

Recreation and Leisure Programs and Activities for Special Populations



Broward County, Florida SPRING / SUMMER 2023

**Prepared by the
Broward County Parks and Recreation Division
Special Populations Section**

Phone: 954-357-8170/8160

TTY: 954-537-2844

**Email: SpecialPopulations@Broward.org
Broward.org/Parks**

The information contained in this listing is compiled for general information purposes only and is accurate to the best of the preparers' knowledge. Most of the information listed was provided by the program provider / agency. Due to the ongoing Covid-19 pandemic, information that lists TBA - Contact to Confirm, please contact the provider / agency for updates. Broward County does not endorse any of the programs or access features listed. Be sure to examine each program and access feature carefully, by contacting the provider listed in the entry, to determine what is desirable to meet your specific interests and needs. Please note that many of the programs listed have a preregistration requirement and may be fee-based. Should you have any corrections, or know of programs or access features not included, contact the Special Populations Section at 954-357-8170/8160, TTY: 954-537-2844, or SpecialPopulations@Broward.org.

COUNTY PROVIDERS OUTSIDE OF BROWARD COUNTY

Miami Dade Parks Therapeutic Recreation and Inclusion: 305-755-7848

MiamiDade.gov/Parks

Palm Beach County Therapeutic Recreation: 561-966-7015,

Palm Beach Special Olympics: 561-966-7019 - Co.Palm-Beach.FL.US/parks

Summer Program Information	Contact Information
<p>KAMP KOOL 2023 For grades 1 to 12, with an intellectual or developmental disability. An active camp for children and teens with special needs. Swimming, games, sports, arts and crafts, field trips, and more. 5:1 ratio. Campers must be self-sufficient. Preregistration required. Call for details and registration.</p>	<p>Contact Information: City of Coral Springs Parks and Recreation Department Location: Coral Springs Phone: 954-345-2200 Email: DFutterman@CoralSprings.org CoralSprings.org</p>
<p>SUMMER CAMP 2023 For ages 6 to 22, with an intellectual, developmental, and/ or physical disability. Daily activities include recreational games, sports, arts and crafts, educational classes, swimming, field trips, and much more. Monday to Friday from 7:30 a.m. to 6 p.m. June through August. Call or email for details and registration.</p>	<p>Contact Information: City of Pembroke Pines Recreation and Cultural Arts/YMCA, Special Population Program Location: Pembroke Pines Phone: 954-392-2127 Email: Tjoyce@ppines.com ppines.com</p>

MARLEEN FORKAS CAMP KAVOD 2023

For ages 3 to 22 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

A variety of typical camp activities designed to enhance social, motor, language, and other life skills that promote greater independence.

Emphasis on making new friends in a safe, welcoming, and nurturing environment. Low staff ratios. 9 a.m. to 4 p.m. July 12 to July 28. Pre or post care available. Financial aid available to those who qualify. Call or email for details.

Contact Information:

Adolph & Rose Levis Jewish Community Center, Helene and Roy Schwedelson Special Needs Department

Location: Boca Raton

Phone: 561-852-3269

Email: AliL@LevisJCC.org

LevisJCC.org

BLENDED SUMMER PROGRAM 2023

For grades K to 12, with attention deficit disorder, attention deficit hyperactivity disorder, and/ or Asperger's.

Campers learn targeting instruction in reading, math, and executive

Contact Information:

AEF Schools

Location: Davie

Phone: 954-581-8222

Email: LVanheyzen@AEFSchools.com

AEFCamps.com

functioning, and social and life skills through physical and hands-on activities. Six-week camp or six one-week sessions. Monday to Thursday from 8:30 a.m. to 2:30 p.m., (blended) and Friday from 8:30 a.m. to 1:30 p.m., (on and off campus field trips). June to July. Before- and after-care available from Monday to Thursday from 7:30 a.m. to 5:30 p.m., and Friday from 7:30 a.m. to 3:30 p.m. Application on website. Financial assistance available to those who qualify. Call or email for details.

SUMMER ENRICHMENT PROGRAM 2023
For ages 0 to 8, with an intellectual, developmental, physical, visual, and/ or hearing disability.
Educational, recreational, and therapeutic activities to ensure maintenance of attained skill levels.
Call or email for eligibility requirements and details.

Contact Information:
Ann Storck Center
Location: Fort Lauderdale
Phone: 954-584-8000
Email: allheart@ascfl.org
ascfl.org

CAMP ABLE 2023

For ages 3 to 21, with an intellectual or developmental disability.

Offers a variety of social, leisure, recreational, and educational opportunities, and services for youth with developmental disabilities and behavioral challenges. Activities and trips to water parks, theaters, play centers, museums, and more. Call or visit website for details and eligibility requirements.

Contact Information:

ARC Broward

Location: Sunrise

Phone: 954-746-9400

Email: CampAble@arcbroward.com

ARCBroward.com

ATLANTIS ACADEMY – SUMMER CAMP 2023

For grade K to young adult, with an intellectual or developmental disability and/ or autism.

A traditional summer camp program offering a variety of educational and recreational on and off campus activities. June to August from 8 a.m. to 4:30 p.m. Call or email for details.

Contact Information:

Atlantis Academy

Location: Coral Springs

Phone: 954-752-7571

AtlantisAcademy.com

SUMMER ENRICHMENT CAMP 2023
For ages 3 to 5, with a developmental disability and/ or autism.
Therapeutic summer camps including behavioral, ABA, and social skills programs. Psychoeducational and behavioral assessments available. Call or email for details.

Contact Information:
Cadenza Center
Location: Various
Phone: 954-925-3191
Email: Cadenzamtx@gmail.com
CadenzaCenter.com

MOST SUMMER CAMP 2023
For ages 5 to 12, with a hearing disability.
A safe, positive environment that enhances academic achievement, supports social and physical development, and strengthens relationships. Call or email for details.

Contact Information:
Center for Hearing and Communication
Phone: 954-601-1930
TTY: 954-601-1338
Email: OAngeli@chchearing.org
chchearing.org

CAMP GIBORIM – SUMMER CAMP 2023
For ages 3 to 22, and over, with an intellectual, developmental, and/ or physical disability.
Traditional camp in a nurturing environment filled with innovative activities, nonstop fun, and creative

Contact Information:
David Posnack Jewish Community Center
Location: Davie
Phone: 954-434-0499
Email: CampGiborim@dpjcc.org
dpjcc.org

surroundings. Arts and crafts, music, sports, field trips, swimming, mini-golf, karate, science, and more. Before- and after-care available. Call, email, or visit website for additional details, and eligibility requirements.

SUMMER INTENSIVE PROGRAM

For ages 4 to 22, with an intellectual and/ or developmental disability, autism, and/ or related disabilities. Offers intensive programming in ABA, functional life skills, social skills, academics, language, vocational skills, and recreation and leisure skills in a fun and supportive environment. Call or email for details.

**SUPERVISED TRIPS AND VACATIONS
SUMMER**

For ages 18 and up, with an intellectual or developmental disability. Vacation opportunities for individuals with intellectual and developmental disabilities. See General Programs for

Contact Information:

Diverse Abilities

Location: Davie

Phone: 954-401-2024

**Email: Mariaprestonbcba@gmail.com or Info@teachdiverseabilities.com
www.teachdiverseabilities.com**

Contact Information:

Exceptional Vacations

Location: All trips depart and return locally

Phone: 561-852-0910

**Email: Info@exceptionalservices.net
Exceptional-Vacations.com**

Schedule. Call or email for details.

THE DAVID AND JEAN COLKER KIDS PROGRAM – SUMMER CAMP
For ages 6 to 13, with a visual disability.
A free summer program of activities that focus on age appropriate and safe outdoor travel, computer, and other high-tech devices, cooking, self-care techniques, and more. Monday to Friday from 9 a.m. to 3 p.m. June to August. Call or email for details.

Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@lhob.org
lhob.org

TEENLIFE SUMMER PROGRAM 2022
For ages 13 to 22, with a visual disability.
A free summer program focusing on independence and life planning after high school including activities that promote job and college preparation. Monday to Friday from 9 a.m. to 3 p.m. June to August. Call or email from details.

Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@lhob.org
lhob.org

RAD – Recreation for Adults With Disabilities
For 18 and up, with an intellectual or developmental disability.
A summer program where participants are engaged in various fun, educational, and healthy activities. Call or email for details.

