

Recreation and Leisure Programs and Activities for Special Populations



Broward County, Florida FALL 2022 / WINTER 2023

**Prepared by the
Broward County Parks and Recreation Division
Special Populations Section**

Phone: 954-357-8170

TTY: 954-537-2844

**Email: SpecialPopulations@Broward.org
Broward.org/Parks**

The information contained in this listing is compiled for general information purposes only and is accurate to the best of the preparers' knowledge. Most of the information listed was provided by the program provider / agency. Due to the ongoing Covid-19 pandemic, information that lists TBA - Contact to Confirm, please contact the provider / agency for updates. Broward County does not endorse any of the programs or access features listed. Be sure to examine each program and access feature carefully, by contacting the provider listed in the entry, to determine what is desirable to meet your specific interests and needs. Please note that many of the programs listed have a preregistration requirement and may be fee-based. Should you have any corrections, or know of programs or access features not included, contact the Special Populations Section at 954-357-8170/8160, TTY: 954-537-2844, or SpecialPopulations@Broward.org.

COUNTY PROVIDERS OUTSIDE OF BROWARD COUNTY

Miami Dade Parks Therapeutic Recreation and Inclusion: 305-755-7848

MiamiDade.gov/Parks

Palm Beach County Therapeutic Recreation: 561-966-7015,

Palm Beach Special Olympics: 561-966-7019 - Co.Palm-Beach.FL.US/parks

General Program Information

3R's ARTS AND CRAFTS – Recycle, Reuse, Repurpose
For ages 18 and up, with an intellectual and/ or developmental disability.
This program will provide opportunities to explore and create art with recycled, repurposed, and found materials while promoting and enhancing creativity and self-expression. Preregistration required. Call or email for details.

BOCCIA –
For veterans with and without disabilities and ages 18 and up, with a physical disability.
This program will introduce the sport of bocchia that is aimed to focus on hand eye coordination and fine motor skills that will improve with continued practice. Preregistration required. Call or email for details.

Contact Information

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Plantation Heritage Park, Plantation
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise
Location: Sunrise Civic Center, Gymnasium
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Sunrisefl.gov

BOWLING –
For ages 13 to 30 and 18 and up, with an intellectual and/ or developmental disability.
Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise
Location: Strikers, Sunrise
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

C.O.R.E.S. (Connecting Others Recreationally, Educationally, and Socially) –
For 18 and up, with an intellectual or developmental disability and one adult guest.
This program will provide the opportunity to participate in recreation, education (leisure), and social activities with peers throughout Broward County. Activities will vary from week to week. Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Plantation Heritage Park, Plantation
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

HYBRID CROSS-ROUND FITNESS –
For 18 and up, with a physical disability.
This free program, in partnership with Supportabilities Foundation, will teach self-defense through noncontact boxing and promote physical fitness through adaptive exercises while enhancing physical, emotional, and social confidence. Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and Supportabilities Foundation
Location: Plantation Heritage Park, Plantation and Central Broward Park and Broward County Stadium, Lauderdale
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

DISC GOLF 101 –
For ages 18 and up, with an intellectual or developmental disability, and one adult guest.
Learn fundamentals, skills, equipment, field of play, rules, and more; or hone your skills. Disc golf is an enjoyable, affordable, and active outdoor recreation or competitive activity that can be played at many of Broward County's beautiful parks.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Plantation Heritage Park, Plantation
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

Preregistration required. Call or email for information.

DRUM TO THE BEAT –

For ages 18 and up, living with Alzheimer’s disease.

A collaborative drumming program with the City of Lauderdale Lakes’ Alzheimer’s Care Center that focuses on rhythmic patterns with different percussion instruments and promotes enjoyment and inclusion for all! Call or email for information.

Contact Information:

Broward County Parks and Recreation Division, Special Populations Section and City of Lauderdale Lakes

Location: Lauderdale Lakes’ Alzheimer’s Care Center

Special Populations – Phone: 954-357-8170/8160

TTY: 954-537-2844

Email: SpecialPopulations@Broward.org

Broward.org/Parks

Lauderdalelakes.org

FIT WITH FAMILY INCLUSIVE EXERCISE

– For ages 18 and up, with intellectual or developmental disability, and one adult guest.

A light to moderate intensity, head to toe, exercise and movement to music program that will promote general

Contact Information:

Broward County Parks and Recreation Division, Special Populations Section

Location: C.B. Smith Park, Pembroke Pines

Special Populations – Phone: 954-357-8170/8160

TTY: 954-537-2844

Email: SpecialPopulations@Broward.org

fitness and health. Preregistration required. Call or email for information.

Broward.org/Parks

KIND KITES –

For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.

A learn to build and fly a kite program that focuses on enhancing motor skills and participation in a new recreation activity in the community.

Preregistration required. Call or email for information.

Contact Information:

Broward County Parks and Recreation Division, Special Populations Section and City of Plantation

**Location: Volunteer Park, Plantation
Special Populations – Phone: 954-357-8170/
8160**

TTY: 954-537-2844

**Email: SpecialPopulations@Broward.org
Broward.org/Parks
Plantation.org**

INTRODUCTION TO GARDENING –

For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.

A free program introducing a broad range of garden topics such as basic gardening skills, how to make a garden bed, choosing an ideal garden location, and more. Preregistration required. Call

Contact Information:

Broward County Parks and Recreation Division, Special Populations Section and City of Lauderdale Lakes

**Location: Lauderdale Lakes Children’s Community Garden, Lauderdale Lakes
Special Populations – Phone: 954-357-8170/
8160**

TTY: 954-537-2844

or email for information.

**Email: SpecialPopulations@Broward.org
Broward.org/Parks
Lauderdalelakes.org**

HANDCYCLES –

For ages 18 and up, with a physical disability.

Two handcycles, one recumbent, one upright, may be checked out on a first-come, first-served basis. Handcycles are for independent use within the park. 9 a.m. to 4 p.m. Call or email for details.

Contact Information:

**Broward County Parks and Recreation Division, Special Populations Section
Location: Central Broward Park and Broward County Stadium, Lauderdale
Phone: 954-357-5400; TTY: 954-537-2844
Email: CBRP@Broward.org
Broward.org/Parks**

KICKBALL –

**For ages 18 and up, with intellectual and or developmental disability,
Learn and develop skills for playing the sport of kickball while having fun!
Preregistration required. Call or email for details.**

Contact Information:

**Broward County Parks and Recreation Division, Special Populations Section
Location: Brian Piccolo Sports Park and Velodrome, Field # 7, Cooper City
Special Populations – Phone: 954-357-8170/8160
(TTY) 954-537-2844
Email:**

SpecialPopulations@Broward.org
www.Broward.org/Parks

MEGA SOCCER –
For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.
This program provides a unique way of playing the sport of soccer that will build on balance, hand eye coordination, gross and fine motor skills, and teamwork. Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Central Broward Park and Broward County Stadium, Lauderdale
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

MUSICAL EXPRESSIONS –
For ages 13 to 30, with an intellectual or developmental disability.
Express yourself and communicate with music by learning musical skills with various percussion instruments. Have fun and gain confidence as you learn rhythmic patterns and use vocals. Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Topeekeegee Yugnee (T.Y.) Park, Hollywood
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

NORDIC POLE WALKING –
For 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest.
This inclusive cardio and strength-based program will introduce participants to a simple, low-impact, and healthful walking activity.
Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Varies
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

SKILLS INTRODUCTION TO BASKETBALL –
For ages 13 to 25 and over, with an intellectual, developmental, and/ or physical disability.
A basics to basketball program that focuses on dribbling, shooting, passing, jumping, rebounding, and defense that will improve fine motor skills, encourage independence, and socialization with teammates.
Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Central Broward Park and Broward County Stadium, Basketball Court, Lauderdale
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

SPECIAL OLYMPICS LITTLE ELITES –
For ages 6 to 12, with an intellectual, developmental, and/ or physical disability.
A youth developmental sports program that focuses on expanding sport-specific skills for an array of sports while encouraging cooperation and socialization. Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and Special Olympics Florida
Location: Central Broward Park and Broward County Stadium, Lauderdale
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Specialolympicsflorida.org

TANDEM BIKE LEISURE RIDES –
For 18 and up, with a visual disability. For graduates of the Skill Development Program. Quarterly. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Varies
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

TANDEM BIKE – SKILL DEVELOPMENT –
For 18 and up, with a visual disability.

Contact Information:
Broward County Parks and Recreation

Learn basic biking skills, safety, bike mechanics, trust-building, and group riding etiquette, along with the opportunity for physical activity, fun, and socialization. Call or email for details.

**Division, Special Populations Section
Location: Varies
Special Populations – Phone: 954-357-8170 / 8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**TAKE THE STAGE! –
For ages 6 to 16, with intellectual, developmental, and/ or physical disability.
A free fun dance program. Participants will explore various styles and elements of dance with student volunteers assisting. Program focuses on rhythm, coordination, socialization, self-awareness, self-expression, and confidence. Offered Saturdays. Preregistration required. Call or email for details.**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
City of Plantation
Location: Plantation Central Park, Plantation
Special Populations – Phone: 954-357-8170/ 8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Plantation.org**

**WATER-SAFETY CLASSES –
For ages 6 months to 18, with an intellectual, developmental, physical,**

**Contact Information:
Broward County Parks and Recreation,
SWIM Central**

emotional, visual, and/ or hearing disability.
Broward County's chief coordinating agency for water-safety instruction and awareness. SWIM Central maintains the most comprehensive database in Florida, tracking every single swimming pool and program in the County.

