins Park, Coral Springs</b>  <b>Phone: 954-345-2208</b>  <b>Email: DFutterman@CoralSprings.gov</b>  <b>CoralSprings.org/SpecialNeeds</b></p>
<p><b>SATURDAY'S SOCIAL CLUB</b>  <b>For ages 10 and up, with an intellectual, developmental, and/ or physical disability.</b>  <b>Fun-filled activity day including on-site and off-site entertainment and activities. Times and cost vary.</b></p>	<p><b>Contact Information:</b>  <b>City of Coral Springs Parks and Recreation</b>  <b>Location: Sartory Senior Center in Mullins Park, Coral Springs</b>  <b>Phone: 954-345-2208</b>  <b>Email: DFutterman@CoralSprings.gov</b>  <b>CoralSprings.org/SpecialNeeds</b></p>

<p><b>Participants must be self-sufficient. Saturday from 10:00 a.m., to 2:00 p.m. Registration required. Call or email for details.</b></p>	
<p><b>YOUTH ACTIVITIES</b>  <b>For ages 6 to 12, with an intellectual, developmental, and/ or physical disability.</b>  <b>Fun-filled activity day including on-site social and recreational entertainment. At least one adult caregiver must be present. Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Coral Springs Parks and Recreation</b>  <b>Location: Coral Springs</b>  <b>Phone: 954-345-2208</b>  <b>Email: DFutterman@CoralSprings.gov</b>  <b>CoralSprings.org/SpecialNeeds</b></p>
<p><b>LOVE SERVING AUTISM TENNIS PROGRAM</b>  <b>For ages 5 to 18, with autism.</b>  <b>In collaboration with Love Serving Autism, a new tennis program offering specialized therapeutic instruction for individuals with Autism Spectrum Disorders. Saturday from 9:00 a.m. to 10:00 a.m. September 13 to October 18.</b></p>	<p><b>Contact Information:</b>  <b>City of Coral Springs Parks and Recreation and Love Serving Autism</b>  <b>Location: Cypress Park Tennis Center, Coral Springs</b>  <b>Phone: 954-345-2100</b>  <b>CoralSprings.org</b>  <b>LoveServingAutism.org</b></p>

<p><b>Call or email for details.</b></p>	
<p><b>ADAPTIVE AQUATICS AND SWIM LESSONS</b>  <b>For all ages with an intellectual or developmental disability.</b>  <b>Aimed at increasing swimming skills and confidence in the water and promoting water safety skills using adaptive and personalized techniques.</b>  <b>Tuesday and Thursday from 3:45 p.m. to 4:15 p.m. Registration required. Call for details.</b></p>	<p><b>Contact Information:</b>  <b>Town of Davie Parks, Recreation, and Cultural Arts</b>  <b>Location: Davie Pine Island Aquatics Center, Davie</b>  <b>Phone: 954-327-3926</b>  <b>Davie-FL.org</b></p>
<p><b>ARTHRITIS BODY CONDITIONING</b>  <b>For all ages with a physical disability.</b>  <b>Strengthen, tone, and stretch while focusing on activities of daily living.</b>  <b>Follows Arthritis Foundation Guidelines.</b>  <b>Tuesday and Thursday from 11:00 a.m. to 11:50 a.m. Registration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Town of Davie Parks, Recreation, and Cultural Arts</b>  <b>Location: Davie Pine Island Aquatics Center, Davie</b>  <b>Phone: 954-327-3926 or 954-383-1132</b>  <b>Email: NJolson97@gmail.com</b>  <b>Davie-FL.org</b>  <b>NancyOlsonWaterFitness.com</b></p>

<p><b>KARAOKE NIGHT</b>  <b>For ages 18 and up, with an intellectual or developmental disability.</b>  <b>A fun evening of karaoke in a judgement-free zone. Light refreshments provided. Registration required. One Friday each month from 6:00 p.m. to 8:00 p.m. Call or email for details.</b></p>	<p><b>City of Deerfield Beach Parks and Recreation</b>  <b>Location: West Deerfield Community Center, Deerfield Beach</b>  <b>Phone: 954-571-7550</b>  <b>Email: LWorley@Deerfield-Beach.com</b>  <b>Deerfield-Beach.com</b></p>
<p><b>WHEELCHAIR TENNIS</b>  <b>For ages 18 and up, with a physical disability.</b>  <b>In collaboration with United States Tennis Association (USTA), top-flight programming for athletes of all abilities to learn and play the sport of tennis in a fun environment. Registration required. Tuesday from 6:00 p.m. to 8:00 p.m. Call or email for details.</b></p>	<p><b>City of Deerfield Beach Parks and Recreation</b>  <b>Location: Pioneer Park Tennis Center, Deerfield Beach</b>  <b>Phone: 954-571-7550</b>  <b>Email: LWorley@Deerfield-Beach.com</b>  <b>Deerfield-Beach.com</b></p>
<p><b>BALANCE AND STRENGTHENING</b>  <b>For ages 55 and up.</b>  <b>Strengthen your core muscles and</b></p>	<p><b>City of Fort Lauderdale Parks and Recreation</b>  <b>Location: Croissant Park, Fort Lauderdale</b>  <b>Phone: 954-828-7275</b></p>

<p><b>improve your balance and coordination in this low intensity exercise class that is mostly done seated with some movements using chair support. Monday from 9:00 a.m. to 10:00 a.m. Year-round. Call or email for details.</b></p>	<p><b>Email: <a href="mailto:ParksInfo@FortLauderdale.gov">ParksInfo@FortLauderdale.gov</a> FortLauderdale.gov</b></p>
<p><b>CHAIR YOGA</b>  <b>For ages 55 and up.</b>  <b>Includes gentle stretching, strengthening, and relaxing the body. It provides benefits of regular Hatha yoga from the comfort of a chair. This class is perfect for individuals with mobility limitations. Tuesday from 9:45 a.m. to 10:45 a.m. Year-round. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation</b>  <b>Location: Warfield Park, Fort Lauderdale</b>  <b>Phone: 954-828-7275</b>  <b>Email: <a href="mailto:ParksInfo@FortLauderdale.gov">ParksInfo@FortLauderdale.gov</a> FortLauderdale.gov</b></p>
<p><b>FORT LAUDERDALE SHARKS</b>  <b>Wheelchair Adaptive Basketball</b>  <b>For ages 18 and up, with a physical disability.</b>  <b>In collaboration with the Fort Lauderdale Sharks, competitive and</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Sharks</b>  <b>Location: Joseph C. Carter Park, Fort Lauderdale</b>  <b>Phone: 954-828-5411</b></p>

<p><b>recreational wheelchair basketball.</b>  <b>Team is part of the National Wheelchair Basketball Association. All welcome to participate. Practice held year-round. Tuesday from 7:30 p.m. to 9:30 p.m., Friday from 6:00 p.m. to 9:00 p.m., and Sunday from 12:00 p.m. to 3:00 p.m. Call or email for details.</b></p>	<p><b>Email: ParksInfo@FortLauderdale.gov or FTLSharks@gmail.com</b>  <b>FortLauderdale.gov</b>  <b>FTLSharks.com</b></p>
<p><b>FORT LAUDERDALE JUNIOR SHARKS</b>  <b>For ages 9 to 17, with a physical disability.</b>  <b>In collaboration with the Fort Lauderdale Junior Sharks, competitive and recreational wheelchair basketball for boys and girls in the County and surrounding areas. All welcome to participate. Program basketball chairs will be provided. Sunday from 3:00 p.m. to 5:00 p.m. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Junior Sharks</b>  <b>Location: Joseph C. Carter Park, Fort Lauderdale</b>  <b>Phone: 954-828-5411</b>  <b>Email: ParksInfo@FortLauderdale.gov or JuniorSharksBasketball@gmail.com</b>  <b>FortLauderdale.gov</b>  <b>FTLSharks.com</b></p>
<p><b>FORT LAUDERDALE LADY SHARKS</b>  <b>For ages 16 and up, with a physical disability.</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Lady Sharks</b></p>

<p><b>In collaboration with the Fort Lauderdale Lady Sharks, competitive and recreational wheelchair basketball for women in the County and surrounding areas. All welcome to participate. Tuesday from 7:30 p.m. to 9:30 p.m., Friday from 6:00 p.m. to 9:00 p.m., and Sunday from 12:00 p.m. to 3:00 p.m. Call or email for details.</b></p>	<p><b>Location: Joseph C. Carter Park, Fort Lauderdale</b>  <b>Phone: 954-828-5411</b>  <b>Email: ParksInfo@FortLauderdale.gov or FTLSharks@gmail.com</b>  <b>FortLauderdale.gov</b>  <b>FTLSharks.com</b></p>
<p><b>MEDITATIVE YOGA</b>  <b>For ages 55 and up.</b>  <b>Quiet the mind and focus on the present, while moving through various relaxation techniques and simple seated body movements. Tuesday and Thursday from 9:00 a.m. to 9:30 a.m. Year-round. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation</b>  <b>Location: Warfield Park, and Holiday Park, Fort Lauderdale</b>  <b>Phone: 954-828-7275</b>  <b>Email: ParksInfo@FortLauderdale.gov</b>  <b>FortLauderdale.gov</b></p>
<p><b>TAI CHI</b>  <b>For ages 55 and up.</b>  <b>A great low-impact workout to learn relaxing and cleansing techniques. Thursday from 9:00 a.m. to 10:00 a.m.</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation</b>  <b>Location: Holiday Park, Fort Lauderdale</b>  <b>Phone: 954-828-7275</b>  <b>Email: ParksInfo@FortLauderdale.gov</b></p>



<b>Call or email for details.</b>	<b>FortLauderdale.gov</b>
<b>WHEELCHAIR TENNIS PROGRAM</b> <b>For 18 and up, with a physical disability.</b> <b>Learn how to play wheelchair tennis.</b> <b>Free instruction and drills for all abilities and levels. Four specialized adult sport wheelchairs available. Every other Wednesday from 6:30 p.m. to 8:00 p.m. Call or email for details.</b>	<b>Contact Information:</b> <b>City of Fort Lauderdale Parks and Recreation</b> <b>Location: George English Tennis Center, Fort Lauderdale</b> <b>Phone: 954-828-4620 or 954-828-5378</b> <b>Email: ParksInfo@FortLauderdale.gov</b> <b>FortLauderdale.gov</b>
<b>SPECIAL NEEDS SWIM LESSONS</b> <b>Adaptive ARC Learn-to-Swim</b> <b>For ages 6 months and up, with an intellectual, developmental, physical, and/ or hearing disability.</b> <b>Group swim lessons for children with disabilities. Adult must enter water with child. Registration required. Saturday from 10:00 a.m. to 11:00 a.m. Call or email for session dates and details.</b>	<b>Contact Information:</b> <b>City of Hollywood Parks, Recreation and Cultural Arts</b> <b>Location: Driftwood Community Pool, Shallow Lane West, Hollywood</b> <b>Phone: 954-967-4644</b> <b>Email: CFernandez@HollywoodFL.org</b> <b>HollywoodFL.org</b>
<b>ADULT SPECIAL NEEDS DANCES</b> <b>For 18 and up, with an intellectual, developmental, physical, and/ or visual</b>	<b>Contact Information:</b> <b>City of Hollywood Parks, Recreation and Cultural Arts</b>

<p><b>disability.</b>  <b>Enjoy an evening of dancing, music, and socializing. Light snacks and drinks provided. Third Tuesday of the month from 6:30 p.m. to 8:00 p.m. Call or email for details.</b></p>	<p><b>Location: Boulevard Heights Community Center, Hollywood</b>  <b>Phone: 954-967-4235</b>  <b>Email: ERouland@HollywoodFL.org</b>  <b>HollywoodFL.org</b></p>
<p><b>SPECIAL OLYMPICS LITTLE ELITES PROGRAM</b>  <b>For ages 6 to 12, with an intellectual, developmental, and/ or physical disability.</b>  <b>In collaboration with Special Olympics Florida South Region, a youth developmental sports program that focuses on expanding sport-specific skills for an array of sports while encouraging cooperation and socialization. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Hollywood Parks, Recreation and Cultural Arts and Special Olympics Florida South Region</b>  <b>Location: Armory Community Center, Hollywood</b>  <b>Phone: 754-226-7588</b>  <b>Email: CommunityCenters@HollywoodFL.org</b>  <b>HollywoodFL.org</b>  <b>SpecialOlympicsFlorida.org/South</b></p>
<p><b>ADAPTIVE SWIM LESSONS</b>  <b>For ages 6 months and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing</b></p>	<p><b>Contact Information:</b>  <b>City of Margate Parks and Recreation</b>  <b>Location: Calypso Cove Water Park, Margate</b>  <b>Phone: 954-974-4566</b></p>

<p><b>disability.</b>  <b>One-on-one swim lessons and group lessons for individuals unable to be independent in water. Designed to increase swimming skills.</b>  <b>Preregistration required. By appointment. Call or email for details.</b></p>	<p><b>Email: CCove@MargateFL.com</b>  <b>MargateFL.com</b></p>
<p><b>AUTISM AWARENESS AND ACCEPTANCE DAY</b>  <b>For all ages with an intellectual or developmental disability and/ or autism. An educational and fun event with games, live music, art, crafts, face painting, educational resources and vendors, and a petting zoo. Saturday, April 2026, from 9:00 a.m. to 12:00 p.m. Call for more details.</b></p>	<p><b>Contact Information:</b>  <b>City of Parkland Parks and Recreation</b>  <b>Location: Pines Trails Park, Amphitheatre, Parkland</b>  <b>Phone: 954-757-4107</b>  <b>CityofParkland.org</b></p>
<p><b>SPECIAL OLYMPICS AQUATICS PROGRAM</b>  <b>For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b></p>	<p><b>Contact Information:</b>  <b>City of Pembroke Pines Recreation and Cultural Arts/YMCA of South Florida Adaptive Sports and Special Olympics Florida South Region</b></p>