Contact Information:
Living Inclusively for Everyone Inc. (LIFE)
Location: Plantation
Phone: 954-817-4742
Email: LifeFlorida@gmail.com
Life-Florida.org

SHAKE-A-LEG MIAMI SUMMER CAMPS 2023
All are inclusive.
Adventure Island – for ages 7 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Campers of all abilities experience safe outdoor activities on the island such as kayaking, sailing, fishing, swimming, and learning about the marine and island environments through hands-on art and science activities. Monday to Friday from 8:30 a.m. to 3:30 p.m. June 12 to August 4. Scholarships available.

Contact Information:
Shake-A-Leg Miami
Location: Miami
Phone: 305-858-5550
Email: SummerCamp@shakealegmiami.org
ShakeALegMiami.org

Call or email for more details.

Marine Academy – for grades 2 to 12, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

A hybrid camp where campers experience Biscayne Bay as their outdoor classroom enjoying kayaking, canoeing, sailing, and science. Learn new skills and make friends through diverse, inclusive, and safe activities including Shake TV focusing on literacy, social-emotional learning, and entertaining content. Monday to Friday from 8:30 a.m. to 3:30 p.m. June 12 to August 4. Earliest drop off is 8 a.m. Call or email for more details.

WINGS OF FRIENDSHIP SUMMER CAMP – TBA – Contact to Confirm
For teens and adults with an intellectual, developmental, physical, emotional, visual, and/ or hearing

Contact Information:
The Friendship Journey
Location: Virtual
Email: hello@thefriendshipjourney.org
Thefriendshipjourney.org

disability.
Three on-screen gatherings per day at 12 p.m., 2 p.m., and 4 p.m., consisting of large and small activities through breakout room feature. Recurring activities include art, acting, yoga, farm trips, campfires, trivia, dance, and more for an unforgettable summer camp experience! Off-screen curriculum provided weekly. Email for details.

TVC SUMMER PROGRAM – TBA – Contact to Confirm
For ages 3 to 22, with an intellectual or developmental disability, autism, and/or related disabilities.
Program includes ABA therapy, communication training, community-based instruction, social-play, academic tutoring, field trips, swimming, and more. Application required. Call or email for details.

M.O.S.T SUMMER CAMP PROGRAM 2023
For ages 3 to 22, with an intellectual,

Contact Information:
The Victory Center for Autism and Related Disabilities (TVC)
Location: North Miami Beach
Phone: 305-466-1142
Email: Office@TheVictorySchool.org
TheVictorySchool.org

Contact Information:
United Community Options of South Florida

developmental, and/ or physical disability.
Quality academic and cultural arts experiences in small groups with appropriate adult to student ratios. Call or email for details.

Locations: Varies throughout Broward County
Phone: 954-584-7178
Email: Info@uco-ucpsfl.org
UnitedCommunityOptionssfl.org

MARTIAL ARTS CORAL SPRINGS EAST SUMMER CAMP
For ages 4 and 14, with high-functioning autism spectrum disorder.
Martial arts lessons, field trips, games, arts and crafts, themes, fun, and more. Call or email for details.

Contact Information:
USK Karate Academy Coral Springs East and West
Location: Coral Springs
Phone: 954-340-5425 (East) or 954-340-5427 (West)
Email: Admin@usk.ninja
usk.ninja

YMCA MOST SUMMER CAMP PROGRAMS 2023
For ages 4 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Program provides students a low-cost summer program that promotes social skills, literacy, fitness, science, math, and recreation. The program also offers

Contact Information:
YMCA of South Florida
Locations: Various locations throughout Broward County
Phone: 754-551-7169
Email: TSpitler@YMCASouthFlorida.org
YMCASouthFlorida.org

swimming lessons and drowning prevention and promotes inclusion with typically developing peers. Call or email for more details.

General Program Information

3R's ARTS AND CRAFTS – Recycle, Reuse, Repurpose
For ages 18 and up, with an intellectual and/ or developmental disability.
This program will provide opportunities to explore and create art with recycled, repurposed, and found materials while promoting and enhancing creativity and self-expression. Preregistration required. Call or email for details.

BOCCIA
For ages 18 and up, with physical disability and veterans with and without disabilities.
An introduction to the sport of boccia aimed to focus on hand eye coordination and fine motor skills that will improve with continued practice.

Contact Information

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Plantation Heritage Park, Plantation
Special Populations – Phone: 954-357-8170/ 8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise
Location: Sunrise Civic Center Gymnasium, Sunrise
Special Populations – Phone: 954-357-8170/ 8160

<p>Preregistration required. Call or email for details.</p>	<p>TTY: 954-537-2844 Email: SpecialPopulations@Broward.org Broward.org/Parks Sunrise.fl.gov</p>
<p>BOWLING For ages 13 and up, with an intellectual, developmental, and/ or physical disability. Preregistration required. Call or email for details.</p>	<p>Contact Information: Broward County Parks and Recreation Division, Special Populations Section Location: SpareZ, Davie Special Populations – Phone: 954-357-8170/8160 TTY: 954-537-2844 Email: SpecialPopulations@Broward.org Broward.org/Parks</p>
<p>C.O.R.E.S. (Connecting Others Recreationally, Educationally, and Socially) For 18 and up, with an intellectual or developmental disability and one adult guest. This program will provide the opportunity to participate in recreation, education (leisure), and social activities with peers throughout Broward County.</p>	<p>Contact Information: Broward County Parks and Recreation Division, Special Populations Section Location: Varies Special Populations – Phone: 954-357-8170/8160 TTY: 954-537-2844 Email: SpecialPopulations@Broward.org Broward.org/Parks</p>

Activities will vary from week to week. Preregistration required. Call or email for details.

HYBRID CROSS-ROUND FITNESS
For 18 and up, with a physical disability and veterans with and without disabilities.

This free program, in partnership with Supportabilities Foundation, will teach self-defense through noncontact boxing and promote physical fitness through adaptive exercises while enhancing physical, emotional, and social confidence. Preregistration required. Call or email for details.

DISC GOLF 101
For ages 18 and up, with an intellectual or developmental disability, and one adult guest.

Learn fundamentals, skills, equipment, field of play, rules, and more; or hone your skills. Disc golf is an enjoyable, affordable, and active outdoor

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and Supportabilities Foundation

Location: Varies
Special Populations – Phone: 954-357-8170/8160

TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Plantation Heritage Park, Plantation

Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844

recreation or competitive activity that can be played at many of Broward County's beautiful parks. Preregistration required. Call or email for details.

**Email: SpecialPopulations@Broward.org
Broward.org/Parks**

DRUM TO THE BEAT
For ages 18 and up, living with Alzheimer's disease.
A collaborative drumming program with the City of Lauderdale Lakes' Alzheimer's Care Center that focuses on rhythmic patterns with different percussion instruments and promotes enjoyment and inclusion for all! Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and City of Lauderdale Lakes
Location: Lauderdale Lakes' Alzheimer's Care Center
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
**Email: SpecialPopulations@Broward.org
Broward.org/Parks
Lauderdalelakes.org**

FIT WITH FAMILY INCLUSIVE EXERCISE
For ages 18 and up, with intellectual or developmental disability, and one adult guest.
A light to moderate intensity, head to

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: C.B. Smith Park, Pembroke Pines
Special Populations – Phone: 954-357-8170/

toe, exercise and movement to music program that will promote general fitness and health. Preregistration required. Call or email for details.

**8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

INTRODUCTION TO GARDENING
For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.

A free program introducing a broad range of garden topics such as basic gardening skills, how to make a garden bed, choosing an ideal garden location, and more. Preregistration required. Call or email for details.

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
City of Lauderdale Lakes
Location: Lauderdale Lakes Children's
Community Garden, Lauderdale Lakes
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Lauderdalelakes.org**

HANDCYCLES
For ages 18 and up, with a physical disability.
Two handcycles, one recumbent, one upright, may be checked out on a first-come, first-served basis. Handcycles are for independent use within the park.

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section
Location: Central Broward Park and Broward
County Stadium, Lauderhill
Phone: 954-357-5400; TTY: 954-537-2844
Email: CBRP@Broward.org**

9 a.m. to 4 p.m. Call or email for details.

Broward.org/Parks

KICKBALL

Learn and develop skills for playing the sport of kickball while having fun! Preregistration required. Call or email for details.