Location: Various locations throughout Broward
Phone: 954-357-7946
Email: SWIMCentral@Broward.org
Broward.org/Parks

YOGA –
For 18 and up, with a visual disability. Group yoga instruction with postures adapted to individuals' abilities. Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Zoom
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

NAMI – FRIDAY NIGHT SOCIAL –
For ages 18 and up, living with mental illness.
Co-sponsored by National Alliance on Mental Illness, Broward County. DeeJay music, dancing, socializing, fun, and

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and National Alliance on Mental Illness, Broward County
Location: Tree Tops Park, Davie

more. Friday, September 23, 2022, from 7 p.m. to 9 p.m. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

**Special Populations – Phone: 954-357-8170/8160 or NAMI – Phone: 954-316-9907
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Namibroward.org**

**ADULT SOCIAL – “Fall Frolic” Dance – For ages 18 and up, with an intellectual, developmental, and/ or physical disability.
Deejay music, dancing, socializing, and fun, and more. Friday, October 7, 2022, from 7 p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Tree Tops Park, Davie
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**TEEN AND ADULT SOCIAL – “Western Hoedown” Dance – For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.
Deejay music, dancing, socializing, fun, and more. Friday, July 15, 2022, from 7**

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Tree Tops Park, Davie
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844**

p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

**Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**ADULT SOCIAL – “Winter Wonderland” Dance –
For ages 18 and up, with an intellectual, developmental, and/ or physical disability.
Deejay music, dancing, socializing, and fun, and more. Friday, January 2023, from 7 p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Tree Tops Park, Davie
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**TEEN AND ADULT SOCIAL – “Go Green” Dance –
For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.
Co-sponsored by the City of Tamarac.
Deejay music, dancing, socializing, fun, and more. Friday, July 15, 2022, from 7**

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and City of Tamarac
Location: Tamarac Community Center, Tamarac
Special Populations – Phone: 954-357-8170/8160**

p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

**TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Tamarac.org**

SPECIAL NEEDS BOWLING LEAGUE – For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. All levels of bowlers and experience are welcome. This program is about having fun, making friends, and social interaction with a little friendly competition. Registration required at Community Center prior to being accepted into program. Mondays from 5 p.m. to 7 p.m. August 22 through October 31. Call or email for details.

**Contact Information:
City of Coconut Creek Parks and Recreation
Location: AMF, Margate
Phone: 954-545-6670
Email: njeanlouis@coconutcreek.net
CoconutCreek.net/parks/special-needs**

SPECIAL NEEDS SPORTS FUN AND FITNESS – For ages 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. This program will include a variety of

**Contact Information:
City of Coconut Creek Parks and Recreation
Location: Coconut Creek Community Center, Coconut Creek
Phone: 954-545-6670
Email: njeanlouis@coconutcreek.net**

<p>sports and fitness activities. Call or email for details.</p>	<p>CoconutCreek.net/parks/special-needs</p>
<p>BOWLING – TBA – Contact to Confirm – For ages 10 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Preregistration required. Call or email for details.</p>	<p>Contact Information: City of Coral Springs Parks and Recreation Location: Sawgrass Lanes, Tamarac Phone: 954-345-2200 Email: DFutterman@CoralSprings.org CoralSprings.org</p>
<p>BOOGIE DOWN DANCES – TBA – Contact to Confirm – For all ages, with an intellectual, developmental, and/ or physical disability. Monthly themed dances with entertainment and refreshments. First Friday of the month. Direct supervision is not provided. Call or email for details.</p>	<p>Contact Information: City of Coral Springs Parks and Recreation Location: Sartory Senior Center in Mullins Park, Coral Springs Phone: 954-345-2200 Email: DFutterman@CoralSprings.org CoralSprings.org</p>
<p>FRIDAY-NIGHT DINNER CLUB – TBA – Contact to Confirm – For ages 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Engage in socialization in a restaurant</p>	<p>Contact Information: City of Coral Springs Parks and Recreation Location: Sartory Senior Center in Mullins Park, Coral Springs Phone: 954-345-2200 Email: DFutterman@CoralSprings.org</p>

**setting. Third Friday of the month.
Preregistration required. Call or email
for details.**

CoralSprings.org

**SATURDAY'S SOCIAL CLUB – TBA –
Contact to Confirm –
For ages 10 and up, with an intellectual,
developmental, and/ or physical
disability.
Fun-filled activity day including on-site
and off-site entertainment. Times and
cost vary. Preregistration required.
Participants must be self-sufficient. Call
or email for details.**

**Contact Information:
City of Coral Springs Parks and Recreation
Location: Varies
Phone: 954-345-2200
Email: DFutterman@CoralSprings.org
CoralSprings.org**

**CHAIR YOGA –
For ages 18 and up.
Includes gently stretching,
strengthening, and relaxing the body. It
provides benefits of regular Hatha yoga
from the comfort of a chair. This class
is perfect for individuals with mobility
limitations. Wednesdays from 11 a.m. to
12 p.m. and Saturdays from 11:15 a.m.
to 12:15 p.m. Call or email for details.**

**Contact Information:
City of Fort Lauderdale Parks and Recreation
Location: Beach Community Center, Fort
Lauderdale
Phone: 954-828-7275
Email: parksinfo@fortlauderdale.gov
FortLauderdale.gov**

FORT LAUDERDALE SHARKS – Wheelchair Basketball Team – For ages 16 and up, with a physical disability.
In collaboration with the Fort Lauderdale Sharks, competitive and recreational wheelchair basketball. Team is part of the National Wheelchair Basketball Association., All welcome to participate. Year round. Fridays at 6 p.m. and Sundays at 12 p.m. Call or email for details.

Contact Information:
City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Sharks
Location: Joseph C. Carter Park, Fort Lauderdale
Phone: 954-828-4511 or 954-303-6999
Email: parksinfo@fortlauderdale.gov or ftlsharks@gmail.com
FortLauderdale.gov
Ftlsharks.com

JR. FORT LAUDERDALE SHARKS – Prep and Juniors Wheelchair Basketball – For ages 6 to 13 and 14 to 17, with a physical disability.
In collaboration with the Jr. Fort Lauderdale Sharks, competitive and recreational wheelchair basketball. County and surrounding areas. All welcome to participate. Call or email for details.

Contact Information:
City of Fort Lauderdale Parks and Recreation
Location: Joseph C. Carter Park, Fort Lauderdale
Phone: 954-828-4511 or 954-303-6999
Email: parksinfo@fortlauderdale.gov or JuniorSharksBasketball@gmail.com
FortLauderdale.gov

TAI CHI –
For ages 18 and up.
A great low-impact workout to learn relaxing and cleansing techniques.
Virtually on Tuesdays and/ or Thursdays from 10 a.m. to 10:45 a.m. and in-person Wednesdays and/ or Fridays from 8:45 a.m. to 9:45 a.m. Call or email for details.

Contact Information:
City of Fort Lauderdale Parks and Recreation
Location: Beach Community Center, Fort Lauderdale
Phone: 954-828-7275
Email: parksinfo@fortlauderdale.gov
FortLauderdale.gov

WHEELCHAIR TENNIS PROGRAM –
For 18 and up, with a physical disability.
Learn how to play wheelchair tennis.
Free instruction and drills for all abilities and levels. Four specialized adult sport wheelchairs available. Every other Wednesday from 6:30 p.m. to 8:30 p.m. Call or email for details.

Contact Information:
City of Fort Lauderdale Parks and Recreation
Location: George English Tennis Center, Fort Lauderdale
Phone: 954-828-4620
Email: parksinfo@fortlauderdale.gov
FortLauderdale.gov

SPECIAL NEEDS SWIM LESSONS
Adaptive Aquatics –
For ages 6 months and up, with an intellectual, developmental, physical, and/ or hearing disability.
Group swim lessons for children with

Contact Information:
City of Hollywood Parks, Recreation and Cultural Arts
Location: Driftwood Community Pool, Hollywood
Phone: 954-967-4644

**disabilities. Adult must enter water with child. Registration required.
Call or email for session dates and details.**

**Email: CFernandez@HollywoodFL.org
HollywoodFL.org**

**ADULT SPECIAL NEEDS DANCES – TBA
– Contact to Confirm –
For ages 16 and up, with an intellectual, developmental, physical, and/ or emotional disability.
Enjoy a night of dancing, music, and socializing. Light snacks and drinks provided. Third Tuesday of the month.
Call or email for details.**

**Contact Information:
City of Hollywood Parks, Recreation and Cultural Arts
Location: Boulevard Heights Community Center, Hollywood
Phone: 954-967-4235
Email: PCook@HollywoodFL.org
HollywoodFL.org**

**ADULT SPECIAL NEEDS MOVIE – TBA –
Contact to Confirm –
For ages 16 and up, with an intellectual, developmental, physical, emotional, and/ or hearing disability.
Enjoy a movie and a light snack. On-going. Call or email for details and movie titles.**

**Contact Information:
City of Hollywood Parks, Recreation and Cultural Arts
Location: Boulevard Heights Community Center, Hollywood
Phone: 954-967-4235
Email: PCook@HollywoodFL.org
HollywoodFL.org**

**ADAPTIVE SWIM LESSONS –
For ages 6 months and up, with an**

**Contact Information:
City of Margate Parks and Recreation**

intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
One-on-one swim lessons for individuals unable to be independent in water.
Designed to increase swimming skills.
Preregistration required. By appointment.

Location: Calypso Cove Water Park, Margate
Phone: 954-974-4566
Email: CCove@MargateFL.com
MargateFL.com

SPECIAL OLYMPICS TRACK AND FIELD PRACTICE –
For ages 8 and up, with an intellectual or developmental disability.
In collaboration with Special Olympics Florida-Broward County. Athletes must meet Special Olympics eligibility requirements. Contact Special Olympics Florida-Broward County for details.

Contact Information:
City of Miramar Parks and Recreation and Special Olympics Florida-Broward County
Location: Ansin Sports Complex, Miramar
Phone: 954-262-2158
Email: michelleleonardo@sofl.org
(See Special Olympics Florida-Broward County)
MiramarFL.gov

SPECIAL OLYMPICS – AQUATICS PROGRAM –
For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
disability.

Contact Information:
City of Pembroke Pines Recreation and Cultural Arts/YMCA, Special Population Program
Location: Charter Central Pool, Pembroke Pines

In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes must know the basics of swimming and meet Special Olympics eligibility requirements. Swim stroke, skills, and competition practice. Call or email for details.