<p><b>disability.</b>  <b>In collaboration with Special Olympics Florida South Region and the YMCA South Florida, athletes can train and compete in aquatics. Athletes must know swimming basics. Swim stroke, skills, and competition practice. Must meet Special Olympics eligibility requirements. Call or email for details.</b></p>	<p><b>Location: Pines Charter Central Campus Pool, Pembroke Pines</b>  <b>Phone: 954-727-9622 ext. 1236</b>  <b>Email: YMCAAdaptiveRecreation@YMCA SouthFlorida.org</b>  <b>PPines.com</b>  <b>YMCASouthFlorida.org</b>  <b>SpecialOlympicsFlorida.org/South</b></p>
<p><b>SPECIAL OLYMPICS FLAG FOOTBALL PROGRAM</b>  <b>For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>disability.</b>  <b>In collaboration with Special Olympics Florida South Region and YMCA South Florida, athletes can train and compete in flag football. Must meet Special Olympics eligibility requirements. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pembroke Pines Recreation and Cultural Arts/YMCA of South Florida Adaptive Sports and Special Olympics Florida South Region</b>  <b>Location: Walter C. Young Middle School, Pembroke Pines</b>  <b>Phone: 954-727-9622 ext. 1236</b>  <b>Email: YMCAAdaptiveRecreation@YMCA SouthFlorida.org</b>  <b>PPines.com</b>  <b>YMCASouthFlorida.org</b>  <b>SpecialOlympicsFlorida.org/South</b></p>

<p><b>MIRACLE LEAGUE BASEBALL</b>  <b>For ages 5 to 21 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Played on an accessible field for individuals using wheelchairs and other walking devices. Parent or guardian must be present. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pembroke Pines Recreation and Cultural Arts</b>  <b>Location: Rose G. Price Park, Pembroke Pines</b>  <b>Phone: 954-743-1140</b>  <b>Email: WestPinesMiracleLeague@gmail.com</b>  <b>PPines.com</b></p>
<p><b>LOVE SERVING AUTISM TENNIS PROGRAM</b>  <b>For ages 5 to 18, with autism.</b>  <b>In collaboration with Love Serving Autism, a new tennis program offering specialized therapeutic instruction for individuals with Autism Spectrum Disorders and Developmental Challenges. Saturday from 9:00 a.m. to 10:00 a.m. September 6 to October 11. Call for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Plantation Parks and Recreation and Love Serving Autism</b>  <b>Location: Frank Veltri Tennis Center in Plantation Central Park, Plantation</b>  <b>Phone: 954-513-3540</b>  <b>Plantation.org</b>  <b>LoveServingAutism.org</b></p>
<p><b>TOPSoccer PROGRAM</b></p>	<p><b>Contact Information:</b></p>

<p><b>For ages 4 to 17, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b></p> <p><b>In collaboration with PAL Plantation FC, US Youth Soccer, a community-based program to learn and play the sport of soccer. Organized by youth soccer association volunteers. Must wear shoes or cleats. Call for details.</b></p>	<p><b>City of Plantation Parks and Recreation and PAL Plantation FC</b></p> <p><b>Location: Pine Island Park, Plantation</b></p> <p><b>Phone: 954-425-2510</b></p> <p><b>Plantation.org</b></p> <p><b>PlantationFCrush.com/TOPSoccer</b></p>
<p><b>WHEELCHAIR TENNIS PROGRAM</b></p> <p><b>For ages 7 to 17, and 18 and up, with a physical disability.</b></p> <p><b>In collaboration with the United States Tennis Association, tennis instruction and play for beginners to advanced wheelchair players. All equipment provided. Four specialized adult sport wheelchairs and two youth sport wheelchairs available. All abilities and levels welcome. First and third Thursday of the month at 6:30 p.m. Call for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>City of Plantation Parks and Recreation and the United States Tennis Association</b></p> <p><b>Location: Frank Velletri Tennis Center in Plantation Central Park, Plantation</b></p> <p><b>Phone: 954-513-3540</b></p> <p><b>Plantation.org</b></p> <p><b>USTA.com</b></p>

<p><b>ADAPTIVE KICKBALL PROGRAM</b>  <b>For ages 6 to 12 and 18 and up, with an intellectual, developmental and/ or physical disability, or autism.</b>  <b>Learn the basic skills to play adaptive kickball. Registration required. Tuesday from 9:30 a.m. to 11:00 a.m., for ages 18 and up. Friday from 6:00 p.m. to 7:00 p.m., for ages 6 to 12. October 2025 to March 2026. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation</b>  <b>Location: Kester Park, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>ADAPTIVE TENNIS PROGRAM</b>  <b>For ages 6 to 16, with autism.</b>  <b>In collaboration with Love Serving Autism, a new tennis program offering specialized therapeutic instruction for individuals with Autism Spectrum Disorders. Equipment provided. Tuesday from 6:00 p.m. to 7:00 p.m. October 2025 to March 2026. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation and Love Serving Autism</b>  <b>Location: Pompano Beach Tennis Center, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b>  <b>LoveServingAutism.org</b></p>
<p><b>DECK THE HALLS DANCE</b>  <b>For all ages 13 and up with an</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation,</b></p>

<p><b>intellectual, developmental, and/ or physical disability, or autism.</b>  <b>A fun event where participants will enjoy dancing, music, refreshments, and more! December 2025 from 6:30 p.m. to 8:30 p.m. Registration required. Call or email for details.</b></p>	<p><b>and Cultural Arts, Therapeutic Recreation</b>  <b>Location: Emma Lou Olson Civic Center, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>EmpowerART PROGRAM</b>  <b>For ages 6 to 12, and 18 and up, with an intellectual, developmental, and/ or physical disability, or autism.</b>  <b>Discover new skills, make friends, and find joy in exploring, creating, and connecting through a variety of art forms. Registration required. Tuesday from 10:00 a.m. to 11:00 a.m. for ages 18 and over and 6:15 p.m. to 7:15 p.m. for ages 6 to 12. Ongoing through September 2025. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation</b>  <b>Location: Emma Lou Olson Civic Center, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>INCLUSIVE DISC GOLF PROGRAM</b>  <b>For ages 18 and up, with an intellectual,</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation,</b></p>



<p><b>developmental, and/ or physical disability, or autism.</b></p> <p><b>Learn the rules and develop skills to throw, putt, and connect with others working through a course. Family, friends, and caretakers are welcome to join in on the fun! Registration required. Wednesday from 9:30 a.m. to 11:00 a.m. October 2025 to March 2026. Call or email for details.</b></p>	<p><b>and Cultural Arts, Therapeutic Recreation</b></p> <p><b>Location: North Pompano Park, Pompano Beach</b></p> <p><b>Phone: 954-786-7841</b></p> <p><b>Email: TRec@COPBFL.com</b></p> <p><b>PompanoBeachFL.gov</b></p>
<p><b>MONSTER MASH DANCE</b></p> <p><b>For all ages 13 and up with an intellectual, developmental, and/ or physical disability, or autism.</b></p> <p><b>A fun event where participants will enjoy dancing, music, refreshments, and more! October 31, 2025, from 6:30 p.m. to 8:30 p.m. Registration required. Call or email for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation</b></p> <p><b>Location: Emma Lou Olson Civic Center, Pompano Beach</b></p> <p><b>Phone: 954-786-7841</b></p> <p><b>Email: TRec@COPBFL.com</b></p> <p><b>PompanoBeachFL.gov</b></p>
<p><b>PICKLEPALS PROGRAM</b></p> <p><b>For ages 18 and up, with an intellectual, developmental, and/ or physical</b></p>	<p><b>Contact Information:</b></p> <p><b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation</b></p>

<p><b>disability, or autism.</b>  <b>Learn the basics of the fast-growing sport of pickleball, while also playing games. Registration required.</b>  <b>Wednesday from 10:00 a.m. to 11:30 a.m. Ongoing through September 2025.</b>  <b>Call or email for details.</b></p>	<p><b>Location: Emma Lou Olson Civic Center, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>POWER HOUR PROGRAM</b>  <b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability, or autism.</b>  <b>A workout class incorporating various exercises and boxing that provides an inclusive and supportive environment for all. Registration required. Thursday from 10:00 a.m. to 11:00 a.m. Ongoing through September 2025. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation</b>  <b>Location: Charlotte Burrie Center, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>SALTWATER FISHING PURSUIT</b>  <b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability, or autism.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation</b>  <b>Location: Pompano Beach Pier, Pompano</b></p>

<p><b>Learn the basics of fishing while enjoying a fun day at the Pier.</b>  <b>Registration required. Friday from 10:00 a.m. to 11:30 a.m. October 2025 to March 2026. Call or email for details.</b></p>	<p><b>Beach</b>  <b>Phone: 954-786-4111</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>SAND AND SPURS SADDLE CLUB PROGRAM</b>  <b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability, or autism.</b>  <b>Learn about horse care including bathing, grooming, walking, and more.</b>  <b>Registration required. Thursday from 9:30 a.m. to 10:30 a.m., and 11:00 a.m. to 12:00 p.m. October 2025 to March 2026. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation</b>  <b>Location: Sand and Spurs Equestrian Park, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>SPECIAL OLYMPICS LITTLE ELITES PROGRAM</b>  <b>For ages 6 to 12, with an intellectual, developmental, and/ or physical disability, or autism.</b>  <b>In collaboration with Special Olympics</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation and Special Olympics Florida South Region</b>  <b>Location: McNair Park, Pompano Beach</b>  <b>Phone: 954-786-7841</b></p>

<p><b>Florida South Region, a developmental sports program for youth focusing on developing skills for basketball, flag football, soccer, and track and field. Registration required. Friday from 6:00 p.m. to 7:00 p.m. Ongoing through September 2025. Call or email for details.</b></p>	<p><b>Email: TRec@COPBFL.com PompanoBeachFL.gov</b></p>
<p><b>SPORT FUSION PROGRAM</b>  <b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability, or autism.</b>  <b>Learn the fundamentals and rules of various sports. Registration required. Friday from 10:30 a.m. to 11:30 a.m. Ongoing through September 2025. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks, Recreation, and Cultural Arts, Therapeutic Recreation</b>  <b>Location: Mitchell Moore Recreation Center, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>AUTISM SWIMS</b>  <b>For ages 5 to 18, with autism.</b>  <b>In collaboration with the Autism Foundation of Broward County. A free event, for youth with autism, to promote</b></p>	<p><b>Contact Information:</b>  <b>City of Sunrise Leisure Services</b>  <b>Location: Sunrise Civic Center Aquatic Complex, Sunrise</b>  <b>Phone: 954-747-4618</b></p>

<p><b>swimming and water safety. All swimming abilities are welcome. Pool games, contests, and educational information. Saturday, April 25, 2026, from 10:00 a.m. to 12:00 p.m. Reservations required. Call or email for details.</b></p>	<p><b>Email: BBrady@SunriseFL.gov SunriseFL.gov</b></p>
<p><b>TOPSoccer PROGRAM</b>  <b>For ages 3 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>US Youth Soccer is a community-based program to learn and play the sport of soccer. Organized by youth soccer association volunteers. Call for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Sunrise Leisure Services</b>  <b>Location: Nob Hill Soccer Park, Sunrise</b>  <b>Phone: 954-747-4600</b>  <b>SunriseFL.gov</b></p>
<p><b>WHEELCHAIR BASKETBALL</b>  <b>"Sunrise Suns"</b>  <b>For ages 16 and up, with a physical disability.</b>  <b>In collaboration with the Sunrise Suns, a professional team practice. Non-team members welcome to experience</b></p>	<p><b>Contact Information:</b>  <b>City of Sunrise Leisure Services and Sunrise Suns</b>  <b>Location: Village Multipurpose Center Gym, Sunrise</b>  <b>Phone: 954-747-4601 or 954-609-4345</b>  <b>Email: SunriseSuns1@gmail.com</b></p>

<p><b>wheelchair basketball and observe practices. Tuesday and Thursday from 5:00 p.m. to 7:00 p.m. Call or email for details.</b></p>	<p><b>SunriseFL.gov</b> <b>SunriseSuns.com</b></p>
<p><b>211 – SPECIAL NEEDS CONNECTIONS</b> <b>For ages 0 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b> <b>Free information and referrals to special needs resources including recreation, summer programs, care coordination services, and more. 211-Broward.org.</b></p>	<p><b>Contact Information:</b> <b>2-1-1 First Call for Help of Broward</b> <b>24-hour helpline</b> <b>Phone: 954-537-0211 or 2-1-1</b> <b>211-Broward.org/Special-Needs-Connections</b></p>
<p><b>12th MAN FOOTBALL AND CHEER CAMP</b> <b>For ages 3 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b> <b>A free one-day camp designed for those who because of a special need or disability have not had the opportunity to be involved in organized football or cheerleading. Coaches specialize in football and cheerleading and enjoy</b></p>	<p><b>Contact Information:</b> <b>12th Man Football and Cheer Camp</b> <b>Locations: Varies</b> <b>Phone: 305-970-6077</b> <b>Email: TwelfthMFCC@gmail.com</b> <b>12thManFCC.org</b></p>