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Brian Piccolo Sports Park and Velodrome, Field # 7, Cooper City
Special Populations – Phone: 954-357-8170/8160
(TTY) 954-537-2844
Email:
SpecialPopulations@Broward.org
www.Broward.org/Parks**

MUSICAL EXPRESSIONS

For ages 13 to 30, with an intellectual or developmental disability. Express yourself and communicate with music by learning musical skills with various percussion instruments. Have fun and gain confidence as you learn

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Topeekeegee Yugnee (T.Y.) Park, Hollywood
Special Populations – Phone: 954-357-8170/8160**

**rhythmic patterns and use vocals.
Preregistration required. Call or email
for details.**

**TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**NORDIC POLE WALKING PROGRAM
For 18 and up, with an intellectual,
developmental, and/ or physical
disability, and one adult guest.
This inclusive cardio and strength-
based program will introduce
participants to a simple, low-impact,
and healthful walking activity.
Preregistration required. Call or email
for details.**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section
Location: Varies
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**SPECIAL OLYMPICS LITTLE ELITES
For ages 6 to 12, with an intellectual,
developmental, and/ or physical
disability.
A youth developmental sports program
that focuses on expanding sport-
specific skills for an array of sports
while encouraging cooperation and
socialization. Preregistration required.
Call or email for details.**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
Special Olympics Florida
Location: Central Broward Park and Broward
County Stadium, Lauderdale
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org**

	<p>Broward.org/Parks www.specialolympicsflorida.org</p>
<p>TANDEM BIKE LEISURE RIDES For 18 and up, with a visual disability. For graduates of the Skill Development Program. Call or email for details.</p>	<p>Contact Information: Broward County Parks and Recreation Division, Special Populations Section Location: Varies Special Populations – Phone: 954-357-8170/8160 TTY: 954-537-2844 Email: SpecialPopulations@Broward.org Broward.org/Parks</p>
<p>TANDEM BIKE – SKILL DEVELOPMENT For 18 and up, with a visual disability. Learn basic biking skills, safety, bike mechanics, trust-building, and group riding etiquette, along with the opportunity for physical activity, fun, and socialization. Call or email for details.</p>	<p>Contact Information: Broward County Parks and Recreation Division, Special Populations Section Location: Varies Special Populations – Phone: 954-357-8170 / 8160 TTY: 954-537-2844 Email: SpecialPopulations@Broward.org Broward.org/Parks</p>
<p>TAKE THE STAGE! For ages 6 to 17, with intellectual, developmental, and/ or physical</p>	<p>Contact Information: Broward County Parks and Recreation Division, Special Populations Section and</p>

disability.
A free fun dance program. Participants will explore various styles and elements of dance with student volunteers assisting. Program focuses on rhythm, coordination, socialization, self-awareness, self-expression, and confidence. Preregistration required. Call or email for details.

City of Plantation
Location: Plantation Central Park, Plantation
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Plantation.org

WATER-SAFETY CLASSES
For ages 6 months to 18, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Broward County's chief coordinating agency for water-safety instruction and awareness. SWIM Central maintains the most comprehensive database in Florida, tracking every single swimming pool and program in the County.

Contact Information:
Broward County Parks and Recreation,
SWIM Central
Location: Various locations throughout Broward
Phone: 954-357-7946
Email: SWIMCentral@Broward.org
Broward.org/Parks

YOGA
For 18 and up, with a visual disability.
Group yoga instruction with postures

Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section

**adapted to individual abilities.
Preregistration required. Call or email
for information.**

**Location: Varies
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**ADULT SOCIAL – “Spring Fling” Dance
For ages 18 and up, with an intellectual,
developmental, and/ or physical
disability.**

**Co-sponsored by Sunrise Leisure
Services. DeeJay music, dancing,
socializing, and fun, and more. Friday,
April 21, 2023, from 7 p.m. to 9 p.m.
Reservations required. Call or email for
details and/ or reservation. Note: Direct
supervision of participants is not
provided.**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
City of Sunrise
Location: Sunrise Civic Center, Sunrise
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Sunrisefl.gov**

**ADULT SOCIAL – “Sounds of the 70s”
Dance
For ages 18 and up, with a visual
disability.**

Co-sponsored by Lauderdale Lakes

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
City of Lauderdale Lakes
Location: Multi-Purpose Center, Lauderdale**

Human Services. DeeJay music, dancing, socializing, and fun, and more. Friday, May 12, 2023, from 6 p.m. to 8 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

**Lakes
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Lauderdalelakes.org**

**NAMI – FRIDAY NIGHT SOCIAL
For ages 18 and up, living with mental illness.
Co-sponsored by National Alliance on Mental Illness, Broward County. Friday, June 9, 2023, from 7 p.m. to 9 p.m. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
National Alliance on Mental Illness,
Broward County
Location: Tree Tops Park, Davie
Special Populations – Phone: 954-357-8170/
8160 or NAMI – Phone: 954-316-9907
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Namibroward.org**

**ADULT SOCIAL – “Summer Social”
Dance
For ages 18 and up, with an intellectual,
developmental, and/ or physical**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
City of Tamarac**

disability.
Co-sponsored by Tamarac Parks and Recreation. Deejay music, dancing, socializing, fun, and more. Friday, July 14, 2023, from 7 p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

Location: Tamarac Community Center, Tamarac
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Tamarac.org

TEEN AND YOUNG ADULT SOCIAL – “Back to School” Dance
For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.
Co-sponsored by Sunrise Leisure Services. Deejay music, dancing, socializing, fun, and more. Friday, August 18, 2023, from 7 p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise
Location: Sunrise Civic Center, Sunrise
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Sunrisefl.gov

SPECIAL NEEDS SPORTS FUN AND FITNESS

For ages 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

This program will include a variety of sports and fitness activities.

Wednesdays from 10 a.m. to 11 a.m.

March 8 through May 17 (No classes on March 22 or April 12). Registration is ongoing until full. Call for details.

Contact Information:

City of Coconut Creek Parks and Recreation

Location: Coconut Creek Community Center, Coconut Creek

Phone: 954-545-6670

CoconutCreek.net/parks/special-needs

SPRING SOCIAL

For ages 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

A social that will include games, prizes, music, and refreshments. Thursday from 7:30 p.m. to 9 p.m. May 25, 2023.

Registration is ongoing until May 19 or until full. Call for details.

Contact Information:

City of Coconut Creek Parks and Recreation

Location: Coconut Creek Community Center, Coconut Creek

Phone: 954-545-6670

CoconutCreek.net/parks/special-needs

BOWLING – TBA – Contact to Confirm

For ages 10 and up, with an intellectual, developmental, physical, emotional,

Contact Information:

City of Coral Springs Parks and Recreation

Location: Sawgrass Lanes, Tamarac

<p>visual, and/ or hearing disability. Preregistration required. Call or email for details.</p>	<p>Phone: 954-345-2200 Email: DFutterman@CoralSprings.org CoralSprings.org</p>
<p>BOOGIE DOWN DANCES – TBA – Contact to Confirm For all ages, with an intellectual, developmental, and/ or physical disability. Monthly themed dances with entertainment and refreshments. First Friday of the month. Direct supervision is not provided. Call or email for details.</p>	<p>Contact Information: City of Coral Springs Parks and Recreation Location: Sartory Senior Center in Mullins Park, Coral Springs Phone: 954-345-2200 Email: DFutterman@CoralSprings.org CoralSprings.org</p>
<p>FRIDAY-NIGHT DINNER CLUB – TBA – Contact to Confirm For ages 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Engage in socialization in a restaurant setting. Third Friday of the month. Preregistration required. Call or email for details.</p>	<p>Contact Information: City of Coral Springs Parks and Recreation Location: Sartory Senior Center in Mullins Park, Coral Springs Phone: 954-345-2200 Email: DFutterman@CoralSprings.org CoralSprings.org</p>
<p>SATURDAY'S SOCIAL CLUB – TBA – Contact to Confirm</p>	<p>Contact Information: City of Coral Springs Parks and Recreation</p>

For ages 10 and up, with an intellectual, developmental, and/ or physical disability.

Fun-filled activity day including on-site and off-site entertainment. Times and cost vary. Preregistration required. Participants must be self-sufficient. Call or email for details.

Location: Varies

Phone: 954-345-2200

Email: DFutterman@CoralSprings.org

CoralSprings.org

ADAPTIVE AQUATICS AND SWIM LESSIONS

For ages with an intellectual or developmental disability.

Aimed at increasing swimming skills and confidence in the water and promoting water safety skills using adaptive and personalized techniques. Registration required. Call for details.

Contact Information:

Tow of Davie Parks, Recreation, and Cultural Arts

Location: Davie

Phone: 954-327-3926

Davie-FL.org

AQUAFITNESS

For ages 18 and up, with a physical disability.

Ongoing. Call for details.