**Phone: 954-826-0800 or 954-727-9622
Email: JKneely@YMCASouthFlorida.org
PPines.com
YMCASouthFlorida.org**

**SPECIAL OLYMPICS FLAG FOOTBALL –
For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. disability.**

**Contact Information:
City of Pembroke Pines Recreation and Cultural Arts/YMCA, Special Population Program
Location: Town Gate Park, Pembroke Pines
Phone: 954-826-0800 or 954-727-9622
Email: JKneely@YMCASouthFlorida.org
PPines.com
YMCASouthFlorida.org**

In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes must meet Special Olympics eligibility requirements. Call or email for details.

**SPECIAL OLYMPICS SOCCER –
For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. disability.**

**Contact Information:
City of Pembroke Pines Recreation and Cultural Arts/YMCA, Special Population Program
Location: Pembroke Pines
Phone: 954-826-0800 or 954-727-9622**

In collaboration with Special Olympics

<p>Florida-Broward County and YMCA South Florida. Athletes must meet Special Olympics eligibility requirements. Call or email for details.</p>	<p>Email: JKneely@YMCASouthFlorida.org PPines.com YMCASouthFlorida.org</p>
<p>SPECIAL OLYMPICS TENNIS – For ages 8 and up, with a developmental, physical, emotional, visual, and/ or hearing disability. In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. All levels of players are welcome. Sign up individually or with family members and/ or companions. Call or email for more details.</p>	<p>Contact Information: City of Pembroke Pines Recreation and Cultural Arts/YMCA, Special Population Program Location: Pembroke Lakes Tennis Center, Pembroke Pines Phone: 954-826-0800 or 954-727-9622 Email: JKneely@YMCASouthFlorida.org PPines.com YMCASouthFlorida.org</p>
<p>WPPO MIRACLE LEAGUE BASEBALL – For ages 5 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. In collaboration with the West Pembroke Pines Optimists (WPPO). Played on an accessible field for individuals using wheelchairs and other walking devices. Parent or guardian</p>	<p>Contact Information: City of Pembroke Pines Recreation and Cultural Arts and West Pembroke Pines Optimists (WPPO) Location: Rose G. Price Park, Pembroke Pines Phone: 954-224-0835 Email: WestPinesMiracleLeague@gmail.com PPines.com</p>

must be present. Call or email for details.

LOVE SERVING AUTISM TENNIS PROGRAM –
For ages 5 to 18, with autism.
In collaboration with Love Serving Autism, a tennis program offering specialized therapeutic tennis instruction for individuals with Autism Spectrum Disorders and Developmental Challenges. Saturdays from 9 a.m. to 10 a.m. Call or email for details.

Contact Information:
City of Plantation Parks and Recreation and Love Serving Autism
Location: Frank Veltri Tennis Center - Plantation Central Park, Plantation
Phone: 954-513-3540
Email: DDebruyne@plantation.org or JRickey@plantation.org
Plantation.org
LoveServingAutism.org

PLANTATION ADAPTIVE "PAP" TENNIS PROGRAM –
For ages 7 to 17, and 18 and up, with a physical disability.
In collaboration with the Plantation Community Tennis Corporation and the United States Tennis Association (UTSA) Wheelchair Tennis Program. Tennis instruction and play for beginners to advanced wheelchair

Contact Information:
City of Plantation Parks and Recreation and Plantation Community Tennis Corporation
Location: Frank Velletri Tennis Center - Plantation Central Park, Plantation
Phone: 954-513-3540
Email: DDebruyne@plantation.org or JRickey@plantation.org
Plantation.org

players. All equipment provided. Four specialized adult sport wheelchairs and two youth sport wheelchairs available. First and third Thursday of the month from 6:30 p.m. to 9 p.m. Call or email for details.

**WATER AEROBICS –
For ages 18 and up, who have joint pain and/ or arthritis.
Warm-water exercises to promote flexibility and reduce joint pain and stiffness. Year round. Call for details.**

**AUTISM SWIMS –
For ages 5 to 18, with autism.
In collaboration with the Autism Foundation of Broward County. A free event, for youth with autism, to promote swimming and water safety. All abilities are welcome. Pool games, contests, and educational information.
Reservation required. Saturday, April 2023. Call or email for details.**

**Contact Information:
City of Pompano Beach
Location: Pompano Beach Aquatic Center,
Pompano Beach
Phone: 954-786-4128
PompanoBeachFL.gov**

**Contact Information:
City of Sunrise Leisure Services
Location: Sunrise Civic Center Aquatic Complex, Sunrise
Phone: 954-747-4618
Email: AHarris@sunrisefl.gov
SunriseFL.gov**

WHEELCHAIR BASKETBALL – "Sunrise Suns" –
For ages 16 and up, with a physical disability.
In collaboration with the Sunrise Suns. Professional team practice. Non team members welcome to experience wheelchair basketball and observe practices. Tuesdays and Thursdays from 5 p.m. to 7 p.m. Call or email for details.

Contact Information:
City of Sunrise Leisure Services and Sunrise Suns
Location: Village Multipurpose Center Gym, Sunrise
Phone: 954-578-3551 or 954-401-6970
Email: SunriseSuns1@gmail.com
SunriseFL.gov
SunriseSuns.com

211 – SPECIAL NEEDS RESOURCES –
For ages 0 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Free information and referrals to special needs resources, recreation, summer programs, and care coordination services. 211-broward.org.

Contact Information:
2-1-1 First Call for Help of Broward
24-hour helpline
Phone: 954-537-0211 or 2-1-1
211-Broward.org

12th MAN FOOTBALL AND CHEER CAMP –
For ages 3 and up, with an intellectual, developmental, physical, emotional,

Contact Information:
12th Man Football and Cheer Camp
Locations: Boca Raton and Miami
Phone: 305-970-6077

**visual, and/ or hearing disability.
A free one-day camp designed for those who because of a special need or disability have not had the opportunity to be involved in organized football or cheerleading. Date to be determined. Call or email for details.**

**Email: Twelfthmfcc@gmail.com
12thmanfcc.org**

**ANN STORCK CENTER ADVOCACY PROGRAM –
For ages 3 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. A program that offers support for education, transition, community resources, advocacy skills training, therapeutic services, and more. Must meet eligibility requirements. Call or email for details and eligibility.**

**Contact Information:
Ann Storck Center
Locations: Fort Lauderdale
Phone: 954-584-8000
Email: Advocacy@ascfl.org
Annstorckcenter.org**

**ABLE AFTER-SCHOOL PROGRAM –
For ages 3 to 21, with intellectual or developmental disability. Provides an enriched and specialized afterschool program for children with**

**Contact Information:
Arc Broward
Location: Sunrise
Phone: 954-746-9400
ARCBroward.com**

developmental disabilities and behavioral challenges. Social skills, physical fitness, cultural arts, recreation, case management, and nursing services. Monday to Friday from 1:30 p.m. to 6 p.m. Follows Broward County school calendar. Extended hours for early release and non-school days from 9 a.m. to 5 p.m. Call for details.

STEP – AFTER-SCHOOL PROGRAM – For ages 16 to 21, with an intellectual or developmental disability. Year-round program offering employability skills training for post-secondary education and workplace. Case management, career counseling, life skills training, community service learning, leadership development, prevention education, transition planning, and paid supported summer employment. Call for details.

ARTISTS WITH AUTISM –

**Contact Information:
Arc Broward
Locations: Varies throughout Broward County
Phone: 954-790-9342
ARCBroward.com**

Contact Information:

For ages 18 and up, with an intellectual, developmental, and/ or physical disability and autism.

Helps aspiring artists learn business skills and social skills by showing and selling their own artwork. Helps foster and encourage micro-enterprising and promote the artistic talents of persons with autism and other disabilities.

ARTy Party: A fun and social art class, taught by a professional artist. Call, email, or visit website for details.

BEST DAY FOUNDATION –

For ages 4 to 24 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Provides a fun day of aquatic and beach based safe, and fun activities that build confidence and self-esteem. If you can go to the beach, you can participate. Activities include tandem surfing, body

Artists With Autism – Training Gallery

Location: Festival Marketplace, Pompano Beach

Phone: 954-895-2786

Email: FlaGaL1106@gmail.com

ArtistsWithAutism.org

Contact Information:

Best Day Foundation, Florida Chapter

Location: Varies

Email: Info@BestDayFoundation.org or

hello@bestdayfoundation.org

BestDayFoundation.org

boarding, kayaking, stand-up paddling, games, and more. Beach wheelchairs and custom-built surf chairs available. Check website for updates. Registration required. Email for details.

BIT-BY-BIT THERAPEUTIC RIDING CENTER –
For ages 2 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Medical therapy providing physical, speech, and occupational therapy, with the use of a horse and/ or Hippotherapy, to meet medical goals.
Recreational Adaptive Riding Lessons for children and adults with special needs.
Horses for Heroes Veterans Program. Visit website for program information and application. Call or email for details.

Contact Information:
Bit-by-Bit Therapy
Location: Davie
Phone: 754-779-7888
Email: Info@BitbyBitTherapy.org
BitbyBitTherapy.org

SPECIALIZED SERVICES –
For children and adults, with an intellectual, developmental, emotional, and/ or physical disability.
Structured activities promoting skills building, learning, sensory integration and play, and independence. Call or email for details.

Contact Information:
Cadenza Center
Location: Hollywood
Phone: 954-925-3191
Email: Cadenzamtx@gmail.com
CadenzaCenter.com

M.O.S.T. AFTER-SCHOOL PROGRAM –
For ages 5 to 12, with a hearing disability.
Academic enrichment, physical fitness, art, field trips, social skills, and much more. Monday to Friday during the school year. Call or email for qualification requirements.