<p><b>teaching the sports. Preregistration required. Call or email for details.</b></p>	
<p><b>HELENE AND ROY SCHWEDELSON SPECIAL NEEDS DEPARTMENT</b>  <b>For ages 3 to 22 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>A variety of programs designed to enhance social, motor, language, and other life skills that promote greater independence. Emphasis on making new friends in a safe, welcoming, and nurturing environment. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Adolph and Rose Levis Jewish Community Center, Helene and Roy Schwedelson Special Needs Department</b>  <b>Locations: Boca Raton</b>  <b>Phone: 561-852-3269</b>  <b>Email: Alil@LevisJCC.org</b>  <b>LevisJCC.org/Special/</b></p>
<p><b>ANN STORCK ADVOCACY PROGRAM</b>  <b>For ages 3 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Program that offers support for education, transition, community resources, advocacy skills training,</b></p>	<p><b>Contact Information:</b>  <b>Ann Storck Center</b>  <b>Location: Fort Lauderdale</b>  <b>Phone: 954-584-8000</b>  <b>Email: Info@AnnStorckCenter.org</b>  <b>AnnStorckCenter.org</b></p>

**therapeutic services, and more. Must meet eligibility requirements. Call or email for details and eligibility.**

**ABLE AFTER-SCHOOL PROGRAM**

**For ages 3 to 21, with intellectual or developmental disability.**

**The Alternative Behavioral Learning Environment (ABLE) program provides an enriched and specialized afterschool program for youth with developmental disabilities and behavioral challenges. Provides social skills, physical fitness, cultural arts, recreation, case management, and nursing services. Staff-to-child ratio based on child's needs. Monday to Friday from 1:30 p.m. to 6:00 p.m. Follows Broward County Public Schools calendar. Extended hours for early release, non-school days, and winter and/ or spring breaks from 9:00 a.m. to 5:00 p.m. Call for details.**

**Contact Information:**  
**Arc Broward**  
**Location: Sunrise**  
**Phone: 954-746-9400**  
**ARCBroward.com**



**YOUTH LINKS AFTER-SCHOOL PROGRAM**

**School-to-Work Transition Program**

**For ages 16 to 21, with an intellectual or developmental disability.**

**Experiential learning program that enhances social and employability skills and prepares for a successful transition into adulthood. During school year, experiences address career development, social and life skills, self-determination, and advocacy. On non-school days, various field trips and volunteer experiences. Paid summer internship available. Community-based learning activities such as job shadowing, tours, and mock interviews for those who do not participate in paid employment. Staff-to-student ratios vary based on needs. Call for details.**

**Contact Information:**

**Arc Broward**

**Locations: Varies**

**Phone: 954-746-9400**

**ARCBroward.com**

**BIT-BY-BIT THERAPEUTIC RIDING CENTER**

**Contact Information:**

**Bit-by-Bit Therapy**

**For ages 2 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Medical therapy providing physical, occupational, or speech therapy, with the use of a horse known as Hippotherapy, to meet medical goals. Recreational Therapeutic Horseback Riding Lessons for children and adults with special needs. Horses for Heroes Disabled Veterans Program. Call, email, or visit website for details and program application.**

**Location: Davie  
Phone: 754-779-7888  
Email: Info@BitbyBitTherapy.org  
BitbyBitTherapy.org**

**SPECIALIZED SERVICES  
For children and adults with an intellectual, developmental, emotional, and/ or physical disability. Structured activities promoting skill building, learning, sensory integration and play, and independence for health. Services include individual and family**

**Contact Information:  
Cadenza Center  
Location: Hollywood  
Phone: 954-925-3191  
Email: Info@CadenzaCenter.com  
CadenzaCenter.com**

<p><b>therapy, autism treatments, evaluations, music, art, and group therapy, parent training, and behavioral consultations. Call or email for details.</b></p>	
<p><b>MOST (MAXIMIZING OUT OF SCHOOL TIME) AFTER-SCHOOL PROGRAM</b>  <b>For ages 5 to 12, with a hearing disability.</b>  <b>High quality enrichment activities that provide exposure to art and culture, music, science, and community service while supporting academic, physical, and social development. Call or email for qualification requirements.</b></p>	<p><b>Contact Information:</b>  <b>Center for Hearing and Communication</b>  <b>Location: Peters Elementary School, Plantation</b>  <b>Phone: 954-601-1930</b>  <b>VP: 954-642-2351</b>  <b>Email: JHickman@CHCHearing.org</b>  <b>CHCHearing.org</b></p>
<p><b>STEP (SUPPORTED TRAINING EMPLOYMENT) PROGRAM</b>  <b>For ages 16 to 21, with a hearing disability.</b>  <b>Hands-on experiences designed to foster independence and improve social skills, communication, and employability skills. Case management,</b></p>	<p><b>Contact Information:</b>  <b>Center for Hearing and Communication</b>  <b>Location: South Plantation High School, Plantation</b>  <b>Phone: 954-601-1930</b>  <b>VP: 954-642-2351</b>  <b>Email: JHickman@CHCHearing.org</b>  <b>CHCHearing.org</b></p>

**career counseling, life skills training, community service, leadership development, prevention education, and transition planning. Volunteer internship opportunities and paid summer employment supported by job coaches.. Call or email for details.**

**CHALLENGER BASEBALL**

**For ages 5 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Modified baseball program allows boys and girls, with any disability, ages 5 to 21, to play baseball. "Buddies" help players so they can fully participate. Free to participate. Uniforms and equipment provided. Registration begins in November and games run from February to May. Games will be played on Sundays, 3:30 p.m. to 5:15 p.m. Call or email for details.**

**Contact Information:**

**Challenger Baseball**

**Location: Teams throughout Broward County. Players can play on team closest to their home.**

**Phone: 954-646-6270, 305-807-0078, or 407-595-3095**

**Email: [ChallengerBroward@gmail.com](mailto:ChallengerBroward@gmail.com)  
[ChallengerBaseballofBroward.com](http://ChallengerBaseballofBroward.com)**

## **YOGA THERAPY FOR CHILDREN WITH SPECIAL NEEDS**

**For children, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**Training and certification for yoga therapy for children with an emphasis on autism, ADHD, sensory challenges, emotional behavior disorders, and other special needs. Call, email, or visit website for details.**

### **Contact Information:**

**Creative Relaxation® Yoga Therapy for Children**

**Location: Yoga Center, Deerfield Beach**

**Phone: 954-579-1604**

**Email: Louise.Goldberg@gmail.com**

**YogaforSpecialNeeds.com**

## **GIBORIM U**

**For ages 6 and up with an intellectual, developmental, and/ or physical disability.**

**A program for children, teens, and adults with special needs that includes courses or classes in fitness, the arts, sports, recreation, life skills, and health and wellness. Monday to Friday and Sunday. August to May. Must be registered with Giborim U Program.**

### **Contact Information:**

**David Posnack Jewish Community Center**

**Location: Davie**

**Phone: 954-434-0499, ext. 208**

**Email: DLombard@dpjcc.org**

**GiborimU.org**

**DPJCC.org**

<p><b>Admissions determined based on intake process. Financial aid available to those who qualify. Visit website for details, eligibility requirements, class offerings, and schedules.</b></p>	
<p><b>DIVERSE ABILITIES</b>  <b>For ages 4 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>A holistic learning environment that incorporates vocational training, academics, life and social skills, and self-advocacy using behavior analysis and research-based teaching methods. Scholarships available to those who qualify. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Diverse Abilities</b>  <b>Location: Davie</b>  <b>Phone: 954-401-2024</b>  <b>Email: Info@TeachDiverseAbilities.com</b>  <b>TeachDiverseAbilities.com</b></p>
<p><b>THERAPEUTIC HORSEBACK RIDING</b>  <b>For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Horseback riding for individuals with cognitive, physical, and emotional</b></p>	<p><b>Contact Information:</b>  <b>Equine-Assisted Therapies of South Florida</b>  <b>Location: Tradewinds Park North, Coconut Creek</b>  <b>Phone: 954-974-2007</b>  <b>EquineATSF.org</b></p>

<p><b>disabilities. Call for details.</b></p>	
<p><b>EXCEPTIONAL THEATER COMPANY (ETC)</b>  <b>For ages 2 to 100, with an intellectual, developmental, and/ or physical disability.</b>  <b>Innovative theater arts program for teens, adults, and seniors held at various locations, days, and times.</b>  <b>Through theater, actors learn valuable life skills that aid them to develop confidence, critical-thinking, creativity, social skills, and friendships. Year-round. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Exceptional Theater Company (ETC)</b>  <b>Location: Davie</b>  <b>Phone: 954-699-4096 or 954-980-0012</b>  <b>Email: Info@ETCFL.org</b>  <b>ExceptionalTheaterCompany.org</b></p>
<p><b>SUPERVISED TRIPS AND VACATIONS</b>  <b>For ages 18 and up, with an intellectual or developmental disability.</b>  <b>Vacation opportunities for individuals with developmental disabilities and other special needs in a safe environment that promotes integration, socialization, friendship, and fun. Call or</b></p>	<p><b>Contact Information:</b>  <b>Supervised Trips and Vacations</b>  <b>Location: Varies; all trips depart and return locally</b>  <b>Phone: 561-852-0910</b>  <b>Email: Info@ExceptionalServices.net</b>  <b>Exceptional-Vacations.com</b></p>

**email for details.**

**September 5 to 8, 2025, Disney World: Magic Kingdom and Hollywood Studios, Orlando, FL; September 18 to 26, 2025, Alaska Cruise, Seattle, WA Departure; October 3 to 6, 2025, Universal Studios, Harry Potter and Islands of Adventure, Orlando, FL; October 24 to 27, 2025, Dollywood and the Smokey Mountains, TN; November 15 to 17, 2025, Bahamas Cruise, Miami Departure; December 5 to 8, 2025, Disney World: Magic Kingdom and Animal Kingdom Holiday Celebration, Orlando, FL; January 24 to 29, 2026, Five-Night Bahamas Cruise, Miami Departure; February 6 to 9, 2026, Disney World: Magic Kingdom and Hollywood Studios, Orlando, FL; February 23 to 27, 2026, Las Vegas and Grand Canyon, NV; March 9 to 12, 2026, Florida Keys and Dolphin Encounter, Islamorada, FL; March 27 to 30, 2026,**



<b>Kennedy Space Center, Merritt Island, FL</b>	
<b>DANCE FOR NEURODIVERSE</b> <b>For ages 18 and up, with an intellectual or developmental disability.</b> <b>A dance program for individuals with developmental disabilities and other special needs to enhance energy, and improve balance, coordination, and bone health. Includes jazz, ballet, hip hop, Zumba, and improv. Call or email for details.</b>	<b>Contact Information:</b> <b>Exceptional Wellness</b> <b>Location: Boca Raton</b> <b>Phone: 561-852-0910</b> <b>Email: Info@ExceptionalServices.net</b> <b>Exceptional-Wellness.com</b>
<b>YOGA FOR NEURODIVERSE</b> <b>For ages 18 and up, with an intellectual or developmental disability.</b> <b>A yoga program for individuals with developmental disabilities and other special needs to support development, improve relaxation, and encourage a positive self in a gentle, safe, and fun environment. Preregistration required. Call or email for details.</b>	<b>Contact Information:</b> <b>Exceptional Wellness</b> <b>Location: Boca Raton</b> <b>Phone: 561-852-0910</b> <b>Email: Info@ExceptionalServices.net</b> <b>Exceptional-Wellness.com</b>

<p><b>FRIENDSHIP CIRCLE</b>  <b>For all ages with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>A variety of programs and creative activities for those who have special needs. Year-round. Call, email, or visit the website.</b></p>	<p><b>Contact Information:</b>  <b>Friendship Circle of South Broward</b>  <b>Location: Chabad of South Broward, Hallandale</b>  <b>Phone: 954-458-1877</b>  <b>Email: Itchabad@gmail.com</b>  <b>SBFriendshipCircle.com</b></p>
<p><b>FRIENDSHIP CIRCLE</b>  <b>For ages 6 and up, with an intellectual, developmental, and/ or physical disability.</b>  <b>A variety of programs for those who have special needs that include social, recreational, educational experiences, and lifeskills and job training program. Year-round. Job training, Monday to Friday from 9:00 a.m. to 3:00 p.m. Social programs, Thursday and Sunday evenings. Call, email, or visit the website.</b></p>	<p><b>Contact Information:</b>  <b>Friendship Circle of Greater Fort Lauderdale</b>  <b>Location: Las Olas Chabad Jewish Center, Fort Lauderdale</b>  <b>Phone: 754-800-1770</b>  <b>Email: Info@FriendshipFL.org</b>  <b>FriendshipFL.org</b></p>

<p><b>FRIENDSHIP CIRCLE</b>  <b>For ages 0 to 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Various recreation, sports, and lifeskills programs, including special events.</b>  <b>Year-round. Call, email, or visit the website.</b></p>	<p><b>Contact Information:</b>  <b>Friendship Circle of North Broward and South Palm Beach</b>  <b>Locations: Chabad of Parkland, Parkland</b>  <b>Phone: 954-970-9551</b>  <b>Email: FloridaFriendshipCircle@gmail.com</b>  <b>FloridaFriendshipCircle.com</b></p>
<p><b>FARM FRIENDS</b>  <b>For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>In partnership with Kindness Shared Happiness Squared, there is an intimate experience with beloved rescue animals on a private farm. Teaches how to care for animals, fosters compassion, and cultivates a healing space for friendships to bloom. Email or visit website.</b></p>	<p><b>Contact Information:</b>  <b>The Friendship Journey</b>  <b>Location: Boca Raton</b>  <b>Email: Hello@TheFriendshipJourney.org</b>  <b>TheFriendshipJourney.org</b></p>
<p><b>FLORIDA PANTHERS SPECIAL HOCKEY</b></p>	<p><b>Contact Information:</b></p>