City of Fort Lauderdale Parks and Recreation

Location: Bass Park Pool, Fort Lauderdale

Phone: 954-828-6019

FortLauderdale.gov

CHAIR YOGA

For ages 18 and up, 16 and 17 with a guardian, with a physical disability. Includes gently stretching, strengthening, and relaxing the body. This class is perfect for individuals with mobility limitations. Saturdays from 11:15 a.m. to 12:15 p.m. Call for details.

Contact Information:

**City of Fort Lauderdale Parks and Recreation
Location: Beach Community Center, Fort Lauderdale
Phone: 954-828-4610
FortLauderdale.gov**

FORT LAUDERDALE SHARKS

**Wheelchair Basketball Team
For ages 16 and up, with a physical disability.
In collaboration with the Fort Lauderdale Sharks, competitive and recreational wheelchair basketball. All welcome to participate. Year round. Call or email for details.**

Contact Information:

**City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Sharks
Location: Joseph C. Carter Park, Fort Lauderdale
Phone: 954-828-4511
Email: AJones@FortLauderdale.gov or Ftlsharks@gmail.com
FortLauderdale.gov
Ftlsharks.com**

**JR. FORT LAUDERDALE SHARKS – Prep and Juniors Wheelchair Basketball –
For ages 6 to 13 and 14 to 17, with a physical disability.
Call or email for details.**

Contact Information:

**City of Fort Lauderdale Parks and Recreation
Location: Joseph C. Carter Park, Fort Lauderdale
Phone: 954-828-4511 or 954-303-6999**

	<p>Email: AJones@FortLauderdale.gov or JuniorSharksBasketball@gmail.com FortLauderdale.gov</p>
<p>WHEELCHAIR TENNIS PROGRAM For 18 and up, with a physical disability. Learn how to play wheelchair tennis. All abilities welcome. Four specialized adult sport wheelchairs available. Wednesdays from 6:30 p.m. to 9 p.m. Call for details.</p>	<p>Contact Information: City of Fort Lauderdale Parks and Recreation Location: George English Tennis Center, Fort Lauderdale Phone: 954-828-4620 or 954-828-5378 FortLauderdale.gov</p>
<p>SPECIAL NEEDS SWIM LESSONS Adaptive Aquatics For ages 6 months and up, with an intellectual, developmental, physical, and/ or hearing disability. Group swim lessons for children with disabilities. Registration required. Call or email for session dates and details.</p>	<p>Contact Information: City of Hollywood Parks, Recreation and Cultural Arts Location: Driftwood Community Pool, Hollywood Phone: 954-967-4644 Email: CFernandez@HollywoodFL.org HollywoodFL.org</p>
<p>ADULT SPECIAL NEEDS DANCES For adults, with an intellectual, developmental, physical, and/ or emotional disability.</p>	<p>Contact Information: City of Hollywood Parks, Recreation and Cultural Arts Location: Boulevard Heights Community</p>

Enjoy an evening of dancing, music, and socializing. Light snacks and drinks provided. Third Tuesday of the month from 6:30 p.m. to 8 p.m. Call or email for details.

**Center, Hollywood
Phone: 954-967-4235
Email: Erouland@hollywoodfl.org or Ecabbil@hollywoodfl.org
HollywoodFL.org**

ADULT SPECIAL NEEDS SOCIAL CLUB
For adults, with an intellectual, developmental, physical, emotional, and/ or hearing disability.
Regularly scheduled life skill and recreational activities. Mondays and Fridays from 3 p.m. to 4:30 p.m. Call or email for details.

Contact Information:
City of Hollywood Parks, Recreation and Cultural Arts
Location: Boulevard Heights Community Center, Hollywood
Phone: 954-967-4235
Email: Erouland@hollywoodfl.org or Ecabbil@hollywoodfl.org
HollywoodFL.org

ADAPTIVE SWIM LESSONS
For ages 6 months and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
One-on-one swim lessons for individuals unable to be independent in water.
Designed to increase swimming skills.
Preregistration required. By

Contact Information:
City of Margate Parks and Recreation
Location: Calypso Cove Water Park, Margate
Phone: 954-974-4566
Email: CCove@MargateFL.com
MargateFL.com

<p>appointment. Call or email for details.</p>	
<p>SPECIAL OLYMPICS TRACK AND FIELD PRACTICE – TB – Contact to Confirm For ages 8 and up, with an intellectual or developmental disability. In collaboration with Special Olympics Florida-Broward County. Must be registered with Special Olympics. Contact Special Olympics Florida-Broward County for more details.</p>	<p>Contact Information: City of Miramar Parks and Recreation and Special Olympics Florida-Broward County Location: Ansin Sports Complex, Miramar Phone: 954-262-2158 (See Special Olympics Florida-Broward County) MiramarFL.gov</p>
<p>AUTISM AWARENESS AND ACCEPTANCE DAY For all ages 18 and up, with an intellectual or developmental disability. An educational and fun event with games, live music, art, crafts, face painting, educational resources and vendors, and a petting zoo. Saturday from 9 a.m. to 12 p.m. April 8, 2023. Call for more details.</p>	<p>Contact Information: City of Parkland Parks and Recreation Location: Pines Trails Park, Amphitheater, Parkland Phone: 954-757-4105 CityofParkland.org</p>
<p>SPECIAL OLYMPICS – AQUATICS PROGRAM For ages 8 and up, with an intellectual,</p>	<p>Contact Information: City of Pembroke Pines Recreation and Cultural Arts/YMCA, Special Population</p>

developmental, physical, emotional, visual, and/ or hearing disability. disability.
In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes must know the basics of swimming and meet Special Olympics eligibility requirements. Swim stroke, skills, and competition practice. Call or email for more details.

Program
Location: Charter Central Pool, Pembroke Pines
Phone: 954-766-5680 or 954-392-2127
Email: JLata@ymcasouthflorida.org or TJoyce@ppines.com
PPines.com
YMCASouthFlorida.org

SPECIAL OLYMPICS BASKETBALL
For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. disability.
In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Special Olympics eligibility must be met. Call or email for details.

Contact Information:
City of Pembroke Pines Recreation and Cultural Arts/YMCA, Special Population Program
Location: Pembroke Pines
Phone: 954-766-5680 or 954-392-2127
Email: JLata@ymcasouthflorida.org or TJoyce@ppines.com
PPines.com
YMCASouthFlorida.org

SPECIAL OLYMPICS FLAG FOOTBALL
For ages 8 and up, with an intellectual, developmental, physical, emotional,

Contact Information:
City of Pembroke Pines Recreation and Cultural Arts/YMCA, Special Population

**visual, and/ or hearing disability.
disability.
In collaboration with Special Olympics
Florida-Broward County and YMCA
South Florida. Special Olympics
eligibility must be met. Call or email for
details.**

**Program
Location: Pembroke Pines
Phone: 954-766-5680 or 954-392-2127
Email: JLata@ymcasouthflorida.org or
TJoyce@ppines.com
PPines.com
YMCASouthFlorida.org**

**SPECIAL OLYMPICS SOCCER
For ages 8 and up, with an intellectual,
developmental, physical, emotional,
visual, and/ or hearing disability.
disability.
In collaboration with Special Olympics
Florida-Broward County and YMCA
South Florida. Special Olympics
eligibility must be met. Call or email for
details.**

**Contact Information:
City of Pembroke Pines Recreation and
Cultural Arts/YMCA, Special Population
Program
Location: Pembroke Pines
Phone: 954-766-5680 or 954-392-2127
Email: JLata@ymcasouthflorida.org or
TJoyce@ppines.com
PPines.com
YMCASouthFlorida.org**

**SPECIAL OLYMPICS TENNIS
For ages 8 and up, with a
developmental, physical, emotional,
visual, and/ or hearing disability.
In collaboration with Special Olympics
Florida-Broward County and YMCA**

**Contact Information:
City of Pembroke Pines Recreation and
Cultural Arts/YMCA, Special Population
Program
Location: Pembroke Lakes Tennis Center,
Pembroke Pines**

South Florida. All levels of players are welcome. Sign up individually or with family members and/ or companions. Call or email for more details.

**Phone: 954-766-5680 or 954-392-2127
Email: JLata@ymcasouthflorida.org or
TJoyce@ppines.com
PPines.com
YMCASouthFlorida.org**

WPPO MIRACLE LEAGUE BASEBALL
For ages 5 to 21 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
In collaboration with the West Pembroke Pines Optimists (WPPO).
Played on an accessible field for individuals using wheelchairs and other walking devices. Call or email for details.