Contact Information:
Center for Hearing and Communication
Location: Peters Elementary School, Plantation
Phone: 954-601-1930, ext. 322
TTY: 954-601-1338
Email: GRosendo@CHCHearing.org
CHCHearing.org

STEP PROGRAM –
For ages 16 to 21, with a hearing disability.
Hands-on experiences designed to foster independence and improve social skills, communication, and employability skills. Art, culture, and

Contact Information:
Center for Hearing and Communication
Location: South Plantation High School, Plantation
Phone: 954-601-1930
TTY: 954-601-1338
Email: Jhickman@chchearing.org

<p>music activities included. During school year. Call or email for details.</p>	<p>CHCHearing.org</p>
<p>YOUTH FORCE PROGRAM – For ages 12 to 16, with a hearing disability. Academic enrichment, prevention education, life skills training, nutrition and fitness, cultural arts, community service projects, field trips, and more. During school year. Call or email for details.</p>	<p>Contact Information: Center for Hearing and Communication Location: South Plantation High School, Plantation Phone: 954-601-1930 TTY: 954-601-1338 Email: Jhickman@chchearing.org CHCHearing.org</p>
<p>CHALLENGER BASEBALL – For ages 5 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Modified baseball program allows boys and girls, with any disability, ages 5 to 21, to play baseball. "Buddies" help players so they can fully participate. Free to participate. Uniforms and equipment provided. Call or email for details.</p>	<p>Contact Information: Challenger Baseball Location: Teams throughout Broward County. Players can play on team closest to their home. Phone: 954-345-9329, 305-807-0078, or 407-595-3095 Email: ChallengerBroward@gmail.com ChallengerBaseballofBroward.com</p>
<p>COOPER CITY CHALLENGERS – TBA –</p>	<p>Contact Information:</p>

Contact to Confirm –
For young adults with special needs.
A social group for young adults with special needs. Offered for Cooper City residents only. Call or email for details.

Cooper City Challengers
Location: Cooper City Pool and Tennis Center, Cooper City
Email: WABFL@outlook.com

YOGA FOR CHILDREN WITH AUTISM AND SPECIAL NEEDS –
For children with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Level 1, 11-hour certification course to learn to teach yoga, effective communication techniques, and self-regulation skills with a curriculum for varied learning styles. In-person or via Zoom. Saturday, December 3 from 1:15 p.m. to 6:15 p.m. and Sunday, December 4 from 9 a.m. to 5 p.m. Space limited in studio. Call or email for details.

Contact Information:
Creative Relaxation® Yoga for Children
Location: Yoga Center, Deerfield Beach
Phone: 954-579-1604
Email: Louise@YogaforSpecialNeeds.com
YogaforSpecialNeeds.com

GIBORIM U –
For ages 6 and up with an intellectual, developmental, and/ or physical disability.

Contact Information:
David Posnack Jewish Community Center
Location: Davie

A program for children, teens, and adults with special needs that includes courses and classes in fitness, the arts, sports, reaction, life skills, and health and wellness. Monday to Friday and Sunday. Must be registered with Giborim U Program. Visit website for details, eligibility requirements, class offerings, and schedules.

Phone: 954-434-0499, ext. 326, or 954-434-0499, ext. 208
Email: AAbrams@dpjcc.org;
DLombard@dpjcc.org
giborimu.org
dpjcc.org

THERAPEUTIC HORSEBACK RIDING – For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Horseback riding for people with cognitive, physical, and emotional disabilities. Call or email for details.

Contact Information:
Equine-Assisted Therapies of South Florida
Location: Tradewinds Park North, Coconut Creek
Phone: 954-974-2007
Email: Program@equineatsf.org
equineatsf.org

EXCEPTIONAL FITNESS TM – For ages 5 and up, with an intellectual or developmental disability, and autism. Private, semi-private, group fitness, and Social Safety classes for individuals with ASD and other special needs. Call, text, or email for details.

Contact Information:
Exceptional Fitness Foundation
Location: Weston and various satellite locations
Phone: 954-815-1546
Email: info@ExceptionalFitness.org

**EXCEPTIONAL THEATER COMPANY -
“ETC” –**
**For ages 2 to 100, with an intellectual,
developmental, and/ or physical
disability.**
**Innovative theater arts program held at
various locations, days, and times.**
**Creative expression through
involvement in the arts and community
service, utilizing the power of theater.**
Year-round. Contact “ETC” for details.

**Contact Information:
Exceptional Theater Company (ETC)
Location: Pembroke Pines
Phone: 954-699-4096 or 954-980-0012
Email: info@ExceptionalTheaterCompany.org
Exceptionaltheathercompany.org**

SUPERVISED TRIPS AND VACATIONS –
**For ages 18 and up, with an intellectual
or developmental disability.**
**Vacation opportunities for individuals
with intellectual and developmental
disabilities and other special needs in a
safe environment that promotes
integration, socialization, friendship,
and fun. Call or email for details.**
**September 8 through 11, Washington,
DC. September 30 through October 3,
Bahamas Cruise, Miami Departure.**

**Contact Information:
Supervised Trips and Vacations
Location: Varies; all trips depart and return
locally
Phone: 561-852-0910
Email: rebeccah@exceptionalservices.com
Exceptional-Vacations.com**

October 20 through 23, Dude Ranch in River Ranch, FL. November 3 through 6, Busch Gardens, Tampa, FL. December 8 through 11, Disney World, Magic Kingdom, Epcot Center, and Disney's Christmas Celebration, Orlando, FL. December 29 through January 1, New Year at Universal Studios, Harry Potter and Islands of Adventure, Orlando, FL. January 16 through 20, Mexico Cruise, Miami Departure. February 23 through 26, Disney World, Magic Kingdom, and Hollywood Studios, Orlando, FL. March 9 through 12, Nashville, TN. March 31 through April 3, WrestleMania, Los Angeles, CA.

FRIENDSHIP CIRCLE –
For youth and teens with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
A variety of programs for those who have special needs. Call, email, or visit

Contact Information:
Friendship Circle of Southwest Broward
Location: Friendship Circle of Southwest Broward, Davie
Phone: 954-252-1770
Email: FriendshipCircleWB@gmail.com
Chabadswb.com

<p>website.</p>	
<p>FRIENDSHIP CIRCLE – For ages 6 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. A variety of programs for those who have special needs. Social, recreational, and educational experiences: Culinary Club, Life Skills, Teen Scene, Young Adult Circle, and much more. Call, email, or visit website.</p>	<p>Contact Information: Friendship Circle of Greater Fort Lauderdale Location: Friendship Circle of Greater Fort Lauderdale, Fort Lauderdale Phone: 754-800-1770 Email: Office@FriendshipFl.org FriendshipFl.org</p>
<p>THE FRIENDSHIP CIRCLE – For ages 0 to 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Recreation, sports, life skills programs, and special events. Dates, times, and locations vary. Call, email, or visit website.</p>	<p>Contact Information: Friendship Circle of North Broward and South Palm Beach Locations: Friendship Circle of North Broward and South Palm Beach, Parkland Phone: 954-970-9551 Email: FloridaFriendshipCircle@gmail.com FloridaFriendshipCircle.com</p>
<p>EXPRESSIONS THROUGH THE ARTS – For ages 14 and up, with an intellectual,</p>	<p>Contact Information: The Friendship Journey</p>

developmental, physical, emotional, visual, and/ or hearing disability.
An hour of free virtual programming with The Broward Center for the Performing Arts. Monday from 4 p.m. to 5 p.m. Register on website at thefriendshipjourney.org. Call, email, or visit website.

Location: Virtual
Phone: 954-247-4434
Email: hello@thefriendshipjourney.org
TheFriendshipJourney.org

FARM FRIENDS –
For ages 14 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
An hour of free virtual programming. Tuesday from 4 p.m. to 5 p.m. Register on website at thefriendshipjourney.org. Call, email, or visit website.

Contact Information:
The Friendship Journey
Location: Virtual
Phone: 954-247-4434
Email: hello@thefriendshipjourney.org
TheFriendshipJourney.org

FRIENDSHIPS + FUN WITH JFS –
For all ages 14 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
An hour of free virtual programming with Joshua’s Path. Wednesday from 4

Contact Information:
The Friendship Journey
Location: Virtual
Phone: 954-247-4434
Email: hello@thefriendshipjourney.org
TheFriendshipJourney.org

p.m. to 5 p.m. Register on website at thefriendshipjourney.org. Call, email, or visit website.

BE REMARKABLE –
For ages 14 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
An hour of free virtual programming.
Thursday from 4 p.m. to 5 p.m. Register on website at thefriendshipjourney.org. Call, email, or visit website.

AMERICAN SIGN LANGUAGE (ASL) –
For ages 14 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
An hour of free virtual programming.
Friday from 4 p.m. to 5 p.m. Register on website at thefriendshipjourney.org. Call, email, or visit website.

FITNESS TRAINING AND ADAPTIVE CROSSFIT –
For ages 13 and up, with an intellectual, developmental, physical, and/ or

Contact Information:
The Friendship Journey
Location: Virtual
Phone: 954-247-4434
Email: hello@thefriendshipjourney.org
TheFriendshipJourney.org

Contact Information:
The Friendship Journey
Location: Virtual
Phone: 954-247-4434
Email: hello@thefriendshipjourney.org
TheFriendshipJourney.org

Contact Information:
Garrett's Fight Foundation
Location: Various locations in Broward County

**hearing disability.
Get healthy and stay fit! Garrett's Fight Foundation strives to turn disabilities into abilities by making necessary modifications to training and finding ways to conquer one's limitations. Group and one-to-one fitness training, and physical skills training offered regardless of ability. Call or email for details.**

**Phone: 954-270-9746
Email: GarrettsFight@gmail.com
GarrettsFightFoundation.org**

**H.A.P.P.I. FARM – Horse And Petting Pal Interaction –
For ages 2 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Animal activities for children and adults with special needs. Therapeutic horseback riding, pony rides, farm tour, horticulture, music and art therapy, military veteran, and senior programs. \$10 for Petting Farm visit with pony or horse ride. Closed on Tuesday. Visit website for details.**

**Contact Information:
H.A.P.P.I. Farm
Location: Davie
Phone: 954-629-8133
Email: Happifarm@hotmail.com or
MarieLim@happifarm.org
happifarm.org**

JAFCO CHILDREN'S ABILITY CENTER –

For ages 4 to 22 and up, with an intellectual, developmental, and/ or physical disability.