<p><b>TEAM</b></p> <p><b>For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b></p> <p><b>In partnership with the Florida Panthers, and the American Special Hockey Association, players learn the fundamentals of ice hockey, support from coaches and volunteers, and connect with teammates. Email or visit website.</b></p>	<p><b>The Friendship Journey</b></p> <p><b>Location: Florida Panthers IceDen, Coral Springs</b></p> <p><b>Email: Hello@TheFriendshipJourney.org</b></p> <p><b>TheFriendshipJourney.org</b></p>
<p><b>FRIENDSHIP SPARKS</b></p> <p><b>For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b></p> <p><b>Participants can partake in dynamic social experiences through different interactions with one another.</b></p> <p><b>Communication builds as stories are shared, which can lead to discovering new interested friendships. Email or visit website.</b></p>	<p><b>Contact Information:</b></p> <p><b>The Friendship Journey</b></p> <p><b>Location: Varies</b></p> <p><b>Email: Hello@TheFriendshipJourney.org</b></p> <p><b>TheFriendshipJourney.org</b></p>

<p><b>GINA’S ART FRIENDS</b>  <b>For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>In partnership with Plaster Carousel Fun Painting Studio, and in honor of Gina Montalto, friends come together through creative expression. Email or visit website.</b></p>	<p><b>Contact Information:</b>  <b>The Friendship Journey</b>  <b>Location: Plaster Carousel Fun Painting Studio, Coral Springs</b>  <b>Email: Hello@TheFriendshipJourney.org</b>  <b>TheFriendshipJourney.org</b></p>
<p><b>JAIME’S ROOM</b>  <b>For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>In partnership with the City of Coconut Creek and in honor of Jamie Guttenberg, friends come together through dance, movement, and yoga to offer an inclusive program to the community. Email or visit website.</b></p>	<p><b>Contact Information:</b>  <b>The Friendship Journey</b>  <b>Location: Recreation Complex, Coconut Creek</b>  <b>Email: Hello@TheFriendshipJourney.org</b>  <b>TheFriendshipJourney.org</b></p>
<p><b>SENSORY INCLUSIVE AND ALL ABILITIES PERFORMING ARTS</b>  <b>For all ages, with an intellectual,</b></p>	<p><b>Contact Information:</b>  <b>The Friendship Journey</b>  <b>Location: Broward Center for the Performing</b></p>

<p><b>developmental, physical, emotional, visual, and/ or hearing disability.</b></p> <p><b>In partnership with the Broward Center for the Performing Arts, friends develop a love for theater through sensory inclusive performances that offer a supportive environment for sensory needs and all abilities classes. Classes teach acting, dance, and singing that will build confidence and friendships. Email or visit website.</b></p>	<p><b>Arts, Fort Lauderdale</b></p> <p><b>Email: <a href="mailto:Hello@TheFriendshipJourney.org">Hello@TheFriendshipJourney.org</a></b></p> <p><b><a href="http://TheFriendshipJourney.org">TheFriendshipJourney.org</a></b></p>
<p><b>FITNESS TRAINING AND ADAPTIVE CROSSFIT</b></p> <p><b>For ages 13 and up, with an intellectual, developmental, physical, and/ or hearing disability.</b></p> <p><b>Get healthy and stay fit! Garrett's Fight Foundation strives to turn disabilities into abilities by making necessary modifications to training and finding ways to conquer one's limitations. Group and one-to-one fitness training</b></p>	<p><b>Contact Information:</b></p> <p><b>Garrett's Fight Foundation</b></p> <p><b>Location: Various locations in Broward County</b></p> <p><b>Phone: 954-270-9746</b></p> <p><b>Email: <a href="mailto:GarrettsFight@gmail.com">GarrettsFight@gmail.com</a></b></p> <p><b><a href="http://GarrettsFightFoundation.org">GarrettsFightFoundation.org</a></b></p>

<p><b>and physical skills training offered regardless of ability. Call or email for details.</b></p>	
<p><b>H.A.P.P.I. FARM</b>  <b>Horse And Petting Pal Interaction</b>  <b>For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Animal activities for children and adults with special needs. Therapeutic horseback riding, pony rides, farm tour, horticulture, music and art therapy, military Veteran, and senior programs.</b>  <b>\$10 for Petting Farm visit with pony or horse ride. Free admission for one year old and under and 65 years old and over. Visit website for details.</b></p>	<p><b>Contact Information:</b>  <b>H.A.P.P.I. Farm</b>  <b>Location: Davie</b>  <b>Phone: 954-629-8133</b>  <b>Email: HappiFarm@hotmail.com or MarieLim@HappiFarm.org</b>  <b>HappiFarm.org</b></p>
<p><b>JAFECO CHILDREN'S ABILITY CENTER</b>  <b>RESPITE CARE</b>  <b>For ages 0 to 21, with an intellectual or developmental disability.</b>  <b>Program that offers a full day of a</b></p>	<p><b>Contact Information:</b>  <b>JAFECO Children's Ability Center</b>  <b>Location: Sunrise</b>  <b>Phone: 954-203-4970</b>  <b>Email: Liz@JAFECO.org</b></p>

<p><b>variety of activities and social enrichment. Non-school days and weekends, including day-time service and overnight experiences. Call or email for details.</b></p>	<p><b>JAFCO.org</b></p>
<p><b>JAFCO CHILDREN'S ABILITY CENTER AFTERSCHOOL ENRICHMENT EXPERIENCE</b></p> <p><b>For ages 0 to 21, with an intellectual or developmental disability.</b></p> <p><b>Program that is designed for children to explore, learn, and grow with a variety of activities that enhance independent living skills, creativity, and social-emotional development. Includes: Homework Hub, Life Skills Lab, Snack Time, Fun Focus (e.g., art, music, sports, etc.), Social Emotional Enrichment, Outdoor Play and Sensory Play. Monday to Thursday from 3:30 p.m. to 6:30 p.m. Call or email for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>JAFCO Children's Ability Center</b></p> <p><b>Location: Sunrise</b></p> <p><b>Phone: 954-203-4970</b></p> <p><b>Email: Liz@JAFCO.org</b></p> <p><b>JAFCO.org</b></p>



**JAFECO CHILDREN'S ABILITY CENTER  
TEEN SCENCE**  
**For ages 13 to 21, with an intellectual  
or developmental disability.**  
**Program that provides the perfect way  
to meet new friends, participate in a  
variety of engaging activities, and relax  
in a welcoming and inclusive  
environment. Call or email for details.**

**Contact Information:**  
**JAFECO Children's Ability Center**  
**Location: Sunrise**  
**Phone: 954-203-4970**  
**Email: Liz@JAFECO.org**  
**JAFECO.org**

**JAFECO CHILDREN'S ABILITY CENTER  
ABILITY@WORK**  
**For ages 18 and up, with an intellectual  
or developmental disability.**  
**A job training and readiness program  
designed to support young adults to  
acquire practical job skills, social skills,  
and independence necessary for  
sustainable employment within the  
community. Skills are learned  
organically through the operation of  
several micro-businesses, including  
CAC Snack Shack, JAFECO Custom**

**Contact Information:**  
**JAFECO Children's Ability Center**  
**Location: Sunrise**  
**Phone: 954-203-4970**  
**Email: Liz@JAFECO.org**  
**JAFECO.org**

<p><b>Creations, and Wild Flower Boutique.</b>  <b>Call or email for details.</b></p>	
<p><b>BRIGHT BEGINNINGS AND EARLY INTERVENTION</b>  <b>For ages 0 to 5, with a visual disability. A free developmental and support program for parents and visually impaired or blind children. Provides parents and caregivers tools to help their child reach critical developmental stages that are typically achieved through visual interaction with the world. Note: Client must have a visual diagnosis, and eye report. Year-round. Monday to Friday and some Saturdays from 8:00 a.m. to 4:00 p.m. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Lighthouse of Broward</b>  <b>Location: Sunrise</b>  <b>Phone: 954-463-4217, ext. 140</b>  <b>Email: FBrutus@LHOB.org</b>  <b>LHOB.org</b></p>
<p><b>THE DAVID AND JEAN COLKER KIDS PROGRAM</b>  <b>For ages 6 to 13, with a visual disability. A free program to provide opportunities to learn age-appropriate, safe outdoor</b></p>	<p><b>Contact Information:</b>  <b>Lighthouse of Broward</b>  <b>Location: Sunrise</b>  <b>Phone: 954-463-4217, ext. 140</b>  <b>Email: FBrutus@LHOB.org</b></p>

**travel, computer and other high-tech devices, cooking, and self-care techniques. Note: Client must have a visual diagnosis, an eye report, and be a client of the Division of Blind Services. Year-round, including Winter and Spring camps. Meets school holidays and two Saturdays a month from 8:00 a.m. to 4:00 p.m. Call or email for details.**

**LHOB.org**

**TEEN LIFE**

**For ages 14 to 22, with a visual disability.**

**A free program to provide independence and life-planning after high school, including college and job preparation, indoor and outdoor mobility, technology skills, and more. Note: Client must have a visual diagnosis, an eye report, and be a client of the Division of Blind Services. Year-round, including Winter and Spring camps. Meets school holidays and two Saturdays a month**

**Contact Information:**

**Lighthouse of Broward**

**Location: Sunrise**

**Phone: 954-463-4217, ext. 140**

**Email: FBrutus@LHOB.org**

**LHOB.org**

<p><b>from 8:00 a.m. to 4:00 p.m. Call or email for details.</b></p>	
<p><b>FIT 4 LIFE</b>  <b>For ages 18 and up, with an intellectual or developmental disability.</b>  <b>A weekly fitness and wellness program that encourages exercise and healthy eating habits in a fun and social atmosphere. Saturday from 9:00 a.m. to 12:30 p.m. Registration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Living Inclusively for Everyone Inc. (LIFE)</b>  <b>Location: Varies</b>  <b>Phone: 954-817-4742</b>  <b>Email: LifeFlorida@gmail.com</b>  <b>Life-Florida.org</b></p>
<p><b>ADAPTIVE FITNESS CLASS</b>  <b>For ages 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Inclusive to all.</b>  <b>Workout class intended for all. Friday from 4:00 p.m. to 5:00 p.m. Registration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Memorial Rehabilitation Institute</b>  <b>Location: Memorial Rehabilitation Institute, Hollywood</b>  <b>Email: PStanchi@MHS.net</b>  <b>MHS.net/Services/Rehabilitation/Conditions-Treatments-Services/Adaptive-Sports</b></p>
<p><b>9 MUSES DROP-IN CENTER</b>  <b>For ages 18 and up, living with mental illness. All are welcome.</b></p>	<p><b>Contact Information:</b>  <b>Mental Health America of Southeast Florida</b>  <b>Location: 9 Muses Drop-In Center, Fort</b></p>

<p><b>A program of the Mental Health America of Southeast Florida that provides free peer driven behavioral health support. The center provides visual and performing arts classes for adults recovering from mental illness or substance abuse. Classes provide personalized instruction along with individual studio time. Includes drawing, painting, ceramics, clay, music, and more. Call or email for details.</b></p>	<p><b>Lauderdale</b>  <b>Phone: 954-746-2055 or 954-746-9162</b>  <b>Email: 9Muses@MHASEFL.org</b>  <b>9MusesArtCenter.org</b>  <b>MHASEFL.org</b></p>
<p><b>NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) OF BROWARD COUNTY</b>  <b>For all ages, living with mental illness. A grassroots mental health organization that supports individuals affected by mental illness. Education, mentoring, presentations, support groups, trainings, and more. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>National Alliance on Mental Illness, Broward County</b>  <b>Location: Varies</b>  <b>Phone: 954-316-9907</b>  <b>Email: NAMIBroward@gmail.com</b>  <b>NAMIBroward.org</b></p>
<p><b>VETERANS CARE</b></p>	<p><b>Contact Information:</b></p>

<p><b>For all ages, Veterans with and without disabilities.</b></p> <p><b>Various free services offered including dental care, hearing care, eye care, and mental health. Eligible by providing a legible copy of DD-214 or other approved documentation stating honorable discharge, and a Florida ID. Call or email for details.</b></p>	<p><b>Nova Southeastern University (NSU) Health, Veterans Care</b></p> <p><b>Location: Fort Lauderdale, Davie Campus, Fort Lauderdale</b></p> <p><b>Phone: 954-678-2273</b></p> <p><b>NSUHealth.nova.edu</b></p>
<p><b>WHEELCHAIR RECREATION AND SPORTS</b></p> <p><b>For ages 18 and up, with a physical disability.</b></p> <p><b>Variety of recreation and sports opportunities. Call for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>Paralyzed Veterans of America, Florida Chapter</b></p> <p><b>Location: Varies</b></p> <p><b>Phone: 954-565-8885</b></p> <p><b>PVAFlorida.org</b></p>
<p><b>MENTAL HEALTH SERVICES</b></p> <p><b>For ages 8 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b></p> <p><b>Free therapeutic services that address mental, emotional, and spiritual well-being. Visit website for details and</b></p>	<p><b>Contact Information:</b></p> <p><b>Parakletos Therapeutic Services</b></p> <p><b>Location: Hollywood</b></p> <p><b>Phone: 786-967-7873</b></p> <p><b>Email: ParakletostheHelperLLC@gmail.com</b></p> <p><b>ParakletosTherapeutic.com</b></p>