Contact Information:
City of Pembroke Pines Recreation and Cultural Arts and West Pembroke Pines Optimists (WPPO)
Location: Rose G. Price Park, Pembroke Pines
Phone: 954-224-0835
Email: WestPinesMiracleLeague@gmail.com
PPines.com

LOVE SERVING AUTISM TENNIS PROGRAM
For ages 5 to 18, with autism.
In collaboration with Love Serving Autism, a new tennis program offering specialized therapeutic tennis instruction for individuals with Autism

Contact Information:
City of Plantation Parks and Recreation and Love Serving Autism
Location: Frank Veltri Tennis Center - Plantation Central Park, Plantation
Phone: 954-513-3540
Email: DDebruyne@plantation.org or

Spectrum Disorders. Saturdays from 9 a.m. to 10 a.m. Call or email for details.

**JRickey@plantation.org
Plantation.org
LoveServingAutism.org**

"PAP" PLANTATION ADAPTIVE TENNIS PROGRAM

For ages 7 to 17, and 18 and up, with a physical disability.

In collaboration with the Plantation Community Tennis Corporation, tennis instruction and play for beginners to advanced wheelchair players. All equipment provided. Four specialized adult sport wheelchairs and two youth sport wheelchairs available. First and third Thursday of the month at 6:30 p.m. Call or email for details.

**Contact Information:
City of Plantation Parks and Recreation and
Plantation Community Tennis Corporation
Location: Frank Velletri Tennis Center -
Plantation Central Park, Plantation
Phone: 954-513-3540
Email: DDebruyne@plantation.org or
JRickey@plantation.org
Plantation.org**

AQUASTRETCH - WATER AEROBICS –

TBA – Contact to Confirm

For ages 18 and up, who have joint pain and/ or arthritis.

Warm-water exercises to promote flexibility and reduce joint pain and stiffness. Year round. Call for more

**Contact Information:
City of Pompano Beach Parks, Recreation,
and Cultural Arts
Location: Pompano Beach Aquatic Center,
Pompano Beach
Phone: 954-786-4128
PompanoBeachFL.gov**

details.

LOVE SERVING AUTISM TENNIS AND PICKLEBALL PROGRAM
For ages 6 to 18, with autism.
In collaboration with Love Serving Autism, a new tennis and pickleball program offering specialized therapeutic instruction for individuals with Autism Spectrum Disorders.
Wednesdays from 5 p.m. to 6 p.m., for six week sessions. Call or email for details.

Contact Information:
City of Pompano Beach Parks, Recreation, and Cultural Arts and Love Serving Autism
Location: Pompano Beach Tennis Center, Pompano Beach
Phone: 954-786-4111
Email: Demi.Rivera@copbfl.com
PompanoBeachFL.gov
LoveServingAutism.org

AUTISM SWIMS
For ages 5 to 18, with autism.
In collaboration with the Autism Foundation of Broward County. A free event, for youth with autism, to promote swimming and water safety. All abilities are welcome. Pool games, contests, and educational information. April 22, 2023 from 10 a.m. to 12 p.m.
Reservation required. Call or email for details.

Contact Information:
City of Sunrise Leisure Services
Location: Sunrise Civic Center Aquatic Complex, Sunrise
Phone: 954-747-4618
Email: Keckstrom@sunrisefl.gov
SunriseFL.gov

WHEELCHAIR BASKETBALL – "Sunrise Suns"
For ages 16 and up, with a physical disability.
In collaboration with the Sunrise Suns, a professional team practice. Non-team members welcome to experience wheelchair basketball and observe practices. Tuesdays and Thursdays from 5 p.m. to 7 p.m. Call or email for details.

Contact Information:
City of Sunrise Leisure Services and Sunrise Suns
Location: Village Multipurpose Center Gym, Sunrise
Phone: 954-747-4601 or 954-401-6970
Email: SunriseSuns1@gmail.com
SunriseFL.gov
SunriseSuns.com

211 – SPECIAL NEEDS RESOURCES
For ages 0 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Free information and referrals to special needs resources, recreation, summer programs, and care coordination services. 211broward.org.

Contact Information:
2-1-1 First Call for Help of Broward
24-hour helpline
Phone: 954-537-0211 or 2-1-1
211-Broward.org

12th MAN FOOTBALL AND CHEER CAMP
For ages 3 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Contact Information:
12th Man Football and Cheer Camp
Locations: Broward and Miami
Phone: 305-970-6077

A free one-day camp designed for those who because of a special need or disability have not had the opportunity to be involved in organized football or cheerleading. Call or email for details.

**Email: Twelfthmfcc@gmail.com
12thmanfcc.org**

ABLE AFTER-SCHOOL PROGRAM
For ages 3 to 21, with intellectual or developmental disability.
Provides an enriched and specialized afterschool program for children with developmental disabilities and behavioral challenges. Social skills, physical fitness, cultural arts, recreation, case management, and nursing services. Staff-to-child ratio based on child's needs. Monday to Friday from 1:30 p.m. to 6 p.m. Follows Broward County school calendar. Extended hours for early release and non-school days from 9 a.m. to 5 p.m. Call for details.

Contact Information:
Arc Broward
Location: Sunrise
Phone: 954-746-9400
ARCBroward.com

YOUTH LINKS – AFTER-SCHOOL PROGRAM – School-to-Work Transition

Contact Information:
Arc Broward

Program

For ages 16 to 21, with an intellectual or developmental disability. Enhances social and employability skills and prepares for a successful transition into adulthood. During school year, experiences to address career development, social and life skills, self-determination, and advocacy. On non-school days, various field trips and volunteer experiences. Paid summer internship available. Call for details.

**Locations: Varies
Phone: 954-746-9400
ARCBroward.com**

ARTISTS WITH AUTISM

For ages 18 and up, with an intellectual, developmental, and/ or physical disability and autism. Helps aspiring artists learn business skills and social skills by showing and selling their own artwork. Helps foster and encourage micro-enterprising, independence, and promote the artistic talents of persons with autism and other disabilities.

**Contact Information:
Artists With Autism Gallery and Gift Boutique
Location: Festival Flea Market, Pompano Beach
Phone: 954-895-2786
Email: FlaGaL1106@gmail.com
ArtistsWithAutism.org**

ARTy Party: A fun and social art class, taught by a professional artist. Call, email, or visit website for details.

BEST DAY FOUNDATION

For ages 4 to 24 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Provides a safe and fun day of aquatic and/ or beach-based activities that build confidence and self-esteem. Based on location and condition, tandem surfing, body boarding, kayaking, stand-up paddling, and beach activities available. Check website for updates. Registration required. Call or email for details.

BIT-BY-BIT THERAPEUTIC RIDING CENTER

For ages 2 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Medical therapy providing physical,

Contact Information:

Best Day Foundation, Florida Chapter
Phone: 800-309-2815
Email: Hello@BestDayFoundation.org
BestDayFoundation.org

Contact Information:

Bit-by-Bit Therapy
Location: Davie
Phone: 754-779-7888
Email: Info@BitbyBitTherapy.org
BitbyBitTherapy.org

speech, and occupational therapy, with the use of a horse and/ or Hippotherapy, to meet medical goals.

Recreational Adaptive Riding Lessons for children and adults with special needs.

Horses for Heroes Disabled Veterans Program.

Call, email, or visit website for details and program application.

SPECIALIZED SERVICES

For children and adults with an intellectual, developmental, emotional, and/ or physical disability.

Structured activities promoting skills building, learning, sensory integration and play, and independence. Call or email for details.

Contact Information:

Cadenza Center

Location: Various

Phone: 954-925-3191

Email: Cadenzamt@gmail.com

CadenzaCenter.com

M.O.S.T. AFTER-SCHOOL PROGRAM

For ages 5 to 12, with a hearing disability.

Academic enrichment, physical fitness, art, field trips, social skills, and much

Contact Information:

Center for Hearing and Communication

Phone: 954-601-1930, ext. 322

TTY: 954-601-1338

Email: GRosendo@CHCHearing.org

more. Monday to Friday during the school year. Call or email for qualification requirements.

CHCHearing.org

STEP PROGRAM
For ages 16 to 21, with a hearing disability.
Hands-on experiences designed to foster independence and improve social skills, communication, and employability skills. Art, culture, and music activities included. During school year and summer. Call or email for details.

Contact Information:
Center for Hearing and Communication
Phone: 954-601-1930
TTY: 954-601-1338
Email: Jhickman@chchearing.org
CHCHearing.org

YOUTH FORCE PROGRAM
For ages 12 to 16, with a hearing disability.
Academic enrichment, prevention education, life skills training, nutrition and fitness, cultural arts, community service projects, field trips, and more. During school year. Call or email for more details.