Programs are held for twelve weeks.

Classes include:

Expressive Arts: Music Therapy; Artist's Workshop (Art); JAFCO Rising Stars (Drama Club); Picasso at Heart (Art); Sensory Play.

Fitness and Movement: Fun with Fitness; Basketball; Olympics, Here We Come! (Fitness); Buddies and Beats; Hip Hop; Move and Groove.

Social and Life Skills: Social Play and/ or Social Skills Junior; Teen Talk; Social Hangout; Social and Cooperative Games; Life Skills; Life Skills Junior.

Enrichment: Lego Club; Soccer Club; Lil' Iron Chefs (Cooking); S.T.E.M.; Future Top Chefs (Cooking).

Call or email for class schedule and registration requirements.

Contact Information:

JAFCO Children's Ability Center

Location: Sunrise

Phone: 954-315-8681

Email: Devin@jafco.org

jafco.org

BRIGHT BEGINNINGS AND EARLY INTERVENTION –
For ages 0 to 6, with a visual disability. A free developmental and support program for parents and children. Provides parents and caregivers tools to help their child reach critical developmental stages that are typically achieved through visual interaction with the world. Year-round. Monday to Friday and some Saturdays from 8 a.m. to 4 p.m. Call or email for details.

Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@lhob.org
lhob.org

THE DAVID AND JEAN COLKER KIDS PROGRAM –
For ages 5 to 13, with a visual disability. A free program to provide opportunities to learn age-appropriate, safe outdoor travel, computer and other high-tech devices, cooking, and self-care techniques. Year-round. Meets school holidays and two Saturdays a month from 9 a.m. to 3 p.m. Call or email for details.

Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@lhob.org
lhob.org

TEEN LIFE –

For ages 14 to 21, with a visual disability.

A free program to provide independence and life-planning after high school including college and job preparation, indoor/outdoor mobility, technology skills and more. Year-round. Meets school holidays and two Saturdays a month from 9 a.m. to 3 p.m. Call or email for details.

Contact Information:

Lighthouse of Broward

Location: Fort Lauderdale

Phone: 954-463-4217, ext. 140

Email: FBrutus@lhob.org

lhob.org

FIT 4 LIFE –

For ages 18 and up, with an intellectual or developmental disability.

A weekly fitness and wellness program that encourages exercise and healthy eating habits in a fun and social atmosphere. Saturdays from 9 a.m. to 12:30 p.m. Registration required.

Contact Information:

Living Inclusively for Everyone Inc. (LIFE)

Location: Plantation

Phone: 954-817-4742

Email: LifeFlorida@gmail.com

Life-Florida.org

**ADAPTIVE SPORTS AND RECREATION
ADAPTIVE SPORTS ZOOM SOCIALS**

–

For all ages, with a physical disability.

Contact Information:

Memorial Rehabilitation Institute

Location: Zoom

Phone: 954-518-5573

<p>Virtual meeting about setting goals for healthy lifestyles and routines. Second Friday of the month from 4 p.m. to 4:45 p.m. Call or email for details.</p>	<p>Email: RShipman@mhs.net https://www.mhs.net/services/rehabilitaiton/treatments/types/adaptive-sports</p>
<p>9 MUSES DROP-IN CENTER – For ages 18 and over, living with mental illness. All are welcome. Activity program for adults recovering from mental illness and/ or substance abuse focusing on the arts. Drawing, painting, ceramics, clay, and music. Call or email for details.</p>	<p>Contact Information: Mental Health Association of Southeast Florida Location: 9 Muses Drop-In Center, Lauderhill Phone: 954-746-2055 Email: Chris@mhasefl.org or info@mhasefl.org 9musesartcenter.org mhasefl.org</p>
<p>HOPE YOUNG ADULT GROUP - Healthy, Optimistic People Enjoying Life – For ages 18 to 35, living with mental illness. Fun, social, and supportive activities for young adults living with mental illness. Third Friday of the month from 2 p.m. to 3 p.m. Call or email for details.</p>	<p>Contact Information: National Alliance on Mental Illness, Broward County Location: Varies Phone: 954-316-9907 Email: NamiBroward@gmail.com NamiBroward.org</p>
<p>WHEELCHAIR SPORTS – For ages 18 and up, with a physical</p>	<p>Contact Information: Paralyzed Veterans of America, Florida</p>

disability.
Variety of recreation and sports opportunities. Call or email for details.

Chapter
Location: Varies
Phone: 954—565-8885
Email: Pvaf@aol.com
pvaf.org

PARKLAND BUDDY SPORTS PROGRAM
—
For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Recreational sports programs for all children with special needs. Student volunteers "Buddies" and children with special needs are paired together to educate and empower each other. Visit the website for details and each sports' contact person. Registration required.
FLAG FOOTBALL: August to October.
Saturdays at 3:15 p.m., at Pine Trails Park
RUNNING: October to November.
Sundays from 10:30 a.m. to 11:30 a.m., at Terramar Park.

Contact Information:
Parkland Buddy Sports Inc.
Locations: Parkland Country Club (PCC), Parkland
Pine Trails Park (PT), Parkland
Terramar Park (T), Parkland
Email: Info@ParklandBuddySports.com
ParklandBuddySports.org

**SOCCER: November to December.
Saturdays from 3:15 p.m. to 4:30 p.m.,
at Pine Trails Park.**

**BASKETBALL: Months to be determined.
Sundays at 11:30 a.m., at Terramar
Park.**

**YOGA: January to March. Day to be
determined at 4:30 p.m., at Pine Trails
Park.**

**GOLF: March to April. Wednesdays from
3:15 p.m. to 5:30 p.m., at Parkland
Country Club.**

**TENNIS AND PICKLEBALL: March to
May. Sundays at 10:20 a.m., at Terramar
Park.**

**KICKBALL: June to August. Saturdays
at 10:15 p.m., at Pine Trails Park.**

**PAL DYNAMITE – Plantation Athletic
League Dynamites –
For all ages with intellectual,
developmental, physical, emotional,
visual, and/ or hearing disability.
Year-round programs, sports, and**

**Contact Information:
Plantation Athletic League
Location: Varies
Phone: 954-270-4455 (Call or Text after 3
p.m.)
Email: Imagineluz3d@gmail.com or**

activities. No age limit and never too late to register. Activities every Wednesday, Friday, and Saturday. Sports are \$20 per season. Friday Social Events are \$2 each. Call, text, or email for details.

SPECIAL EVENTS: A variety of events throughout the year on the first and fifth Friday of the month.

BINGO: Second Friday of month at 7 p.m., at the Jim Ward Community Center in Plantation.

MOVIES AND SOCIAL: Third Friday of month at 7 p.m., at the Jim Ward Community Center in Plantation.

DANCES: Fourth Friday of month at 7:30 p.m., at the Jim Ward Community Center in Plantation. \$2. (No dances in November and December).

SOCCKER: Saturdays, in the fall, at Pine Island Park in Plantation.

BASKETBALL: Wednesdays, in the summer, indoors while school is out.

**Dynamitescommissioner@palsports.org
leaguelineup.com/PlantationDynamites**

SOFTBALL and/ or TEE BALL: Saturdays, in the spring, at Pop Travers Park in Plantation.

BOWLING: Saturdays, year-round. Check website for details.

GALA: Annual free party, the second Friday of December, including Santa, dinner, and surprises.

PICNIC: Annual picnic the first week in November at Pine Island Park. Under the big tents, rain or shine.

ADULT DAY PROGRAM –
For ages 18 and over, with an intellectual or developmental disability. A daily enrichment program including life skills, recreation, functional academics, community participation, field trips, physical wellness, and more. Call or email for details.

Contact Information:
Schott Communities
Location: Cooper City
Phone: 954-434-3306
Email: DSilverman@SchottCommunities.org
SchottCommunities.org

SATURDAY ADULT ENRICHMENT PROGRAM –
For ages 18 and over, with an intellectual, developmental, and/ or

Contact Information:
Schott Communities
Location: Cooper City
Phone: 954-434-3306

physical disability.
Spend time with Best Buddies and other teen volunteers, playing games, making crafts, dancing, and having fun.
Saturdays from 10 a.m. to 2 p.m. Call or email for details.

Email: DSilverman@SchottCommunities.org
SchottCommunities.org

SHAKE-A-LEG MIAMI –
For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
A unique lineup of adaptive water sports. Sailing, water sports instruction, fishing, physical conditioning, veterans and vocational programs, group programs, camps, special events, and more. Call for details

Contact Information:
Shake-A-Leg Miami
Location: Miami
Phone: 305-858-5550
ShakeALegMiami.org

SPECIAL OLYMPICS FLORIDA – BROWARD COUNTY –
For ages 8 and up, with an intellectual or developmental disability.
Free year-round sports training and competition in more than 20 sports for all skill levels. Call or email for details.

Contact Information:
Special Olympics Florida – Broward County
Location: Multiple locations within Broward County
Phone: 954-262-2158
Email: michelleleonardo@sofl.org
SpecialOlympicsFlorida.org/broward

**SPECIAL OLYMPICS
LITTLE ELITES PROGRAM –**
For ages 6 to 12, with an intellectual or developmental disability.
A sports program that bridges the gap between Young Athletes (ages 2 to 7) and competitive Special Olympics sports. Training offered in various sports. Call or email for details.

Contact Information:
Special Olympics Florida – Broward County
Location: Multiple Locations in Broward County
Phone: 305-406-9467
Email: markthompson@sofl.org
SpecialOlympicsFlorida.org/broward

**SPECIAL OLYMPICS
MOTOR ACTIVITY TRAINING PROGRAM (MATP) –**
For ages 2 and up, with an intellectual or developmental disability.
Program designed for athletes with severe disabilities whose physical and/or behavioral limitations preclude participation in traditional Special Olympics team and individual sports. Aids in improving basic motor skills. Call or email for details.