<b>application.</b>	
<p><b>PARKLAND BUDDY SPORTS PROGRAM</b>  <b>For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Recreational sports programs for all children with special needs. Student volunteers "Buddies" and children with special needs are paired together to educate and empower each other. “No Limits” motto ensures that players, coaches, and volunteers reach their full potential on the court or field.</b>  <b>Registration required. Visit the website for details and each sports’ contact person.</b>  <b><u>FLAG FOOTBALL:</u> August to October.</b>  <b>Saturdays at 3:15 p.m. at Pine Trails Park</b>  <b><u>RUNNING:</u> October to November.</b>  <b>Sundays from 10:30 a.m. to 11:30 a.m. at Terramar Park</b></p>	<p><b>Contact Information:</b>  <b>Parkland Buddy Sports Inc.</b>  <b>Locations: Parkland Country Club (PCC), Parkland</b>  <b>Pine Trails Park (PT), Parkland</b>  <b>Terramar Park (T), Parkland</b>  <b>Email: Info@ParklandBuddySports.com</b>  <b>ParklandBuddySports.org</b></p>

<p><b><u>SOC CER:</u> October to December.</b>  <b>Saturdays from 3:15 p.m. to 4:30 p.m. at Pine Trails Park</b></p> <p><b><u>BASKETBALL:</u> January to February.</b>  <b>Sundays at 11:30 a.m. at Terramar Park</b></p> <p><b><u>TENNIS AND PICKLEBALL:</u> March to May.</b>  <b>Sundays at 10:20 a.m. at Terramar Park</b></p> <p><b><u>KICKBALL:</u> June to August.</b>  <b>Saturdays at 10:00 a.m. at Pine Trails Park</b></p>	
<p><b>PROJECT 10: TRANSITION EDUCATION NETWORK PUBLICATIONS</b>  <b>For grade K to 12 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Publications available to guide transition for students and families in school. Visit the website for resources.</b></p>	<p><b>Contact Information:</b>  <b>Project 10: Transition Education Network</b>  <b>Location: Online</b>  <b>Email: <a href="mailto:USFSP-Project10@USF.edu">USFSP-Project10@USF.edu</a></b>  <b><a href="http://Project10.Info/DPage.php?!D=77">Project10.Info/DPage.php?!D=77</a></b></p>
<p><b>REMARKABLE DISABILITY SERVICES</b>  <b>For ages 18 to 40, with an intellectual or developmental disability.</b></p>	<p><b>Contact Information:</b>  <b>Remarkable Disability Services</b>  <b>Location: Virtual</b></p>



<p><b>An exciting virtual space for young adults to connect, learn, and be inspired. Activities include Disney Lovers' Club, Bingo, Trivia, Game Show Night, Dating and Relationships, Adulting 101, Music Mania, Art and Soul, Saturday Socials, and more. Mental health counseling also available. Call or email for details.</b></p>	<p><b>Phone: 954-228-4984</b>  <b>Email: Hello@RemarkableClub.com</b>  <b>RemarkableClub.org</b></p>
<p><b>ADULT DAY TRAINING PROGRAM</b>  <b>For ages 18 and up, with an intellectual or developmental disability.</b>  <b>A daily enrichment program including lifeskills, recreation, functional academics, community participation, field trips, physical wellness, pre-vocational skills, and more. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Schott Communities</b>  <b>Location: Cooper City</b>  <b>Phone: 954-434-3306</b>  <b>Email: Info@SchottCommunities.org</b>  <b>SchottCommunities.org</b></p>
<p><b>SATURDAY ADULT ENRICHMENT PROGRAM</b>  <b>For ages 18 and up, with an intellectual or developmental disability.</b></p>	<p><b>Contact Information:</b>  <b>Schott Communities</b>  <b>Location: Cooper City</b>  <b>Phone: 954-434-3306</b></p>

<p><b>Spend time with a various range of volunteers, playing games, making crafts, dancing, socializing, and having fun. Saturday from 10:00 a.m. to 2:00 p.m. September to May. Call or email for details.</b></p>	<p><b>Email: Info@SchottCommunities.org SchottCommunities.org</b></p>
<p><b>ART AND CRAFT CLASSES</b>  <b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability.</b>  <b>Explore your creativity in these affordable art classes. Taught by professional artists. All supplies included. No experience necessary.</b>  <b>Weekdays from 10:00 a.m. to 12:00 p.m. or 1:00 p.m. to 3:00 p.m. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Schott Communities</b>  <b>Location: Cooper City</b>  <b>Phone: 954-434-3306</b>  <b>Email: Info@SchottCommunities.org</b>  <b>SchottCommunities.org</b></p>
<p><b>SHAKE-A-LEG MIAMI</b>  <b>For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>A unique lineup of adaptive water</b></p>	<p><b>Contact Information:</b>  <b>Shake-A-Leg Miami</b>  <b>Location: Miami</b>  <b>Phone: 305-858-5550</b>  <b>Email: Info@ShakeaLegMiami.org</b></p>

<p><b>sports. Sailing, water sports instruction, fishing, physical conditioning, group programs, Veterans and vocational programs, group programs, camps, special events, and more to aid in improving physical, developmental, and economic challenges. Call or email for details.</b></p>	<p><b>ShakeALegMiami.org</b></p>
<p><b>SPECIAL OLYMPICS FLORIDA SOUTH REGION</b>  <b>For ages 8 and up, with an intellectual or developmental disability.</b>  <b>Free year-round sports training and competition in more than 20 sports for all skill levels. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Special Olympics Florida South Region</b>  <b>Location: Multiple locations in Broward County</b>  <b>Phone: 954-262-2150</b>  <b>Email: MichelleLeonardo@SOFL.org</b>  <b>SpecialOlympicsFlorida.org/South</b></p>
<p><b>SPECIAL OLYMPICS LITTLE ELITES PROGRAM</b>  <b>For ages 6 to 12, with an intellectual or developmental disability.</b>  <b>A sports program that bridges the gap between Young Athletes (ages 2 to 7) and competitive Special Olympics</b></p>	<p><b>Contact Information:</b>  <b>Special Olympics Florida South Region</b>  <b>Location: Multiple Locations in Broward County</b>  <b>Phone: 305-926-1124</b>  <b>Email: MarkThompson@SOFL.org</b>  <b>SpecialOlympicsFlorida.org/South</b></p>

<p><b>sports. Training offered in various sports. Call or email for details.</b></p>	
<p><b>SPECIAL OLYMPICS MOTOR ACTIVITY TRAINING PROGRAM (MATP)</b>  <b>For ages 2 and up, with an intellectual or developmental disability.</b>  <b>Program designed for athletes with severe disabilities whose physical and/or behavioral limitations preclude participation in traditional Special Olympics team and individual sports. Aids in improving basic motor skills. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Special Olympics Florida South Region</b>  <b>Location: Multiple Locations in Broward County</b>  <b>Phone: 305-926-1124</b>  <b>Email: MarkThompson@SOFL.org</b>  <b>SpecialOlympicsFlorida.org/South</b></p>
<p><b>SPECIAL OLYMPICS YOUNG ATHLETES PROGRAM (YAP)</b>  <b>For ages 2 to 7, with an intellectual or developmental disability.</b>  <b>An innovative sports play program that focuses on fundamental motor tracking, eye-hand coordination, and developing skills consistent with Special Olympics</b></p>	<p><b>Contact Information:</b>  <b>Special Olympics Florida South Region</b>  <b>Location: Multiple Locations in Broward County</b>  <b>Phone: 305-926-1124</b>  <b>Email: MarkThompson@SOFL.org</b>  <b>SpecialOlympicsFlorida.org/South</b></p>

**sports. Aids in physical, cognitive, and social development. Call or email for details.**

**SPEECH WITH MS. CALI**

**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Personalized therapy plans through fun, play-based sessions. Parent collaboration encouraged. First session is FREE! Call or email for details.**

**Contact Information:**

**Speech Therapy**

**Locations: Varies**

**Phone: 954-394-9286**

**Email: CWildeSLP@gmail.com**

**STEP FORWARD TRAINING PROGRAM**

**For ages 15 to 21, with an intellectual, developmental, and/ or physical disability.**

**STEP Forward is a pre-employment training program designed to support youth with disabilities and other barriers in developing essential work skills. Through career exploration, hands-on job readiness training, and individualized support, participants gain**

**Contact Information:**

**STEP Forward Training Program**

**Locations: Goodwill Industries of South Florida, Fort Lauderdale**

**Phone: 954-449-5701**

**Email: CParker@GoodwillMiami.org**

**GoodwillSouthFlorida.org**

<p><b>exposure to real-work experiences in a safe, supportive environment. The program is sponsored in partnership with the Children's Services Council to help prepare youth for successful transition into adulthood and employment. Monday to Thursday from 3:00 p.m. to 6:00 p.m. Call or email for details.</b></p>	
<p><b>COLLEGE LIFE SKILLS PROGRAM (Before, During, and After College) For ages 15 and up, who are college bound neurodiverse students. Providing for the executive functioning, lifeskills, social abilities, and emotional maturity for college bound students with varied exceptionalities. Call or email for details.</b></p>	<p><b>Contact Information: Support for Students Growth Center Locations: Boca Raton and virtually Phone: 561-990-7305 Email: Info@CollegeLSP.com CollegeLSP.com</b></p>
<p><b>SUPPORTABILITIES FITNESS AND TRAINING For all ages, with an intellectual, developmental, physical, emotional,</b></p>	<p><b>Contact Information: Supportabilities Foundation Location: Varies Phone: 518-312-7936</b></p>

<p><b>visual, and/ or hearing disability.</b>  <b>A one-to-one program designed to meet the individual goals and needs of each participant. Offered in-person. Call or email for details.</b></p>	<p><b>Email:</b>  <b>JZilinskas@SupportabilitiesFoundation.org</b></p>
<p><b>MOST (MAXIMIZING OUT OF SCHOOL TIME) AFTER-SCHOOL PROGRAM</b>  <b>For ages 3 to 22, with an intellectual, developmental, and/ or physical disability.</b>  <b>Quality academic and cultural arts experiences to develop and strengthen performance skills through fun activities. Small groups with appropriate adult to student ratios. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>United Community Options of South Florida</b>  <b>Locations: Varies throughout Broward County</b>  <b>Phone: 954-584-7178</b>  <b>Email: Info@UCO-UCPSFL.org</b>  <b>UnitedCommunityOptionsSFL.org</b></p>
<p><b>STEP (SUPPORTED TRAINING EMPLOYMENT) PROGRAM</b>  <b>For ages 16 to 21, with an intellectual, developmental, and/ or physical disability.</b>  <b>Year-round hands-on experiences</b></p>	<p><b>Contact Information:</b>  <b>United Community Options of South Florida</b>  <b>Locations: Varies throughout Broward County</b>  <b>Phone: 954-6584-7178</b>  <b>Email: Info@UCO-UCPSFL.org</b></p>

<p><b>designed to prepare individuals with varying exceptionalities for post-secondary education, training, and employment. Meets individual educational and employment goals, fosters independence, self-advocacy, and improves social skills that aid in a sense of belonging in the community. Call or email for details.</b></p>	<p><b>UnitedCommunityOptionsSFL.org</b></p>
<p><b>THE VICTORY CENTER</b>  <b>For ages 5 to 23 and up, with an intellectual or developmental disability, autism, and/ or related disabilities. Provides children and young adults with autism related disabilities comprehensive individualized treatment following an in-depth assessment. Programs aid in language, self-help, social and lifeskills, and much more. Appropriate student to teacher ration. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>The Victory Center for Autism and Related Disabilities (TVC)</b>  <b>Location: North Miami Beach</b>  <b>Phone: 305-466-1142</b>  <b>Email: Office@TheVictorySchool.org</b>  <b>TheVictorySchool.org</b></p>



<p><b>VICTORY LIVING PROGRAMS SOCIAL AND RECRATION</b></p> <p><b>For ages 18 and up, with an intellectual or developmental disability.</b></p> <p><b>A variety of scheduled activities throughout the month offering fun and recreation with peers, while making new friends, and staying active. Sliding scale fee available for those not enrolled in Victory Living Programs. Call or email for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>Victory Living Programs</b></p> <p><b>Locations: Varies throughout Broward County</b></p> <p><b>Phone: 954-616-1074</b></p> <p><b>Email: <a href="mailto:Contact@VictoryLiving.org">Contact@VictoryLiving.org</a></b></p> <p><b><a href="http://VictoryLiving.org">VictoryLiving.org</a></b></p>
<p><b>WE ROCK THE SPECTRUM KIDS' SENSORY GYM</b></p> <p><b>For all ages, with an intellectual, developmental, and/ or physical disability, autism, and special needs.</b></p> <p><b>We Rock the Spectrum Kids' Gym provides children of all abilities with a fun and motivational environment to enhance in the areas of strength, movement, sensory processing, communication, behavior modification,</b></p>	<p><b>Contact Information:</b></p> <p><b>We Rock the Spectrum Kids' Gym</b></p> <p><b>Location: Davie</b></p> <p><b>Phone: 754-216-2153</b></p> <p><b>Email: <a href="mailto:Info@WeRocktheSpectrumDavie.com">Info@WeRocktheSpectrumDavie.com</a></b></p> <p><b><a href="http://WeRocktheSpectrumDavie.com">WeRocktheSpectrumDavie.com</a></b></p>

**social interaction, and self-care skills. Inclusive environment with unique pieces of sensory equipment that is specifically designed for children with sensory processing disorders. Twelve specialized pieces of sensory equipment available. Call or email for details.**

**WE ROCK THE SPECTRUM  
KIDS' SENSORY GYM**

**For all ages, with an intellectual, developmental, and/ or physical disability, autism, and special needs. We Rock the Spectrum Kids' Gym provides children of all abilities with a fun and motivational environment to enhance in the areas of strength, movement, sensory processing, communication, behavior modification, social interaction, and self-care skills. Inclusive environment with unique pieces of sensory equipment that is**