Contact Information:
Center for Hearing and Communication
Phone: 954-601-1930
TTY: 954-601-1338
Email: Jhickman@chchearing.org
CHCHearing.org

CHALLENGER BASEBALL

For ages 5 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Modified baseball program allows boys and girls, with any disability, ages 5 to 21, to play baseball. "Buddies" help players so they can fully participate. Free to participate. Uniforms and equipment provided. Call or email for details.

Contact Information:

Challenger Baseball

Location: Teams throughout Broward County. Players can play on team closest to their home.

Phone: 954-345-9329

Email: ChallengerBroward@gmail.com

ChallengerBaseballofBroward.com

YOGA FOR CHILDREN – An Inclusive Program

For ages 5 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Visit website for schedule and further details.

Contact Information:

Creative Relaxation® Yoga for Children

Location: Yoga Center, Deerfield Beach

Phone: 954-579-1604

Email: Louise@YogaforSpecialNeeds.com

YogaforSpecialNeeds.com

GIBORIM U

For ages 6 and up with an intellectual, developmental, and/ or physical disability.

A program for children, teens, and

Contact Information:

David Posnack Jewish Community Center

Location: Davie

Phone: 954-434-0499, ext. 326, or

adults with special needs that includes in-person and virtual classes in the arts, fitness, health and wellness, life skills, recreation, and sports. Monday to Friday and Sunday. Must be registered with Giborim U Program. Visit website for details, eligibility requirements, class offerings, and schedules.

**954-434-0499, ext. 208
Email: AAbrams@dpjcc.org;
DLombard@dpjcc.org
giborimu.org
dpjcc.org**

THERAPEUTIC HORSEBACK RIDING
For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Horseback riding for people with cognitive, physical, and emotional disabilities. Call for details.

**Contact Information:
Equine-Assisted Therapies of South Florida
Location: Tradewinds Park North, Coconut Creek
Phone: 954-974-2007
equineatsf.org**

EXCEPTIONAL FITNESS TM
For ages 5 and up, with an intellectual or developmental disability, and autism. Private, semi-private, group fitness, and Social Safety classes for individuals with ASD and other special needs in a fun and safe environment. Call or email for details.

**Contact Information:
Exceptional Fitness Foundation
Location: Various locations throughout Broward County
Phone: 954-815-1546
Email: Info@ExceptionalFitness.org
exceptionalfitness.org/**

**EXCEPTIONAL THEATER COMPANY -
“ETC”**

For ages 2 to 100, with an intellectual, developmental, and/ or physical disability.

Innovative theater arts program held at various locations, days, and times.

Creative expression through involvement in the arts and community service, utilizing the power of theater. Year-round. Call or email for details.

Contact Information:

Exceptional Theater Company (ETC)

Location: Davie and Fort Lauderdale

Phone: 954-699-4096 or 954-980-0012

Email: Info@etcfl.org or daniela@etcfl.org

Etcfl.org/

SUPERVISED TRIPS AND VACATIONS

For ages 18 and up, with an intellectual or developmental disability.

Vacation opportunities for individuals with intellectual and developmental disabilities in a safe environment that promotes integration, socialization, friendship, and fun. Call or email for details.

April 20 – 23, 2023, Dude Ranch, River Ranch, FL; May 4 – 7, 2023, Universal Studios, Harry Potter and Islands of

Contact Information:

Supervised Trips and Vacations

Location: Varies; all trips depart and return locally

Phone: 561-852-0910

Email: Info@exceptionalservices.net

Exceptional-Vacations.com

Adventure, Orlando, FL; May 18 – 21, 2023, Spa Weekend, Delray Beach, FL; June 1 – 4, 2023, Dollywood and the Smokey Mountains, TN; June 22 – 25, 2023, Sea World and Discovery Cove Dolphin Swim, Orlando, FL; July 27 – 31, 2023, Disney Bahamas Cruise – Miami Departure; August 10 – 13, 2023, Niagara Falls and Toronto, Canada; August 24 – 27, 2023, Saint Augustine, FL

FRIENDSHIP CIRCLE

For youth and teens with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

A variety of programs for those who have special needs. Call, email, or visit the website.

Contact Information:

**Friendship Circle of Southwest Broward
Location: Friendship Circle of Southwest Broward, Davie
Phone: 954-252-1770
Email: FriendshipCircleWB@gmail.com
Chabadswb.com**

FRIENDSHIP CIRCLE

For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Contact Information:

**Friendship Circle of Greater Fort Lauderdale
Location: Friendship Circle of Greater Fort Lauderdale, Fort Lauderdale**

A variety of programs for those who have special needs. Social, recreational, and educational experiences: Culinary Club, Teen Scene, Cheerleading, Young Adult and Volunteer Circles, Life Skills, and much more. Call, email, or visit the website.

**Phone: 754-800-1770
Email: Office@FriendshipFl.org
FriendshipFl.org**

FRIENDSHIP CIRCLE

**For ages 0 to 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Recreation, sports, life skills programs, and special events. Dates, times, and locations vary. Call, email, or visit the website.**

**Contact Information:
Friendship Circle of North Broward and South Palm Beach
Locations: Friendship Circle of North Broward and South Palm Beach, Parkland
Phone: 954-970-9551
Email: FloridaFriendshipCircle@gmail.com
FloridaFriendshipCircle.com**

FARM FRIENDS

**For ages 5 to 25, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Teaches how to care for animals, fosters compassion, and cultivates a healing space for friendships to bloom.**

**Contact Information:
The Friendship Journey
Location: Virtual
Phone: 954-247-4434
Email: Hello@thefriendshipjourney.org
TheFriendshipJourney.org**

Call, email, or visit website.

FIT FRIENDS

For ages 12 to 25, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Gain muscle and friendships, focus on whole-body fitness, and the importance of living a healthy lifestyle. Each program begins with a light, dynamic warmup, and then a strength training circuit. Pump it up! Call, email, or visit website.

Contact Information:

**The Friendship Journey
Location: All 4 One Fitness, Coral Springs
Phone: 954-247-4434
Email: Hello@thefriendshipjourney.org
TheFriendshipJourney.org**

GINA'S ART FRIENDS

For ages 5 to 25, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Express ourselves through a variety of art forms and techniques in honor of our forever friend, Gina Montalto. Explore mixed media including clay, paint, pencils, markers, pastels, and more. Let your true colors shine! Call, email, or

Contact Information:

**The Friendship Journey
Location: Virtual
Phone: 954-247-4434
Email: Hello@thefriendshipjourney.org
TheFriendshipJourney.org**

visit website.

JAIME’S DANCE PARTY FRIENDS

For ages 5 to 25, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Move, shake, and smile in honor of our sweet and talented friend Jaime! Each class will consist of new moves, songs, styles, and techniques. Come feel the rhythm with us! Call, email, or visit website.

Contact Information:

**The Friendship Journey
Location: Coconut Creek Recreation Center,
Coconut Creek
Phone: 954-247-4434
Email: Hello@thefriendshipjourney.org
TheFriendshipJourney.org**

PHOTO FRIENDS

For ages 12 to 25, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Each participant is provided with a digital camera. Basic instructions and techniques are given as participants explore different angles and landscapes while building friendships. Say cheese! Call, email, or visit website.

Contact Information:

**The Friendship Journey
Location: TBA
Phone: 954-247-4434
Email: Hello@thefriendshipjourney.org
TheFriendshipJourney.org**

READING FRIENDS

For ages 5 to 25, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Explore the wonder of books through thematic experiences, while enjoying the library together with friends. Oh the places you'll go! Call, email, or visit website.

Contact Information:

**The Friendship Journey
Location: North Regional / Broward College Library, Coconut Creek
Phone: 954-247-4434
Email: Hello@thefriendshipjourney.org
TheFriendshipJourney.org**

ROCK FRIENDS

For ages 7 to 25, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Discover new instruments, sounds, and movements in an acoustic friendly environment. Play, sing, and dance with friends. Get ready and take the stage! Call, email, or visit website.

Contact Information:

**The Friendship Journey
Location: School of Rock Boca Raton, Boca Raton
Phone: 954-247-4434
Email: Hello@thefriendshipjourney.org
TheFriendshipJourney.org**

YOGA FRIENDS

For ages 12 to 25, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Combine the relaxation of yoga and

Contact Information:

**The Friendship Journey
Location: Holisticrats Yoga And Wellness, Coral Springs
Phone: 954-247-4434**

interactions with peers that focus on different concepts connecting the mind and body, while conveying the importance of peace. Namaste! Call, email, or visit website.