Contact Information:
Special Olympics Florida – Broward County
Location: Multiple Locations in Broward County
Phone: 305-406-9467
Email: markthompson@sofl.org
SpecialOlympicsFlorida.org/broward

**SPECIAL OLYMPICS
YOUNG ATHLETES PROGRAM (YAP) –**

Contact Information:
Special Olympics Florida – Broward County

**For ages 2 to 7, with an intellectual or developmental disability.
An innovative sports play program that focuses on fundamental motor tracking, eye-hand coordination, and developing skills consistent with Special Olympics sports. Call or email for details.**

**Location: Multiple Locations in Broward County
Phone: 305-406-9467
Email: markthompson@sofl.org
SpecialOlympicsFlorida.org/broward**

**SPLASH PALS ADAPTED AQUATICS – TBA – Contact to Confirm
For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Therapeutic swimming and aquatic recreation. Program focuses on swimming, exercise, social interaction, and play. Year-round. Call or email for details.**

**Contact Information:
Splash Pals, Inc.
Locations: Davie and Boca Raton
Phone: 561-419-6709
Email: SplashPals@gmail.com
SplashPals.com**

**SUPPORTABILITIES ADAPTIVE BOXING –
For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
An inclusive, non-contact boxing fitness**

**Contact Information:
Supportabilities Foundation
Location: Varies
Phone: 518-312-7936
Email:
JZilinkas@SupportabilitiesFoundation.org**

<p>program for all ages and abilities. Offered in small groups. Call or email for details.</p>	<p>SupportabilitiesFoundation.org</p>
<p>SUPPORTABILITIES FITNESS AND TRAINING – For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. A one-to-one program designed to meet the individual goals and needs of each participant. Offered in-person and remote. Call or email for details.</p>	<p>Contact Information: Supportabilities Foundation Location: Varies Phone: 518-312-7936 Email: JZilinkas@SupportabilitiesFoundation.org SupportabilitiesFoundation.org</p>
<p>SUPER STAR GYMNASTICS – For ages 5 and up, with an intellectual or developmental disability. Gymnastic classes for youth with autism and related disorders. Parent, child, and/ or youth classes. Saturdays from 9 a.m. to 10 a.m. Call or email for details.</p>	<p>Contact Information: TAG USA Gymnastics Location: Weston Phone: 954-384-9393 Email: Classes@tagusagymnastics.com taggymnastics.com</p>
<p>MOST AFTER-SCHOOL PROGRAM – For ages 3 to 22, with an intellectual, developmental, and/ or physical</p>	<p>Contact Information: United Community Options of South Florida Locations: Fort Lauderdale and Pompano</p>

**disability.
Structured after-school program.
Academic and cultural arts experiences
that develop and strengthen
performance skills. Monday to Friday
from 2 p.m. to 6 p.m. Two locations. Call
for details.**

**Phone: 954-315-4058
UnitedCommunityOptionssfl.org**

**S.T.E.P. PROGRAM –
For ages 16 to 21, with an intellectual,
developmental, and/ or physical
disability.
Hands-on experiences designed to
foster independence and improve social
skills, communication, and
employability skills for post-secondary
education, training, and employment.
During school year at six locations. Paid
summer internships. Call for details.**

**Contact Information:
United Community Options of South Florida
Locations: Various locations throughout
Broward County
Phone: 954-315-4053
UnitedCommunityOptionssfl.org**

**SOCIAL AND RECREATION GROUP –
For ages 22 and up, with an
intellectual, developmental, physical,
visual, and/ or hearing disability.
A wide variety of weekly activities,**

**Contact Information:
Victory Living Programs
Locations: Various locations throughout
Broward County
Phone: 954-616-1074**

group outings, and events that promote socialization, an active lifestyle, and fun. Call or email for details.

**Email: activities@victoryliving.org
VictoryLiving.org**

WE ROCK THE SPECTRUM KIDS' SENSORY GYM –
For all ages, with an intellectual, developmental and/ or physical disability, autism, and special needs. We Rock the Spectrum Kids' Gym provides children of all abilities with a fun and motivational environment to enhance in the areas of strength, movement, sensory processing, communication, behavior modification, social interaction, and self-care skills. Inclusive environment with unique pieces of sensory equipment that is specifically designed for children with sensory processing disorders. Call or email for details.

Contact Information:
We Rock the Spectrum Kids Gym
Location: Davie
Phone: 754-216-2153
**Email: Info@WeRocktheSpectrumDavie.com
WeRocktheSpectrumDavie.com**

AYSO VIP PROGRAM –
For ages 4 and up, and adults, with an intellectual, developmental, physical,

Contact Information:
Weston American Youth Soccer Organization (AYSO), Region 644

emotional, visual, and/ or hearing disability.
Provides a free quality soccer experience for children and adults whose physical or mental disabilities make it difficult to successfully participate on mainstream teams.
Sundays from 11:00 a.m. to 12:15 p.m.
Email for details.

Location: Weston Regional Park, Field # 4, Weston
Email: MarkDaleKotler@yahoo.com
ayso644.org – click on Programs, then VIP

WESTON MIRACLE LEAGUE – TBA – Contact to Confirm –
For all ages with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
“EVERY CHILD DESERVES A CHANCE TO PLAY BASEBALL”
Provides an opportunity for children and young adults with disabilities to play Miracle League Baseball, regardless of their abilities. Sundays from 4 p.m. to 5 p.m. Call or email for details.

Contact Information:
Weston Miracle League
Location: Rose G. Price Park, Pembroke Pines
Phone: 954-278-5619
Email: wmlfl@aol.com
WestonMiracleLeague.com

**YMCA ADAPTIVE/MODIFIED
BASKETBALL –**

For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

An inclusive program for children through adults. Each participant is paired with a volunteer who works with them each session.

Participants develop sports and social skills while increasing self-confidence and healthy lifestyle habits. Call or email for details.

Contact Information:

YMCA of South Florida

Location: Pembroke Pines

Phone: 754-312-4121 or 954-623-5555, ext. 1211

**Email: JKneely@YMCASouthFlorida.org
YMCASouthFlorida.org**

**YMCA ADAPTIVE/MODIFIED
VOLLEYBALL –**

For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

An inclusive program for children through adults. This inclusive program pairs each participant with a volunteer who works with them each session.

Participants develop sports and social

Contact Information:

YMCA of South Florida

Location: Pembroke Pines

Phone: 754-312-4121 or 954-623-5555, ext. 1211

**Email: JKneely@YMCASouthFlorida.org
YMCASouthFlorida.org**

skills while increasing self-confidence and healthy lifestyle habits. Call or email for details.

YMCA FUN RUN SERIES –
For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
An inclusive program for children through adults. Each participant is paired with a volunteer who works with them each session. Participants develop sports and social skills while increasing self-confidence and healthy lifestyle habits. Call or email for details.

Y MOST PROGRAM –
For ages 4 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Structured recreation program during school days that closely mirror typical afterschool or summer programs. Non-school day mini camps. Call or email for details.

Contact Information:
YMCA of South Florida
Location: Pembroke Pines
Phone: 754-312-4121 or 954-623-5555, ext. 1211
Email: JKneely@YMCASouthFlorida.org
YMCASouthFlorida.org

Contact Information:
YMCA of South Florida
Location: Call for locations
Phone: 954-623-5555
Email: TSpitler@YMCASouthFlorida.org
YMCASouthFlorida.org

S.T.E.P. PROGRAM –
For ages 16 to 22, with an intellectual, developmental, and/ or physical disability.
An afterschool program that focuses on exploring post-secondary career and educational interests. Supported summer employment and/ or volunteer opportunities. Call for details.

Contact Information:
YMCA of South Florida
Locations: Call for locations
Phone: 954-623-5555
YMCASouthFlorida.org

YMCA SWIM BUDDIES –
For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
An inclusive program for children through adults. Each participant is paired with a volunteer who works with them each session. Promotes aquatic skill development, family involvement, and social skills while increasing self-confidence and healthy lifestyle habits. Call or email for details.

Contact Information:
YMCA of South Florida
Locations: Pembroke Pines and Weston
Phone: 754-312-4121 or 954-623-5555, ext. 1211
Email: JKneely@YMCASouthFlorida.org
YMCASouthFlorida.org

YOUNG AT ART MUSEUM –
For all ages and abilities.

Contact Information:
Young at Art Museum, Now Gallery

YAA's mission is to enrich our community through artistic, interactive experiences for all ages which inspire creativity and encourage an understanding of the world in which we live. Sensory Bags available. Social Narrative and Sensory Map provide on website. Wednesday to Sunday from 11 a.m. to 6 p.m. \$10 admission per person. Call or email for details.

**Location: Westfield Broward Mall – across from Paul Mitchell School and next to Lens Crafters and Champs, Plantation
Phone: 954-424-0085
Email: info@youngatartmuseum.org or marketing@youngatartmuseum.org
www.youngatartmuseum.org**

**YAA FOR ALL: SENSORY SATURDAYS
For all ages and abilities.
Celebrate inclusivity through art! All are welcome to come and connect with families and friends. Hang with our paw pal therapy dogs from the Broward Humane Society. Make art with us and get resources from UM-NSU CARD our autism friendly partner. Every second Saturday of the month. Call or email for details.**

**Contact Information:
Young at Art Museum, Now Gallery
Location: Westfield Broward Mall – across from Paul Mitchell School and next to Lens Crafters and Champs, Plantation
Phone: 954-424-0085
Email: info@youngatartmuseum.org or marketing@youngatartmuseum.org
www.youngatartmuseum.org**

COUNTY AND MUNICIPAL PROVIDERS

Broward County and City Contact Information and Access Features

There are 31 municipalities in Broward County, Florida. Most of the municipalities have their own independent park and recreation agencies that offer year-round recreation and leisure opportunities, park facilities, and amenities. For information on a particular park and recreation agency's programs and/or facilities, contact that municipal agency directly.