**Contact Information:**

**We Rock the Spectrum Kids' Gym**

**Location: Coral Springs**

**Phone: 954-775-0012**

**Email:**

**[Info@WeRocktheSpectrumCoralSprings.com](mailto:Info@WeRocktheSpectrumCoralSprings.com)**

**[WeRocktheSpectrumDavie.com](http://WeRocktheSpectrumDavie.com)**

<p><b>specifically designed for children with sensory processing disorders. Call or email for details.</b></p>	
<p><b>AYSO EPIC (EVERYONE PLAYS IN OUR COMMUNITY) PROGRAM</b>  <b>For ages 4 and up, and adults, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Provides a free quality soccer experience for children and adults whose physical or mental disabilities make it difficult to successfully participate on mainstream teams.</b>  <b>Buddies help both on and off the field.</b>  <b>Sundays from 9:50 a.m. to 11:00 a.m.</b>  <b>Fall session runs from August to December. Spring session runs from January to April. Email for details.</b></p>	<p><b>Contact Information:</b>  <b>Weston American Youth Soccer Organization (AYSO), Region 644</b>  <b>Location: Weston Regional Park, Field # 4, Weston</b>  <b>Email: VFiallos@ICloud.com</b>  <b>AYSO644.org - click on EPIC (previously VIP)</b></p>
<p><b>ADULTS WITH DISABILITES PROGRAM</b>  <b>For ages 18 and up, and adults, with an intellectual, developmental, physical,</b></p>	<p><b>Contact Information:</b>  <b>Whispering Pines Off Campus Adult Program</b>  <b>Location: Fort Lauderdale</b></p>

<p><b>emotional, visual, and/ or hearing disability.</b></p> <p><b>A program held in a safe environment to learn and participate in recreational, and social activities, functional academics, pre-employability, technology skills, and opportunities to increase daily living, self-care, and communication skills. Monday to Friday. Follow Broward County Public Schools calendar. Must have completed or be officially withdrawn from high school and meet further eligibility requirements. Call for details.</b></p>	<p><b>Phone: 754-321-3341</b></p>
<p><b>YESSE LEYVA – DISABILITY PROGRAMS AND TRAININGS INC.,</b></p> <p><b>For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Facilitates inclusion of persons with disabilities by ensuring that all individuals are connected with the</b></p>	<p><b>Contact Information:</b></p> <p><b>Yesse Leyva – Disability Programs and Trainings Inc.,</b></p> <p><b>Location: Coral Springs</b></p> <p><b>Phone: 954-529-4586</b></p> <p><b>Email: <a href="mailto:DPTIncorporated@gmail.com">DPTIncorporated@gmail.com</a></b></p> <p><b><a href="http://DPTManagement.org">DPTManagement.org</a></b></p>

<p><b>relevant disability services including APD Med Waiver, Advocacy, Vocational Rehab, Social Programs, and other available assistance programs. Virtual appointments available. Call or email for details.</b></p>	
<p><b>YMCA ACTION STARS FITNESS PROGRAM</b>  <b>For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Stay active while having fun! From strength training to cardio workouts, each class is designed to meet diverse abilities while promoting health and wellness. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>YMCA of South Florida</b>  <b>Location: Towngate Park, Pembroke Pines</b>  <b>Phone: 954-727-9622 ext. 1236</b>  <b>Email: YMCAAdaptiveRecreation@YMCA SouthFlorida.org</b>  <b>YMCASouthFlorida.org</b></p>
<p><b>YMCA DRIVE N' DUNK MODIFIED BASKETBALL PROGRAM</b>  <b>For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. An inclusive program designed to</b></p>	<p><b>Contact Information:</b>  <b>YMCA of South Florida</b>  <b>Location: Rose G. Price Park, Pembroke Pines</b>  <b>Phone: 954-727-9622 ext. 1236</b>  <b>Email: YMCAAdaptiveRecreation@YMCA</b></p>

<p><b>introduce the fundamentals of basketball in a supportive and adaptive environment. Skill development, teamwork, and modified gameplay for all ability levels. Call or email for details.</b></p>	<p><b>SouthFlorida.org YMCASouthFlorida.org</b></p>
<p><b>YMCA FUN RUN SERIES MODIFIED TRACK AND FIELD PROGRAM</b>  <b>For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>An inclusive program designed to introduce the fundamentals of track and field in a supportive and adaptive environment. Skill development and teamwork for all ability levels. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>YMCA of South Florida</b>  <b>Location: Rose G. Price Park, Pembroke Pines</b>  <b>Phone: 954-727-9622 ext. 1236</b>  <b>Email: YMCAAdaptiveRecreation@YMCA SouthFlorida.org</b>  <b>YMCASouthFlorida.org</b></p>
<p><b>YMCA ROLLIN' KICKS MODIFIED KICKBALL PROGRAM</b>  <b>For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b></p>	<p><b>Contact Information:</b>  <b>YMCA of South Florida</b>  <b>Location: Rose G. Price Park, Pembroke Pines</b>  <b>Phone: 954-727-9622 ext. 1236</b></p>

<p><b>An inclusive program designed to introduce the fundamentals of kickball in a supportive and adaptive environment. Skill development, teamwork, and modified gameplay for all ability levels. Call or email for details.</b></p>	<p><b>Email: <a href="mailto:YMCAAdaptiveRecreation@YMCASouthFlorida.org">YMCAAdaptiveRecreation@YMCASouthFlorida.org</a>  <a href="http://YMCASouthFlorida.org">YMCASouthFlorida.org</a></b></p>
<p><b>Y MOST (MAXIMIZING OUT OF SCHOOL TIME) PROGRAM</b>  <b>For ages 4 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Structured recreation program during school days that closely mirror typical afterschool or summer programs. Project based learning and/ or STEAM, YFit using SPARK curriculum, Family Involvement Initiatives, and Literacy Activities. Non-school day mini camps. Call for details.</b></p>	<p><b>Contact Information:  YMCA of South Florida  Location: Call for locations  Phone: 954-623-5555 ext. 1242  <a href="http://YMCASouthFlorida.org">YMCASouthFlorida.org</a></b></p>
<p><b>STEP (SUPPORTED TRAINING EMPLOYMENT) PROGRAM</b></p>	<p><b>Contact Information:  YMCA of South Florida</b></p>

**For ages 16 to 22, with an intellectual, developmental, and/ or physical disability.**  
**An afterschool program, during the school year, that focuses on exploring post-secondary career and educational interests for independence and to become successful adults. Success Coaching Services and/ or Case Management, Field Trips, Cooking Labs, Social Skills Workshops, and Resume Writing. Supported summer employment and/ or volunteer opportunities. Call for details.**

**Locations: Call for locations**  
**Phone: 954-701-9955**  
**YMCASouthFlorida.org**

**YMCA SWIM BUDDIES ADAPTIVE SWIMMING PROGRAM**  
**For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**  
**Make a splash with Swim Buddies! An inclusive program for all abilities to promote aquatic skill development,**

**Contact Information:**  
**YMCA of South Florida**  
**Locations: Rose G. Price Park, Pembroke Pines**  
**Phone: 954-727-9622 ext. 1236**  
**Email: YMCAAdaptiveRecreation@YMCA SouthFlorida.org**  
**YMCASouthFlorida.org**



**family involvement, and social skills while increasing self-confidence and healthy lifestyle habits that include drowning prevention skills. Call or email for details.**

**YAA FOR ALL: SENSORY SATURDAYS**  
**For all ages, with an intellectual, developmental, physical, and emotional disability and/ or with autism related disabilities.**  
**Interactive and inclusive exhibits and art activities for all. Sensory items and social narrative available for visitors to borrow on their visit. Second Saturday of every month from 10:00 a.m. to 12:00 p.m. FREE for Sensory Saturdays. Call or email for details.**

**Contact Information:**  
**Young at Art Museum**  
**Location: Broward Mall, Ste 1208, Plantation**  
**Phone: 954-424-0085**  
**Email: [Info@YoungatArtMuseum.org](mailto:Info@YoungatArtMuseum.org)**  
**[YoungatArtMuseum.org](http://YoungatArtMuseum.org)**

## **COUNTY AND MUNICIPAL PROVIDERS**

### **Broward County and City Contact Information and Access Features**

**There are 31 municipalities in Broward County, Florida. Most of the municipalities have their own independent park and recreation agencies that offer year-round recreation and leisure opportunities, park facilities, and amenities. For information on a particular park and recreation agency's programs and/ or facilities, contact that municipal agency directly.**

**Playgrounds\*\* refer to the level of accessibility or usability that varies for each playground noted under the access features.**

### **BROWARD COUNTY PARKS AND RECREATION DIVISION –**

**[www.Broward.org/Parks](http://www.Broward.org/Parks)**

**Special Populations Section – Phone: 954-357-8170 or 954-357-8160, or TTY: 954-537-2844**

### **POOLS AND/ OR WATER PLAYGROUNDS:**

**• C.B. Smith Park – Phone: 954-357-5170. Address: 900 North Flamingo Road, Pembroke Pines.**

**Water playgrounds with sloped entry, aquatic wheelchair, and Lazy River with lift.**

**• Central Broward Park and Broward County Stadium – Phone: 954-357-5400. Address: 3770 Northwest 11th Place, Lauderhill.**

**Pool with lift, sloped entry, aquatic wheelchair, and water playground with sloped entry, aquatic wheelchair. \*Tropical Splash closed for season.**

**• Quiet Waters Park – Phone: 954-357-5100. Address: 401 South Powerline Road, Deerfield Beach.**

**Water playground with sloped entry, aquatic wheelchair.**

**• Topeekeegee Yugnee (T.Y.) Park – Phone: 954-357-8811. Address: 3300 North Park Road, Hollywood.**

**Pool with lift, sloped entry, aquatic wheelchair, and water playground with sloped entry, aquatic wheelchair.**

**ACCESSIBLE CANOE OR KAYAK RAMP – West Lake Park – Phone: 954-357-5261. Address: 1200 Sheridan Street, Hollywood.**

**PLAYGROUNDS\*\* Accessible playground at: Vista View Park – Phone: 954-357-8898. Address: 4001 Southwest 142nd Avenue.**

**Splash Pads at: Miramar Pineland Park – Phone: 954-357-8776. Address: 3600 South University Drive, Miramar. Vista View Park – Phone: 954-357-8898. Address: 4001 Southwest 142nd Avenue. West Lake Park – Phone: 954-357-5261. Address: 1200 Sheridan Street.**

**COCONUT CREEK PARKS AND RECREATION DEPARTMENT –**

**[www.CoconutCreek.net/Parks-and-Recreation](http://www.CoconutCreek.net/Parks-and-Recreation)**

**Wayne K. Tobey, Recreation Director – Phone: 954-545-6670, or Recreation Complex – Phone: 954-956-1580**

**PLAYGROUNDS\*\* Accessible City playground at: Recreation Complex – Phone: 954-956-1580. Address: 4455 Sol Press Boulevard. Ramps.**  
**Splash Pads at: Community Center – Phone: 954-545-6670. Address: 1100 Lyons Road. Recreation Complex – Phone: 954-956-1580. Address: 4455 Sol Press Boulevard.**

**COOPER CITY RECREATION DEPARTMENT –**  
**[www.CooperCityFL.org/ParksandRecreation](http://www.CooperCityFL.org/ParksandRecreation)**

**Stacie Weiss, Recreation Director – 954-434-4300, ext. 295, or Aquatics – Phone: 954-434-4300, ext. 400**

**POOL:**

• **Cooper City Pool and Tennis Center – Phone: 954-436-7300. Address: 11600 Stonebridge Parkway. Pool with lift.**

**PLAYGROUNDS\*\* Accessible City playground at: Suellen H. Fardelmann Sports Complex – Phone: 954-434-4300. Address: 10300 Stirling Road. Currently under construction.**

**CORAL SPRINGS PARKS AND RECREATION DEPARTMENT –**  
**[www.CoralSprings.org/Parks](http://www.CoralSprings.org/Parks)**

**Robert Hunter, Recreation Director: 954-345-2200**

**POOLS:**

• **Mullins Park Pool – Phone: 954-345-2170. Address: 10180 Northwest 29th Street.**

**One (1) pool with lift and one (1) pool with zero-depth entry.**

- **Coral Springs Aquatic Complex – Phone: 954-345-2121. Address: 12441 Royal Palm Boulevard. Pool with lift.**
- **Cypress Water Park – Phone: 954-345-2109. Address: 1300 Coral Springs Drive. Pool with lift and Activity Pool with zero-depth entry.**

**PLAYGROUNDS\*\*      Splash pads at: Betti Stradling Park – Phone: 954-345-2121. Address: 10301 Wiles Road. Cypress Water Park – Phone: 954-345-2109. Address: 1300 Coral Springs Drive.**

## **DANIA BEACH PARKS AND RECREATION DEPARTMENT –**

**[www.DaniaBeachFL.gov/273/Parks-Recreation](http://www.DaniaBeachFL.gov/273/Parks-Recreation)**

**Cassi Warren, Recreation Director – Phone: 954-924-6800, ext. 3731**

### **POOLS:**

- **Patrick J. Meli Park Aquatic Complex – Phone: 954-985-4400. Address: 2901 Southwest 52nd Street. Pool with lift.**
- **C.W. Thomas Park Pool – Phone: 954-924-3692. Address: 100 Northwest 8th Avenue. Pool with lift.**

**ROPES COURSE (low and high course) – Tigertail Lake Recreation Center – Phone: 954-201-4500. Address: 580 Gulfstream Way.**

**BEACH ACCESS – Phone: 954-924-3696. Address: 100 North Beach Road. Access from parking to chickee hut on beach, picnic area, and restroom.**