**Email: Hello@thefriendshipjourney.org
TheFriendshipJourney.org**

FITNESS TRAINING AND ADAPTIVE CROSSFIT

For ages teens and adults, with an intellectual, developmental, physical, and/ or hearing disability.

Get healthy and stay fit! Garrett's Fight Foundation strives to turn disabilities into abilities by making necessary modifications to training and finding ways to conquer one's limitations. Group and one-to-one fitness training offered regardless of ability. Call or email for more details.

**Contact Information:
Garrett's Fight Foundation
Location: Various locations in Broward County
Phone: 954-270-9746
Email: GarrettsFight@gmail.com or Mitch@GarrettsFightFoundation.org
GarrettsFightFoundation.org**

H.A.P.P.I. FARM – Horse & Petting Pal Interaction

For ages 2 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

**Contact Information:
HAPPI Farm
Location: Davie
Phone: 954-629-8133
Email: Happifarm@hotmail.com or**

Animal activities for children and adults with special needs. Therapeutic horseback riding, pony rides, farm tour, horticulture, music and art therapy, military veteran, and senior programs. \$10 for Petting Farm visit with pony or horse ride. Closed on Tuesdays. Visit website for more details.

**MarieLim@happifarm.org
happifarm.org**

JAFCO CHILDREN'S ABILITY CENTER
For ages 4 to 22, with an intellectual, developmental, and/ or physical disability.

Programs are held for twelve weeks.

Classes include:

Expressive Arts: Music Therapy; Artist's Workshop (Art); JAFCO Rising Stars (Drama Club); Picasso at Heart (Art); Sensory Play

Fitness and Movement: Fun with Fitness; Basketball; Olympics, Here We Come! (Fitness); Buddies and Beats; Hip Hop; Move and Groove

Social and Life Skills: Social Play and/

**Contact Information:
JAFCO Children's Ability Center
Location: Sunrise
Phone: 954-315-7033
Email: Info@jafco.org
jafco.org**

or Social Skills Junior; Teen Talk; Social Hangout; Social and Cooperative Games; Life Skills; Life Skills Junior
Enrichment: Lego Club; Soccer Club; Lil' Iron Chefs; S.T.E.M.; Future Top Chefs (Cooking).
Call or email for schedule, ages served, general program information, and registration requirements.

BRIGHT BEGINNINGS AND EARLY INTERVENTION
For ages 0 to 6, with a visual disability. A free developmental and support program for parents and children. Year-round. Monday to Friday and some Saturdays from 8 a.m. to 4 p.m. Call or email for more details.

THE DAVID AND JEAN COLKER KIDS PROGRAM
For ages 6 to 13, with a visual disability. A free year-round program of activities that focus on age-appropriate safe outdoor travel, computer and other

Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@lhob.org
lhob.org

Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@lhob.org
lhob.org

high-tech devices, cooking, self-care techniques, and more. Meets school holidays and two Saturdays a month from 9 a.m. to 3 p.m. January to June. Call or email for details.

TEEN LIFE

For ages 14 to 22, with a visual disability.

A free year-round program focusing on independence and life planning after high school including activities that promote job and college preparation. Meets school holidays and two Saturdays a month from 9 a.m. to 3 p.m. January to June. Call or email for details.

Contact Information:

**Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@lhob.org
lhob.org**

FIT 4 LIFE

For ages 18 and up, with an intellectual or developmental disability.

A weekly fitness and wellness program that encourages exercise and healthy eating habits in a fun and social atmosphere. Saturdays from 9 a.m. to

Contact Information:

**Living Inclusively for Everyone Inc. (LIFE)
Location: Plantation
Phone: 954-817-4742
Email: LifeFlorida@gmail.com
Life-Florida.org**

12:30 p.m. Registration required. Call or email for details.

ADAPTIVE FITNESS CLASS
For all ages, with a physical disability.
Call or email for details.

Contact Information:
Memorial Rehabilitation Institute
Location: Memorial Rehabilitation Institute,
Hollywood
Phone: 954-518-5573
Email: PStanchi@mhs.net
<https://www/mhs.net/services/rehabilitaiton/treatments/types/adaptive-sports>

9 MUSES DROP-IN CENTER
For ages 18 and up, living with mental illness. All are welcome.
Activity program for adults recovering from mental illness and/ or substance abuse focusing on the arts. Drawing, painting, ceramics, clay, music, and more. Call or email for details.

Contact Information:
Mental Health Association of Southeast Florida
Location: 9 Muses Drop-In Center, Lauderhill
Phone: 954-746-2055
Email: Chris@mhasefl.org or
Info@mhasefl.org
9musesartcenter.org
mhasefl.org

HOPE YOUNG ADULT GROUP - Healthy, Optimistic People Enjoying Life
For ages 18 to 30, living with mental

Contact Information:
National Alliance on Mental Illness, Broward County

illness.
Fun, social, and supportive activities for young adults living with mental illness. First and third Friday of every month from 5 p.m. to 6 p.m. Call or email for more details.

Location: Varies
Phone: 954-316-9907
Email: NamiBroward@gmail.com
NamiBroward.org

WHEELCHAIR SPORTS
For ages 18 and up, with a physical disability.
Variety of recreation and sports opportunities. Call for more details.

Contact Information:
Paralyzed Veterans of America, Florida Chapter
Location: Varies
Phone: 754-702-4199
pvaf.org

PARKLAND BUDDY SPORTS PROGRAM
For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Recreational sports programs for all children with special needs. Student volunteers "Buddies" and children with special needs are paired together to educate and empower each other. Visit the website for information and each sports' contact person. Registration

Contact Information:
Parkland Buddy Sports Inc.
Locations: Parkland Country Club (PCC), Parkland
Pine Trails Park (PT), Parkland
Terramar Park (T), Parkland
Email: Info@ParklandBuddySports.com
ParklandBuddySports.org

required.

FLAG FOOTBALL: September to October. Saturdays from 3:30 p.m. to 4:30 p.m., at Pine Trails Park

RUNNING: November to December. Sundays from 10:30 a.m. to 11:30 a.m., at Terramar Park

SOCCER: November to December. Saturdays from 3:15 p.m. to 4:30 p.m., at Pine Trails Park

BASKETBALL: January to March. Sundays from 11:30 a.m. to 1 p.m., at Terramar Park

YOGA: January to March. Wednesdays from 3:30 p.m. to 5:30 p.m., at Pine Trails Park

GOLF: March to April. Wednesdays from 3:15 p.m. to 5:30 p.m., at Parkland Country Club

TENNIS AND PICKLEBALL: March to May. Sundays from 10:20 a.m. to 11:45 a.m., at Terramar Park

KICKBALL: June to August. Saturdays

from 10:30 a.m. to 11:30 a.m., at Pine Trails Park

PAL DYNAMITE – Plantation Athletic League Dynamites

For all ages with intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Year-round programs, sports, and activities. No age limit and never too late to register. Activities every Friday, Saturday, and Wednesday from May to August, when school is out. Sports are \$20 per season. Friday Social Events are \$2 each. Call, text, or email for more details.

SPECIAL EVENTS: A variety of events throughout the year on the first and fifth Friday of the month.

BINGO: Second Friday of month at 7 p.m., at the Jim Ward Community Center in Plantation.

Contact Information:

Plantation Athletic League

Location: Varies

Phone: 954-270-4455 (Call or Text after 3 p.m.)

**Email: Imagineluz3d@gmail.com or DynamitesCommissioner@palsports.org
leaguelineup.com/PlantationDynamites**

MOVIES AND SOCIAL: Third Friday of month at 7 p.m., at the Jim Ward Community Center in Plantation.

DANCES: Fourth Friday of month at 7:30 p.m., at the Jim Ward Community Center in Plantation. \$2. (No dances in November and December).

SOCCKER: Saturdays, in the fall, at Pine Island Park in Plantation.

BASKETBALL: Wednesdays, in the summer, indoors while school is out.

SOFTBALL and/ or TEE BALL: Saturdays, in the spring, at Pop Travers Park in Plantation.

BOWLING: Saturdays, year-round. Check website for more information.

GALA: Annual free party, the second Friday of December, including Santa, dinner, and surprises.

PICNIC: Annual picnic the first week in November at Pine Island Park. Under the big tents, rain, or shine.

ADULT DAY PROGRAM

For ages 18 and up, with an intellectual or developmental disability.

A daily enrichment program including life skills, recreation, functional academics, community participation, field trips, physical wellness, and more. Call or email for more details.