Playgrounds refer to the variable level of accessibility or usability for each playground noted under the access features.**

BROWARD COUNTY PARKS AND RECREATION DIVISION –

<https://www.broward.org/parks>

Special Populations Section – Phone: 954-357-8170 or 954-357-8160, or TTY: 954-537-2844

POOLS AND/OR WATER PLAYGROUNDS:

• C.B. Smith Park – Phone: 954-357-5170. Address: 900 North Flamingo Road, Pembroke Pines.

Water playgrounds with sloped entry, aquatic wheelchair, and Lazy River with lift.

• Central Broward Park – Phone: 954-357-5400. Address: 3770 Northwest 11th Place, Lauderhill.

Pool with lift, sloped entry, aquatic wheelchair, and water playground with

sloped entry, aquatic wheelchair.

• **Quiet Waters Park – Phone: 954-357-5100. Address: 401 South Powerline Road, Deerfield Beach.**

Water playground with sloped entry, aquatic wheelchair.

• **Topeekeegee Yugnee (T.Y.) Park – Phone: 954-357-8811. Address: 3300 North Park Road, Hollywood.**

Pool with lift, sloped entry, aquatic wheelchair, and water playground with sloped entry, aquatic wheelchair.

Splash Pad at Miramar Pineland Park: 3600 South University Drive, Miramar.

PLAYGROUNDS**

COCONUT CREEK PARKS AND RECREATION DEPARTMENT –

<https://www.coconutcreek.net/parks-and-recreation>

Wayne K. Tobey, Director – Phone: 954-545-6670, or Recreation Complex – Phone: 954-956-1580

PLAYGROUNDS**

COOPER CITY RECREATION DEPARTMENT –

<http://www.coopercityfl.org/parksandrecreation>

Stacie Weiss, Recreation Director – 954-434-4300, ext. 295, or Jill Ankney, Aquatic Specialist – Phone: 954-434-4300, ext. 400

POOL:

• **Cooper City Pool and Tennis Center – Phone: 954-436-7300. Address: 11600**

Stonebridge Parkway. Pool with lift.

PLAYGROUNDS**

CORAL SPRINGS PARKS AND RECREATION –

<https://www.coralsprings.org/parks>

Robert Hunter, Recreation Director: 954-345-2200

POOLS:

- **Mullins Park: Phone: 954-345-2170. Address: 10000 Northwest 29th Street. One (1) pool with lift and one (1) pool with zero-depth entry.**
- **Coral Springs Aquatic Center – Phone: 954-345-2121. Address 12441 Royal Palm Boulevard. Pool with lift.**
- **Cypress Water Park – Phone: 954-345-2109. Address: 1300 Coral Springs Drive. Pool with lift and Activity Pool with zero-depth entry.**

PLAYGROUNDS**

DANIA BEACH PARKS AND RECREATION DEPARTMENT –

<https://www.daniabeachfl.gov/273/parks-recreation>

Eric Brown, Recreation Director – Phone: 954-924-6800, ext. 3730

POOLS:

- **Patrick J. Meli Park Aquatic Center – Phone: 954-985-4400. Address: 2901 Southwest 52nd Street. Pool with lift.**
- **C.W. Thomas Park – Phone: 954-924-3692. Address: 100 Northwest 8th Avenue. Pool with lift.**

ROPES COURSE (low and high course) – Tigertail Lake Recreation Center – Phone: 954-201-4500. Address: 580 Gulfstream Way.

BEACH ACCESS – Phone: 954-924-3696. Address: 100 North Beach Road. Access from parking to chickee hut on beach, picnic area, and restroom.

PLAYGROUNDS**

DAVIE PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –

<https://www.davie-fl.gov/235/parks-recreation-cultural-arts>

Administrative Offices: Phone: 954-797-1146

POOLS:

• **Davie Pine Island Park Pool – Phone: 954-327-3926. Address: 3800 Southwest 92nd Avenue. Pool with ramp.**

• **Betty Booth Roberts Park – Phone: 954-797-6716. Address: 4200 Southwest 61st Avenue. Pool with lift.**

Splash Pad at Shenandoah Park – Address: 14601 Southwest 14th Street.

PLAYGROUNDS **

DEERFIELD BEACH PARK AND RECREATION DEPARTMENT -

<https://www.deerfield-beach.com/39/parks-recreation>

Administrative Offices: 954-480-4433

POOL:

• **Deerfield Beach Aquatic Center – Phone: 954-420-2262. Address: 501 Southeast 6th Avenue. Pool with lift, zero-depth entry, and water wheelchair.**

BEACH ACCESS – Phone: 954-480-4412. BEACH CONDITIONS – Phone: 954-480-4413 (recorded daily).

North Beach: 130 Northeast 21st Avenue. Pier, boardwalk, and beach wheelchair available at Lifeguard Station #3, located at Hillsboro Boulevard and Southeast 21st Avenue.

North Beach Pavilion – Address: 314 Northeast 21st Avenue. Walkway to sand. Splash pad water feature at Sullivan Park. Address: 1700 Riverview Road.

PLAYGROUNDS**

FORT LAUDERDALE PARKS AND RECREATION DEPARTMENT –

<https://www.parks.fortlauderdale.gov>

Phil Thornburg, Recreation Director – Phone: 954-828-7275, or Matthew Cobb, ADA Coordinator – Phone: 954-828-6510 or Susan Riestra, ADA Event Coordinator – Phone: 954-828-4612

POOLS:

- **Fort Lauderdale Aquatic Complex – Phone: 954-828-4580. Address: 501 Seabreeze Boulevard. Pool with lift.**
- **Croissant Park – Phone: 954-828-6156. Address: 245 West Park Drive. Pool with ramp, water wheelchair, and Water Playground with lift, zero-depth entry, and water wheelchair.**
- **Lauderdale Manors – Phone: 954-828-5412. Address: 1340 Chateau Park Drive. Pool with lift and Water Playground with zero-depth entry.**
- **Riverland Park – Phone: 954-828-5322. Address: 950 Southwest 27th Avenue.**

Pool with lift, ramp, water wheelchair, and Water Playground with zero-depth entry and water wheelchair.

• **Bass Park – Phone: 954-828-6019. Address: 2750 Northwest 19th Street. Pool with lift and steps.**

• **Joseph C. Carter Park – Phone: 954-828-5407. Address: 1450 West Sunrise Boulevard. Pool with lift, steps, and Water Playground with zero-depth entry.**

• **Sunrise Middle School – Phone: 954-721-1018. Address: 1750 Northeast 14th Street. Pool with ramp and water wheelchair.**

BEACH ACCESS – Phone: 954-828-4595. Beach wheelchair at Sebastian Street Lifeguard Station. Playground, restrooms, shower, and parking located at Sebastian Street at A1A.

Splash pad at Osswald Park – Address: 2220 Northwest 21st Avenue.

PLAYGROUNDS **

HALLANDALE BEACH PARKS AND RECREATION, AND OPEN SPACES

DEPARTMENT - <https://www.hallandalebeachfl.gov/25/parks-recreation-and-open-spaces>

Cathie Schanz, Recreation Director – Phone: 954-457-1452

POOL:

• **B.F. James Pool – Phone: 954-457-1321. Address: 777 Northwest 1st Avenue. Pool with lift and zero-depth entry.**

BEACH ACCESS – Hallandale Ocean Rescue – Phone: 954-362-9198.

Beach access mats located at: South City Beach Park – Address: 1870 South Ocean Drive and North City Beach Park, 111 South Surf Road.

Beach wheelchairs available at Towers 1 and 2 on a first-come, first-serve basis.

PLAYGROUNDS **

HOLLYWOOD DEPARTMENT OF PARKS, RECREATION AND CULTURAL ARTS -

<https://www.hollywoodfl.org/97/parks-recreation-cultural-arts>

Ricky Engle, Recreation Director – Phone: 954-921-3404, or Brenda Samuels, Program Supervisor – Phone: 954-921-3408

POOL:

• Driftwood Community Pool – Phone: 954-967-4644. Address: 3000 North 69th Avenue. Pool with lift, zero-depth entry, and handrails – heated.

BEACH ACCESS – Phone: 954-921-3423. BEACH CONDITIONS – Phone: 954-921-3334. Beach wheelchairs may be reserved on a first-come, first-serve basis at Michigan Street. Mobi-Mat access located at eight (8) points along beach: Carolina Street, Connecticut Street, Johnson Street, New York Street, Tyler Street, Harrison Street, Oregon Street, and between Iris Terrace and Magnolia Terrace.

PLAYGROUNDS**

LAUDERDALE-BY-THE-SEA PARKS AND RECREATION -

<https://www.lauderdalebythesea-fl.gov/169/parks-beach-portals>

General Information – Phone: 954-640-4232

BEACH ACCESS – Phone: 954-640-4200. Beach wheelchair available. Seven (7) points of beach access via sidewalk flush with sand or beach entry. Mobi Mat entry to the beach at El Prado Park.