**PLAYGROUNDS\*\*      Accessible City playground at: Melaleuca Northside Garden**

**Park – Phone: 954-924-6800. Address: 850 Northwest 10th Street. Accessible activities on equipment.**

**DAVIE PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –**

**[www.Davie-FL.gov/235/Parks-Recreation-Cultural-Arts](http://www.Davie-FL.gov/235/Parks-Recreation-Cultural-Arts)**

**Administrative Offices – Phone: 954-797-1146**

**POOLS:**

- **Davie Pine Island Park Aquatics Center – Phone: 954-327-3926. Address: 3800 Southwest 92nd Avenue. Pool with ramp, heated, and accessible locker rooms and showers.**

- **Betty Booth Roberts Park Pool – Phone: 954-797-6716. Address: 4200 Southwest 61st Avenue. Pool with lift and heated.**

**PLAYGROUNDS \*\*      Splash pad at: Shenandoah Park – Phone: 954-797-1147. Address: 14601 Southwest 14th Street.**

**DEERFIELD BEACH PARK AND RECREATION DEPARTMENT -**

**[www.Deerfield-Beach.com/39/Parks-Recreation](http://www.Deerfield-Beach.com/39/Parks-Recreation)**

**Administrative Offices: 954-480-4433**

**POOL:**

- **Peggy Noland Aquatic Center – Phone: 954-420-2262. Address: 501 Southeast 6th Avenue. Pool with lift, zero-depth entry, and water wheelchair.**

**BEACH ACCESS – Phone: 954-480-4412. BEACH CONDITIONS – Phone: 954-480-**

**4413 (recorded daily).**

- **North Beach (International Fishing Pier): 200 Northeast 21st Avenue. Pier, boardwalk, and beach wheelchair available at Lifeguard Station #3, located at Hillsboro Boulevard and Southeast 21st Avenue. Pier closed for renovations.**
- **North Beach (Kirk Cottrell) Pavilion – Address: 314 Northeast 21st Avenue. Walkway to sand.**

**PLAYGROUNDS\*\*      Splash pad water feature at: Sullivan Park – Phone: 954-571-7550. Address: 1700 Riverview Road.**

## **FORT LAUDERDALE PARKS AND RECREATION DEPARTMENT –**

**[www.Parks.FortLauderdale.gov](http://www.Parks.FortLauderdale.gov)**

**Carl Williams, Recreation Director – Phone: 954-828-7275, Matthew Cobb, ADA Coordinator – Phone: 954-828-6510, or Susan Riestra, ADA Event Coordinator – Phone: 954-828-4612**

### **POOLS:**

- **Fort Lauderdale Aquatic Complex – Phone: 954-828-4580. Address: 501 Seabreeze Boulevard. Pool with lift.**
- **Croissant Park Pool – Phone: 954-828-6156. Address: 245 West Park Drive. Pool with ramp, water wheelchair, and Water Playground with lift, zero-depth entry, and water wheelchair.**
- **Lauderdale Manors Park Pool – Phone: 954-828-5412. Address: 1340 Chateau Park Drive. Pool with lift and Water Playground with zero-depth entry.**

- **Riverland Park Pool – Phone: 954-828-5322. Address: 950 Southwest 27th Avenue. Pool with lift, ramp, water wheelchair, and Water Playground with zero-depth entry.**
- **Bass Park Pool – Phone: 954-828-6019. Address: 2750 Northwest 19th Street. Pool with lift and steps.**
- **Joseph C. Carter Park Pool – Phone: 954-828-5407. Address: 1450 West Sunrise Boulevard. Pool with lift, steps, and Water Playground with zero-depth entry.**
- **Sunrise Middle School Pool – Phone: 954-721-2018. Address: 1750 Northeast 14th Street. Pool with ramp and water wheelchair.**

**BEACH ACCESS – Phone: 954-828-4595. Beach wheelchair at Sebastian Street Lifeguard Station. Playground, restrooms, showers, picnic tables, grills, and parking located at Sebastian Street at A1A.**

**PLAYGROUNDS \*\* Splash pad at: Osswald Park – Phone: 954-828-6455. Address: 2220 Northwest 21st Avenue.**

## **HALLANDALE BEACH PARKS AND RECREATION, AND OPEN SPACES**

**DEPARTMENT - [www.COHB.org/Parks](http://www.COHB.org/Parks)**

**Cathie Schanz, Recreation Director – Phone: 954-457-1452**

### **POOL:**

- **B.F. James Park Pool – Phone: 954-457-1321. Address: 777 Northwest 1st Avenue. Pool with lift and zero-depth entry.**

**BEACH ACCESS – Hallandale Ocean Rescue – Phone: 954-362-9198.**



• **Beach access mats located at: South City Beach Park – Address: 1870 South Ocean Drive and North City Beach Park – Address: 111 South Surf Road. Beach wheelchairs available at Towers 1 and 2 on a first-come, first-serve basis.**

**PLAYGROUNDS \*\* Accessible City playgrounds at: B.F. James Park – Phone: 954-457-1321. Address: 777 Northwest 1st Avenue. Dr. MLK Jr. Park – Phone: 954-457-1452. Address: 609 Northwest 6th Avenue. Golden Isles Park – Phone: 954-457-1452. Address: 500 Egret Drive. Ingalls Park – Phone: 954-457-1452. Address: 735 Southwest 1st Street. Joseph Scavo Park – Phone: 954-457-1452. Address: 900 Three Islands Boulevard. OB Johnson Park – Phone: 954-457-1460. Address: 1000 Northwest 8th Avenue. Peter Bluesten Park – Phone: 954-457-1452. Address: 501 Southwest 1st Avenue. South City Beach Park – Phone: 954-457-1452. Address: 1870 South Ocean Drive. Sunrise Park – Phone: 954-457-1452. Address: 416 Northwest 8th Avenue. Sunset Park – Phone: 954-457-1452. Address: 814 Southwest 6th Avenue.**

**HOLLYWOOD DEPARTMENT OF PARKS, RECREATION AND CULTURAL ARTS -**  
**[www.HollywoodFL.org/97/Parks-Recreation-Cultural-Arts](http://www.HollywoodFL.org/97/Parks-Recreation-Cultural-Arts)**  
**Ricky Engle, Recreation Director – Phone: 954-921-3404, or Monique Spencer,**  
**Program Supervisor – Phone: 954-921-3235**

**POOL:**

• **Driftwood Community Pool – Phone: 954-967-4644. Address: 3000 North 69th Avenue. Pool with lift, zero-depth entry, handrails, and heated.**

**BEACH ACCESS – Phone: 954-921-3423. BEACH CONDITIONS – Phone: 954-921-3334. Beach wheelchairs may be reserved on a first-come, first-serve basis. Mobi-Mat access located at eight (8) points along beach: Carolina Street, Connecticut Street, Johnson Street, New York Street, ADA ramp between Tyler Street, and Harrison Street, Oregon Street, between Terrace and Magnolia Terrace.**

**PLAYGROUNDS\*\* Accessible City playground at: Boulevard Heights Community Center – Phone: 954-967-4235. Address: 6770 Garfield Street. Accessible playground and skate park.**

**LAUDERDALE-BY-THE-SEA PARKS AND BEACH PORTALS -**  
**[www.LauderdalebytheSea-FL.gov/169/Parks-Beach-Portals](http://www.LauderdalebytheSea-FL.gov/169/Parks-Beach-Portals)**  
**General Information – Phone: 954-640-4232**

**BEACH ACCESS – Phone: 954-640-4200. Two (2) beach wheelchairs available on a first-come, first-serve basis. Seven (7) points of beach access via sidewalk flush with sand or beach entry. Mobi-Mat entry to the beach at El Prado Park and 1700 North Ocean Drive.**

**LAUDERDALE LAKES PARKS AND HUMAN SERVICES DEPARTMENT –**  
**[www.LauderdaleLakes.org/133/Parks-Human-Services](http://www.LauderdaleLakes.org/133/Parks-Human-Services)**  
**Ericka Lockett, Parks and Human Services Director – Phone: 954-535-2808**

**POOL:**

**• Lauderdale Lakes Swimming Pool Complex – Phone: 954-733-6283. Address:**

**3077 Northwest 39th Street. Pool with zero-depth entry, water wheelchair, and heated.**

**ALZHEIMER'S CARE CENTER – Phone: 954-535-2804. Address: 4320 N.W. 35th Street.**

**PLAYGROUNDS\*\* Accessible City playgrounds at: Northgate Neighborhood Park – Phone: 954-535-2785. Address: 3555 West Oakland Park Boulevard. Otis Gray Neighborhood Park – Phone: 954-535-2835. Address: 4800 Northwest 26th Street. Vincent Torres Memorial Park – Phone: 954-535-2785. Address: 4331 Northwest 36th Street. Willie L. Webb, Sr. Park – Phone: 954-525-2835. Address: 3601 Northwest 21st Street.**

## **LAUDERHILL PARKS AND LEISURE SERVICES –**

**[www.Lauderhill-FL.gov/Parks-Recreation](http://www.Lauderhill-FL.gov/Parks-Recreation)**

**Scott Newton, Recreation Director – Phone: 954-730-3084, Daphne Dyer, Assistant Director – Phone: 954-321-2454, or Aquatics – Phone: 954-572-1462**

### **POOLS:**

- **John E. Mullin Park and Lauderhill Aquatic Center – Phone: 954-486-8450. Address: 2000 Northwest 55th Avenue. Pool with lift and zero depth entry water feature.**
- **Veterans Park Pool – Phone: 954-572-1459. Address: 7600 Northwest 50th Street. Pool with lift and ramp.**
- **Wolk Park Pool – Phone: 954-321-2466. Address: 1080 Northwest 42nd Way. Pool**

**with lift.**

**PLAYGROUNDS\*\*      Splash pad at: Jackie Gleason Park – Phone: 954-730-3080.  
Address: 7260 Northwest 52nd Street.**

**LIGHTHOUSE POINT RECREATION DEPARTMENT –**

**[www.LighthousePoint.com/176/Recreation](http://www.LighthousePoint.com/176/Recreation)**

**Becky Word, Recreation Director – Phone: 954-784-3439**

**PLAYGROUNDS \*\***

**MARGATE PARKS AND RECREATION DEPARTMENT –**

**[www.MargateFL.com/211/Parks-and-Recreation](http://www.MargateFL.com/211/Parks-and-Recreation)**

**Michael A. Jones, Recreation Director – Phone: 954-972-6458**

**POOL:**

**• Calypso Cove Water Park – Phone: 954-974-4566. Address: 6200 Royal Palm Boulevard. Pool with lift and Water Playground with zero-depth entry.**

**BASKETBALL COURT – Centennial Park – Phone: 954-972-6458. Address: 7800 Royal Palm Boulevard. Full sized ADA accessible court.**

**PLAYGROUNDS\*\*      Splash Pad at: Serino Park – Phone: 954-972-6458. Address: 5600 Southwest 8th Court. Water Feature Play Areas at Margate Sports Complex – Phone: 954-972-6458. Address: 1695 Banks Road. Vinson Park – Phone: 954-972-6458. Address: 955 Northwest 66th Avenue.**

## **MIRAMAR PARKS AND RECREATION DEPARTMENT –**

**[www.MiramarFL.gov/Departments/Parks-Recreation](http://www.MiramarFL.gov/Departments/Parks-Recreation)**

**Billy Neal, Recreation Director – Phone: 954-602-3344, or Administration – Phone: 954-602-3172**

### **POOLS:**

- **Historic Miramar Aquatic Complex – Phone: 954-602-3367. Address: 6920 Southwest 35th Street. Pool with lift, ramp, and heated, and Wading Pool with zero-depth entry.**
- **Miramar Regional Park Aquatic Complex – Phone: 954-883-6955. Address: 16801 Miramar Parkway. Pool with lift, ramp, and heated, and Water Playground with zero-depth entry.**

**PLAYGROUNDS\*\*      Splash pads at: Historic Miramar Aquatic Complex – Phone: 954-602-3367. Address: 6920 Southwest 35th Street. Shirley Branca Park – Phone: 954-602-3172. Address: 6900 Miramar Parkway. Vizcaya Park – Phone: 828-6800. Address: 14200 Southwest 55th Street.**

## **NORTH LAUDERDALE PARKS AND RECREATION DEPARTMENT –**

**[www.NLauderdale.org/Departments/Parks\\_and\\_Recreation/](http://www.NLauderdale.org/Departments/Parks_and_Recreation/)**

**Patrick Cann, Recreation Director – Phone: 954-597-4704, or Aquatics – Phone: 954-724-7061**

### **POOL:**

- **Jerry Resnick Aquatic Center – Phone: 954-724-7063. Address: 701 Southwest**

**71st Avenue. Pool with lift, heated, and Water Playground.**

**NORTHWEST FOCAL POINT SENIOR CENTER – Phone: 954-973-0300. Address:  
6009 Northwest 10th Street.**

**PLAYGROUNDS\*\***

**OAKLAND PARK PARKS AND LEISURE SERVICES DEPARTMENT –**

**[www.OaklandParkFL.gov/195/Parks-Leisure-Services](http://www.OaklandParkFL.gov/195/Parks-Leisure-Services)**

**Chris Casale, Parks and Leisure Services Director – Phone: 954-630-4241, or  
General Information – Phone: 954-630-4500**

**CANOE AND/ OR KAYAK LAUNCH AND/ OR STAND UP PADDLE LAUNCH – J.  
Dewey Hawkins Landing – Address: Northeast 12th Terrace and 30th Court.**

**\*North and South docks are temporarily closed.**

**BOCCE COURTS: Royal Palm Park – Address 1701 Northwest 38th Street.**

**PLAYGROUNDS\*\* Accessible City playgrounds and Splash pad at: City  
Centennial Park – Phone: 954-630-4500. Address: 3900 Northeast 3rd Avenue.**