LAUDERDALE LAKES PARKS AND HUMAN SERVICES DEPARTMENT –

<http://www.lauderdalelakes.org/133/Parks-Human-Services>

Treasa Brown-Stubbs, Parks and Human Services Director – Phone: 954-535-2785

POOL:

- **Lauderdale Lakes Pool – Phone: 954-733-6283. Address: 3077 Northwest 39th Street. Pool with zero-depth entry, and water wheelchair – heated.**

PLAYGROUNDS**

LAUDERHILL PARKS AND LEISURE SERVICES –

<https://www.lauderhill-fl.gov/parks-recreation>

Scott Newton, Recreation Director – Phone: 954-730-3084, or Brian Picinic, Deputy Director – Phone: 954-572-1478, or Aquatics – Phone: 954-572-1462

POOL:

- **John E. Mullin Park and Lauderdale Aquatic Center – Phone: 954-486-8450. Address: 2000 Northwest 55th Avenue.**
- **Veterans Park – Phone: 954-572-1459. Address: 7600 Northwest 50th Street. Pool with ramp.**
- **Wolk Park – Phone: 954-321-2466. Address: 1080 Northwest 42nd Way.**

PLAYGROUNDS**

LIGHTHOUSE POINT RECREATION DEPARTMENT –

<https://www.lighthousepoint.com/176/recreation>

Becky Word, Recreation Director – Phone: 954-784-3439

PLAYGROUNDS **

MARGATE PARKS AND RECREATION DEPARTMENT –

<https://www.margatefl.com/211/parks-and-recreation>

Michael A. Jones, Recreation Director – Phone: 954-972-6458

POOL:

- **Calypso Cove Water Park – Phone: 954-974-4566. Address: 6200 Royal Palm Boulevard. Pool with lift and Water Playground with zero-depth entry.**

PLAYGROUNDS**

MIRAMAR PARKS AND RECREATION DEPARTMENT –

<https://www.miramarfl.gov/1726/parks-recreation>

Elizabeth Valera, Recreation Director – Phone: 954-602-3175, or Administration –

Phone: 954-602-3172

POOLS:

- **Miramar Aquatic Complex – Phone: 954-602-3367. Address: 6920 Southwest 35th Street. Pool with lift and ramp and Wading Pool with zero-depth entry.**
- **Miramar Regional Aquatic Complex – Phone: 954-883-6955. Address: 16801 Miramar Parkway. Pool with lift and ramp and Water Playground with zero-depth entry.**

PLAYGROUNDS**

NORTH LAUDERDALE PARKS AND RECREATION DEPARTMENT –

https://www.nlauderdale.org/departments/parks_and_recreation/

Montoya Langham, Interim Recreation Director – Phone: 954-597-7601, or

Aquatics – Phone: 954-724-7061

POOL:

• Jerry Resnick Aquatic Center – Phone: 954-724-7063. Address: 701 Southwest 71st Avenue. Pool with lift – heated and Water Playground.

PLAYGROUNDS**

OAKLAND PARK PARKS AND LEISURE SERVICES DEPARTMENT –

<https://www.oaklandparkfl.gov/195/parks-leisure-services>

Brad Ostroff, Interim Director – Phone: 954-630-4344, or General Information –

Phone: 954-630-4500

CANOE AND/OR KAYAK LAUNCH – J. Dewey Hawkins Landing – Address:

Northeast 12th Terrace and 30th Court.

PLAYGROUNDS**

PARKLAND PARKS AND RECREATION DIVISION –

<https://www.cityofparkland.org/108/parks-and-recreation>

Bruno Battel, Parks and Recreation Manager – Phone: 954-757-4104, or Scott

Harrison, Assistant Director – Phone: 954-757-4131

**City facilities equipped with QR code to sensory maps and social scripts.
Available at <https://cityofparkland.org/Autismfriendly>.**

PLAYGROUNDS**

Pines Trails Park Playground – Phone: 954-757-4104. Address: 10559 Trails End. Playground with ramps, wheelchair access, and wheelchair accessible features.
Terramar Park Playground – Phone: 954-757-4105. Address: 6700 West Hillsboro Boulevard. Playground with ramps, wheelchair access, and wheelchair accessible features.

TOWN OF PEMBROKE PARK PARKS DEPARTMENT –

<https://www.tppfl.gov/parks-department>

Parks Department – Phone: 954-986-0790

FISHING PIER – Patrick Behan Park – Phone: 954-986-9053. Address: 3200 South 25th Street.

PEMBROKE PINES RECREATION AND CULTURAL ARTS DEPARTMENT –

<https://www.ppines.com/278/recreation-cultural-arts>

**Carol Campisi Toscano, Assistant Recreation Director – Phone: 954-392-2130, or
Thomas Joyce, Youth League/Tennis Supervisor – Phone: 954-392-2121**

POOLS:

• Pembroke Pines YMCA Aquatic Center – Phone: 954-447-7645. Address: 1361 Northwest 129th Avenue. Pool with zero-depth entry and access chair.

- **Southwest Focal Point Senior Center Pool – Phone: 954-450-6888. Address: 301 Northwest 103rd Avenue. Pool with ramp, access chair – heated.**
- **Towngate Pool – Phone: 954-450-6895. Address: 901 Northwest 155th Avenue. Pool with lift – heated.**
- **Rose G. Price Park – Phone: 954-437-1140. Address: 901 Northwest 208th Avenue. Pool with lift.**

MIRACLE LEAGUE BASEBALL FIELD – Rose G. Prince Park – Address: 901 Northwest 208th Avenue. Rubberized surface, totally accessible baseball field for use by individuals who may use wheelchairs, walkers, other assistive devices.

PLAYGROUNDS or WATER PLAYGROUNDS****

PLANTATION PARKS AND RECREATION DEPARTMENT –

<https://www.plantation.org/government/departments/parks-recreation>

Phil Goodrich, Recreation Director – Phone: 954-452-2511, or Christopher Cooksey, Aquatics Manager – Phone: 954-916-5608

POOLS:

- **Plantation Aquatic Complex – Phone: 954-452-2525. Address: 9151 Northwest 2nd Street. Pool #1: Competition pool with lift – heated. Pool #2: Training Pool with zero depth entry, ramp, and water wheelchair.**

EXERCISE COURSE FOR WHEELCHAIR USERS

- **Veterans Park – Phone: 954-452-2510. Address: 1776 Lauderdale West Drive.**

PLAYGROUNDS or WATER PLAYGROUND****

POMPANO BEACH PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –

<https://parks.pompanobeachfl.gov/>

Parks and Recreation General Information – Phone: 954-786-4111

POOLS:

• **Aquatic Center – Phone: 954-786-4128. Address: 820 Northeast 18th Avenue.**

Pool with lift and stairs.

• **Houston Sworn Aquatic Center – Phone: 954-786-4116. Address: 901 Northwest 10th Street. Pool with lift.**

BEACH ACCESS – Phone: 954-786-4111. BEACH CONDITIONS – Phone: 954-786-4005 (recorded daily). Address: 50 North Pompano Beach Boulevard. Two (2) beach wheelchairs available on a first-come, first-serve basis. Blue Mobi Mat pathway extends to edge of sand dune.

GOLF COURSE – Pro Shop Phone: 954-781-0426. Address: 1101 North Federal Highway. Adaptive golf cart (solo rider) available. "Golf Cart Flag Program" for individuals with limited walking ability.

PLAYGROUNDS**

SUNRISE LEISURE SERVICES DEPARTMENT –

<https://www.sunrisefl.gov/departments-services/leisure-services>

Kevin Pickard, Recreation Director – Phone: 954-747-4655, or Maria Little, Deputy Director – Phone: 954-747-4660

POOL:

• **Civic Center – Phone: 954-747-4636. Address: 10610 West Oakland Park Boulevard. Pool with lift and Teaching Pool with zero-depth entry.**
Splash pads at: Cypress Preserve Park – Address: 9020 Northwest 38th Street, Flamingo Park – Address: 12855 Northwest 8th Street, and City Park – Address: 6600 Sunset Strip.

PLAYGROUNDS**

SUNRISE LEISURE SERVICES DEPARTMENT –

<https://www.sunrisefl.gov/departments-services/leisure-services>

Kevin Pickard, Recreation Director – Phone: 954-747-4655, or Maria Little, Deputy Director – Phone: 954-747-4660

POOL:

• **Civic Center – Phone: 954-747-4636. Address: 10610 West Oakland Park Boulevard. Pool with lift and Teaching Pool with zero-depth entry.**
Splash pads at: Cypress Preserve Park – Address: 9020 Northwest 38th Street, Flamingo Park – Address: 12855 Northwest 8th Street, and City Park – Address: 6600 Sunset Strip.

PLAYGROUNDS**

TAMARAC PARKS AND RECREATION DEPARTMENT –

<https://www.tamarac.org/100/parks-recreation>

Linda Probert, Assistant Recreation Director – Phone: 954-597-3632

POOL:

• **Caporella Aquatic Center – Phone: 954-597-3660. Address: 9300 Northwest 58th Street. Pool and Water Playground with zero-depth entry, water wheelchair – heated.**

PLAYGROUNDS**

WEST PARK PARKS AND RECREATION –

<https://citywestpark.com/index.php/departments/parks-and-recreation>

Parks and Recreation General Information – Phone: 954-985-1990

PLAYGROUNDS**

WESTON PARKS AND RECREATION –

<https://www.westonfl.org/government/parks-and-recreation>

Kara Petty, Recreation Director – Phone: 954-389-4321

PLAYGROUNDS**

WILTON MANORS LEISURE SERVICES DEPARTMENT –

<https://www.wiltonmanors.com/149/leisure-services>

Michelle Parks, Division Director – Phone: 954-390-2130

WHEELCHAIR-ACCESSIBLE BOAT RAMP at: Snook Creek Park – Address: 2351

Powerline Road and Colohatchee Boat Ramp – Address: 1975 Northeast 15th Avenue.

Splash pad at: Mickel Park – Address: 2675 Northwest 7th Avenue.

PLAYGROUNDS **

DR. VON D. MIZELL – EULA JOHNSON STATE PARK –

<https://www.floridastateparks.org/mizell>

John Frosbutter, Park Services Specialist – Phone: 954-924-3859, or General Information – Phone: 954-923-2833

BEACH ACCESS – Address: 6503 North Ocean Drive, Dania Beach. Limited number of beach wheelchairs available on a first-come, first-serve basis.

HUGH TAYLOR BIRCH STATE PARK –

<https://www.floridastateparks.org/HughTaylorBirch>

LeAnn Hinson, Park Manager – Phone: 954-564-4521

Large-print and audio park brochure available upon request. One mile audio tour of park available.

BEACH ACCESS – Address: 3109 East Sunrise Boulevard, Fort Lauderdale. Beach wheelchair available at the Ranger Station on first-come, first-serve basis.

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AS A DIGITAL RECORDING, OR IN BRAILLE.**

Parks and Recreation Division

A SERVICE OF THE BROWARD COUNTY BOARD OF COUNTY COMMISSIONERS

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