**\*Closed for maintenance.**

**PARKLAND PARKS AND RECREATION DIVISION –**

**[www.CityofParkland.org/108/Parks-and-Recreation](http://www.CityofParkland.org/108/Parks-and-Recreation)**

**Ryan Mariano, Parks and Recreation Manager – Phone: 954-757-4104, or Felicia  
Trainor, Assistant Director – Phone: 954-757-4131**

**City facilities equipped with QR code to sensory maps and social scripts.**

**Available at: <https://CityofParkland.org/Autismfriendly>.**

**PLAYGROUNDS\*\* Accessible City playgrounds at: Pines Trails Park Playground – Phone: 954-757-4105. Address: 10555 Trails End. Playground with ramps, wheelchair access, and wheelchair accessible features. Terramar Park Playground – Phone: 954-757-4105. Address: 6700 West Hillsboro Boulevard. Playground with ramps, wheelchair access, and wheelchair accessible features.**

**TOWN OF PEMBROKE PARK PARKS DEPARTMENT –**

**[www.TPPFL.gov/Parks-Department](http://www.TPPFL.gov/Parks-Department)**

**Parks Department – Phone: 954-986-0790**

**FISHING PIER: Patrick Behan Park – Phone: 954-986-9053. Address: 3200 Southwest 25th Street.**

**PEMBROKE PINES RECREATION AND CULTURAL ARTS DEPARTMENT –**

**[www.PPines.com/278/Recreation-Cultural-Arts](http://www.PPines.com/278/Recreation-Cultural-Arts)**

**Carol Campisi Toscano, Assistant Recreation Director – Phone: 954-392-2130, or Thomas Joyce, Recreation Supervisor – Phone: 954-431-4146**

**POOLS:**

- **Pembroke Falls YMCA Aquatic Center – Phone: 954-447-7645. Address: 1361 Northwest 129th Avenue. Pool with zero-depth entry and access chair.**
- **Southwest Focal Point Senior Center Pool – Phone: 954-450-6888. Address: 301 Northwest 103rd Avenue. Pool with ramp, access chair, heated.**

- **Towngate Park Pool – Phone: 954-450-6895. Address: 901 Northwest 155th Avenue. Pool with lift, heated.**
- **Rose G. Price Park Pool – Phone: 954-437-1140. Address: 901 Northwest 208th Avenue. Pool with lift.**

**MIRACLE LEAGUE BASEBALL FIELD: Rose G. Price Park – Phone: 954-435-6599. Address: 901 Northwest 208th Avenue. Rubberized surface, accessible baseball field for use by individuals who may use wheelchairs, walkers, other assistive devices.**

**SOUTHWEST FOCAL POINT SENIOR CENTER – Phone: 954-450-6888. Address: 301 Northwest 103rd Avenue.**

**PLAYGROUNDS\*\* or WATER PLAYGROUNDS\*\***

## **PLANTATION PARKS AND RECREATION DEPARTMENT –**

**[www.Plantation.org/Government/Departments/Parks-Recreation](http://www.Plantation.org/Government/Departments/Parks-Recreation)**

**Patricia O’Toole, Recreation Director – Phone: 954-452-2516, or Christopher Cooksey, Aquatics Superintendent – Phone: 954-916-5608**

## **POOLS:**

- **Plantation Aquatic Complex – Phone: 954-452-2525. Address: 9151 Northwest 2nd Street. Pool #1: Competition pool with lift, heated. Pool #2: Training Pool with zero depth entry, ramp, and water wheelchair.**
- **Jim Ward Community Center – Phone 954-585-2344. Address: 301 Northwest 46th Avenue. Water Playground with zero depth entry.**



## **EXERCISE COURSE FOR WHEELCHAIR USERS**

- **Veterans Park – Phone: 954-452-2510. Address: 1776 Lauderdale West Drive.**
- **Deicke Park – Phone: 954-452-2500. Address: 1200 Northwest 106th Avenue.**
- **PLAYGROUNDS\*\* or WATER PLAYGROUND\*\*      Splash pad at: Plantation Woods Park – Phone: 954-797-2180. Address: 5555 Palm Tree Road. Zero-depth.**

## **POMPANO BEACH PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT – [Parks.PompanoBeachFL.gov/](http://Parks.PompanoBeachFL.gov/)**

**General Information – Phone: 954-786-4111**

### **POOLS:**

- **Pompano Beach Aquatic Center – Phone: 954-786-4128. Address: 820 Northeast 18th Avenue. Pool with lift, stairs, heated.**
- **Houston Sworn Aquatic Center – Phone: 954-786-4116. Address: 901 Northwest 10th Street. Pool with lift, heated.**

**BEACH ACCESS: Phone: 954-786-4111. BEACH CONDITIONS – Phone: 954-786-4005 (recorded daily). Address: 50 North Pompano Beach Boulevard. Two (2) beach wheelchairs available on a first-come, first-serve basis. Six (6) points of beach access via Blue Mobi Mat pathway extends to edge of sand dune.**

**GOLF COURSE: Pro Shop Phone: 954-781-0426. Address: 1101 North Federal Highway. Adaptive golf cart (Solo Rider) available. "Golf Cart Flag Program" for individuals with limited walking ability. Reserve at least 24 hours in advance.**

**ALL TERRAIN WHEELCHAIR: GRIT Freedom Wheelchair available upon request.**

**Phone: 954-786-7841.**

**AMPHITHEATER:** Accessible seating and signage provided. Sign language interpreter is available upon request. Phone: 561-223-7231.

**ZENSORY ZONE VAN:** Calming air-conditioned mobile room with low lighting, multisensory seating, tactile and sensory toys, available at large events.

Complimentary noise cancelling headphones available. Phone: 954-786-7841.

**PLAYGROUNDS\*\*** Accessible City playground at: Sergeant Kip Jacoby Park – Phone: 954-786-4111. Address: 620 South Cypress Road.

**SOUTHWEST RANCHES' PARKS, RECREATION, AND OPEN SPACE DEPARTMENT –**  
**[www.SouthwestRanches.org/Departments/Parks-Recreation-and-Open-Space/](http://www.SouthwestRanches.org/Departments/Parks-Recreation-and-Open-Space/)**  
**December Lauretano-Haines, Parks, Recreation and Forestry Director – Phone:**  
**954-434-0008 ext. 7452**

**Sunshine Ranches Equestrian Park, Rolling Oaks Park, Country Estates Fishing Hole Park, Southwest Meadows Sanctuary/Calusa Corners Park, Founders' Trailside Park, Frontier Trails.**

**PLAYGROUNDS\*\*** Communication Board at: Sunshine Ranches Equestrian Park – Phone: 954-434-0008. Address: 5840 Southwest 148th Avenue. Country Estates Fishing Hole Park – Phone: 954-434-0008. Address: 18900 Griffin Road. ASL Communication Board will be available in the Fall 2025.

## **SUNRISE LEISURE SERVICES DEPARTMENT –**

**[www.SunriseFL.gov/Departments-Services/Leisure-Services](http://www.SunriseFL.gov/Departments-Services/Leisure-Services)**

**Kevin Pickard, Recreation Director – Phone: 954-747-4655, Maria Little, Deputy Director – Phone: 954-747-4660, or Nic Ortiz, Assistant Director – Phone: 954-747-4640**

### **POOL:**

- **Sunrise Civic Center Aquatics Center – Phone: 954-747-4636. Address: 10610 West Oakland Park Boulevard. Pool with lift and Teaching Pool with zero-depth entry.**
- **Roarke Hall Pool – Phone: 954-747-4636. Address: 1720 Northwest 60th Avenue. Open summers only**

- **Welleby Pool – Phone: 954-747-4636. Address: 11100 Northwest 44th Street.**

**PLAYGROUNDS\*\*      Splash pads at: Cypress Preserve Park – Phone: 954-747-4600. Address: 9020 Northwest 38th Street. Flamingo Park – Phone: 954-572-2354. Address: 12855 Northwest 8th Street. City Park – Address: 6600 Sunset Strip. Roarke Hall Pool – Phone: 954-747-4636. Address: 1720 Northwest 60th Avenue, open summers only. Welleby Park – Phone: 954-747-4600. Address: 11100 Northwest 44th Street.**

## **TAMARAC PARKS AND RECREATION DEPARTMENT –**

**[www.Tamarac.org/100/Parks-Recreation](http://www.Tamarac.org/100/Parks-Recreation)**

**Rudolph Galindo, Parks and Recreation Director – Phone: 954-597-3690**

**City facilities equipped with sensory maps. Available at:**

**<https://www.Tamarac.gov/1447/Autism-Friendly-Community>.**

**POOL:**

• **Caporella Aquatic Center – Phone: 954-597-3660. Address: 9300 Northwest 58th Street. Pool and Water Playground with zero-depth entry, water wheelchair, and heated.**

**PLAYGROUNDS\*\*      Splash pads at: Caporella Park – Phone: 954-597-3620.**

**Address: 5200 Prospect Road. Waters Edge Park – Phone: 954-597-3620. Address: 7508 Northwest 61st Street.**

**Accessible/Sensory Equipped playgrounds at: Caporella Park – Phone: 954-597-3620. Address: 5200 Prospect Road. Tamarac Sports Complex – Phone: 954-597-3620. Address: 9901 Northwest 77th Street. Communication Board available.**

**Sunset Point Park – Phone: 954-597-3500. Address: 11000 West McNab Road.**

**Swim Central Annex Park – Phone: 954-597-3620. Address: 5800 Northwest 94th**

**Avenue. Tephford Park – Phone: 954-597-3620. Address: 10003 Southgate**

**Boulevard. Waters Edge Park – Phone: 954-597-3620. Address: 7508 Northwest 61st Street.**

**WEST PARK PARKS AND RECREATION DEPARTMENT –**

**[www.CityofWestPark.org/Gouvernement/Departments/Parks-and-Recreation](http://www.CityofWestPark.org/Gouvernement/Departments/Parks-and-Recreation)**

**General Information – Phone: 954-985-1900**

## **PLAYGROUNDS\*\***

### **WESTON PARKS AND RECREATION –**

**[www.WestonFL.org/Government/Parks-and-Recreation](http://www.WestonFL.org/Government/Parks-and-Recreation)**

**Kara Petty, Recreation Director – Phone: 954-389-4321**

**PLAYGROUNDS\*\*      Accessible City playgrounds at: Emerald Estates Park – Phone: 389-4321. Address: 16400 Emerald Estates Drive. ADA accessible and Communication Board available. Bonaventure Park – Phone: 954-385-2000. Address: 520 Racquet Club Road. Communication Board available. Country Isles Park – Phone: 954-389-4321. Address: 2260 Country Isles Road. Communication Board available. Gator Run Park – Phone: 954-385-2000. Address: 1101 Park Boulevard. Communication Board available. Indian Trace Park – Phone: 954-389-4321. Address: 17998 Saddle Club Road. Communication Board available. Peace Mound Park – Phone: 954-389-4321. Address: 1300 Three Village Road. Communication Board available. Tequesta Trace Park – Phone: 954-389-4321. Address: 600 Indian Trail. Communication Board available.**

### **WILTON MANORS LEISURE SERVICES DEPARTMENT –**

**[www.WiltonManors.com/149/Leisure-Services](http://www.WiltonManors.com/149/Leisure-Services)**

**Michelle Parks, Division Director – Phone: 954-390-2130**

**WHEELCHAIR ACCESSIBLE BOAT RAMP: Snook Creek Park – Phone: 954-390-2130. Address: 2351 Powerline Road, and Colohatchee Boat Ramp – Phone: 954-**

**390-2130. Address: 1975 Northeast 15th Avenue.**

**PLAYGROUNDS \*\* Partially accessible City playgrounds with ground elements at Hagen Park – Phone: 954-390-2130. Address: 2020 Wilton Drive. Stafford Park and Nature Preserve – Phone: 954-390-2130. Address: 823 Northeast 28th Street. Splash pad at: Mickel Park – Phone: 954-390-2130. Address: 2675 Northwest 7th Avenue.**

**DR. VON D. MIZELL – EULA JOHNSON STATE PARK –**

**[www.FloridaStateParks.org/Mizell](http://www.FloridaStateParks.org/Mizell)**

**John Frosbutter, Park Services Specialist – Phone: 954-924-3859, or General Information – Phone: 954-923-2833**

**BEACH ACCESS: Phone: 954-932-2833. Address: 6503 North Ocean Drive, Dania Beach. Limited number of beach wheelchairs available on a first-come, first-serve basis.**

**HUGH TAYLOR BIRCH STATE PARK –**

**[www.FloridaStateParks.org/HughTaylorBirch](http://www.FloridaStateParks.org/HughTaylorBirch)**

**Jessica Cabral, Park Manager – Phone: 954-564-4521**

**Large-print and audio park brochure available upon request. One mile audio tour of park available. Quarter-mile accessible Rail Trail. Accessible large pavilions, picnic tables, beach concession restroom, and youth camp facility with full lodge and cabin.**

**BEACH ACCESS: Phone: 954-564-4521. Address: 3109 East Sunrise Boulevard, Fort Lauderdale. Beach wheelchair available at the Ranger Station on first-come, first-serve basis.**

**PLAYGROUNDS \*\***

**THIS PUBLICATION CAN BE MADE AVAILABLE BY REQUEST IN LARGE PRINT,  
AS A DIGITAL RECORDING, OR IN BRAILLE.**

**Parks and Recreation Division**

**A SERVICE OF THE BROWARD COUNTY BOARD OF COUNTY COMMISSIONERS**

**VISIT US ON THE WEB - [Broward.org/Parks](http://Broward.org/Parks)**

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**08/25**