Contact Information:

Schott Communities

Location: Cooper City

Phone: 954-434-3306

Email: DSilverman@SchottCommunities.org

SchottCommunities.org

ART AND CRAFT CLASSES

For ages 18 and up, with an intellectual, developmental, and/ or physical disability.

Explore your creativity in these affordable art classes. All supplies included. No experience necessary. Weekdays from 10 a.m. to 12 p.m. or 1 p.m. to 3 p.m. \$50 per class. Call or email for more details.

Contact Information:

Schott Communities

Location: Cooper City

Phone: 954-434-3306

Email: DSilverman@SchottCommunities.org

SchottCommunities.org

SHAKE-A-LEG MIAMI – WATER SPORTS

For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Sailing, water sports instruction,

Contact Information:

Shake-A-Leg Miami

Location: Miami

Phone: 305-858-5550

ShakeALegMiami.org

fishing, physical conditioning, group programs, camps, special events, transition, vocational programs, and more. Call for more details.

**SPECIAL OLYMPICS FLORIDA –
BROWARD COUNTY**

**For ages 8 and up, with an intellectual or developmental disability.
Free year-round sports training and competition in more than 20 sports for all skill levels. Call or email for details.**

**Contact Information:
Special Olympics Florida – Broward County
Location: Multiple locations within Broward County
Phone: 954-262-2158
Email: michelleleonardo@sofl.org
SpecialOlympicsFlorida.org/broward**

**SPECIAL OLYMPICS
LITTLE ELITES PROGRAM**

**For ages 6 to 12, with an intellectual or developmental disability.
A sports program that bridges the gap between Young Athletes (ages 2 to 7) and competitive Special Olympics sports. Training offered in various sports. Call or email for details.**

**Contact Information:
Special Olympics Florida – Broward County
Location: Multiple Locations in Broward County
Phone: 305-406-9467
Email: markthompson@sofl.org
SpecialOlympicsFlorida.org/broward**

**SPECIAL OLYMPICS
MOTOR ACTIVITY TRAINING PROGRAM
(MATP)**

**Contact Information:
Special Olympics Florida – Broward County
Location: Multiple Locations in Broward**

**For ages 2 and up, with an intellectual or developmental disability.
Program designed for athletes with severe disabilities whose physical and/or behavioral limitations preclude participation in traditional Special Olympics team and individual sports.
Aids in improving basic motor skills.
Call or email for details.**

County
Phone: 305-406-9467
Email: markthompson@sofl.org
SpecialOlympicsFlorida.org/broward

**SPECIAL OLYMPICS
YOUNG ATHLETES PROGRAM (YAP)**
**For ages 2 to 7, with an intellectual or developmental disability.
An innovative sports play program that focuses on fundamental motor tracking, eye-hand coordination, and developing skills consistent with Special Olympics sports. Call or email for details.**

Contact Information:
Special Olympics Florida – Broward County
Location: Multiple Locations in Broward County
Phone: 305-406-9467
Email: markthompson@sofl.org
SpecialOlympicsFlorida.org/broward

**SPLASH PALS ADAPTED AQUATICS –
TBA – Contact to Confirm**
For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Contact Information:
Splash Pals, Inc.
Locations: Davie and Boca Raton
Phone: 561-419-6709
Email: SplashPals@gmail.com

Therapeutic swimming and aquatic recreation. Program focuses on swimming, exercise, social interaction, and play. Year-round. Call or email for more details.

SplashPals.com

COLLEGE LIFE SKILLS PROGRAM (Before, During, and After College)
For ages 15 to 25, who are college bound neurodiverse students.
Providing for the executive functioning, life skills, social abilities, and emotional maturity for college bound students with varied exceptionalities. Call or email for details.

Contact Information:
Support for Students Growth Center
Locations: Boca Raton and virtually
Phone: 561-990-7305
Email: info@CollegeLSP.com
CollegeLSP.com

SUPPORTABILITIES ADAPTIVE BOXING
For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
An inclusive, non-contact boxing fitness program for all ages and abilities.
Offered in small groups. Call or email for more details.

Contact Information:
Supportabilities Foundation
Location: Varies
Phone: 518-312-7936
Email:
JZilinkas@SupportabilitiesFoundation.org
SupportabilitiesFoundation.org

SUPPORTABILITIES FITNESS AND TRAINING

For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. A one-to-one program designed to meet the individual goals and needs of each participant. Offered in-person and remote. Call or email for more details.

**Contact Information:
Supportabilities Foundation
Location: Varies
Phone: 518-312-7936
Email:
JZilinkas@SupportabilitiesFoundation.org
SupportabilitiesFoundation.org**

SUPER STAR GYMNASTICS – TBA – Contact to Confirm

For ages 5 and up, with an intellectual or developmental disability. Gymnastic classes for youth with autism and related disorders. Parent, child, and youth classes. Saturdays from 9 a.m. to 10 a.m. Call or email for information.

**Contact Information:
TAG USA Gymnastics
Location: Weston
Phone: 954-384-9393 or 054-384-9191
Email: Classes@tagusagymnastics.com
taggymnastics.com**

MOST AFTER-SCHOOL PROGRAM

For ages 3 to 22, with an intellectual, developmental, and/ or physical disability. Quality academic and cultural arts

**Contact Information:
United Community Options of South Florida
Locations: Varies throughout Broward County
Phone: 954-584-7178**

experiences in small groups with appropriate adult to student ratios. Call or email for details.

**Email: Info@uco-ucpsfl.org
UnitedCommunityOptionsfl.org**

S.T.E.P. PROGRAM
For ages 16 to 21, with an intellectual, developmental, and/ or physical disability.
Hands-on experiences designed to foster independence and improve social skills, communication, and employability skills. Year-round. Call or email for details.

Contact Information:
United Community Options of South Florida
Locations: Varies throughout Broward County
Phone: 954-6584-7178
**Email: Info@uco-ucpsfl.org
UnitedCommunityOptionsfl.org**

SOCIAL AND RECREATION GROUP – TBA – Contact to Confirm
For ages 16 and up, with an intellectual or developmental disability.
A wide variety of weekly activities, group outings, and events that promote socialization, an active lifestyle, and fun. Call or email for schedule and more details.

Contact Information:
Victory Living Programs
Locations: Varies throughout Broward County
Phone: 954-616-1074
**Email: Activities@victoryliving.org
VictoryLiving.org**

WE ROCK THE SPECTRUM KIDS' SENSORY GYM
For all ages, with an intellectual, developmental and/ or physical disability, autism, and special needs. We Rock the Spectrum Kids' Gym provides children of all abilities with a fun and motivational environment to enhance in the areas of strength, movement, sensory processing, communication, behavior modification, social interaction, and self-care skills. Inclusive environment with unique pieces of sensory equipment that is specifically designed for children with sensory processing disorders. Call or email for details.

Contact Information:
We Rock the Spectrum Kids Gym
Location: Davie
Phone: 754-216-2153
Email: Info@WeRocktheSpectrumDavie.com
WeRocktheSpectrumDavie.com

AYSO VIP PROGRAM
For ages 4 and up, and adults, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Provides a free quality soccer

Contact Information:
Weston American Youth Soccer Organization (AYSO), Region 644
Location: Weston Regional Park, Field # 4, Weston
Email: Vfiallos@icloud.com

experience for children and adults whose physical or mental disabilities make it difficult to successfully participate on mainstream teams. Spring season runs from January to April. Sundays from 10 a.m. to 11 a.m. Email for more details.

ayso644.org – click on Programs, then VIP

WESTON MIRACLE LEAGUE – TBA –

Contact to Confirm

For all ages with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

“EVERY CHILD DESERVES A CHANCE TO PLAY BASEBALL”

Provides an opportunity for children and young adults with disabilities to play Miracle League Baseball, regardless of their abilities. Sundays from 4 p.m. to 5 p.m. Call or email for more details.

Contact Information:

Weston Miracle League

Location: Rose G. Price Park, Pembroke Pines

Phone: 954-278-5619

Email: Wmlfl@aol.com

WestonMiracleLeague.com

YMCA ADAPTIVE/MODIFIED

BASKETBALL

For ages 4 and up, with an intellectual, developmental, physical, emotional,

Contact Information:

YMCA of South Florida

Location: Pembroke Pines

Phone: 954-766-5680

**visual, and/ or hearing disability.
An inclusive program for children through adults. Each participant is paired with a volunteer who works with them each session. Participants develop sports and social skills while increasing self-confidence and healthy lifestyle habits. Call or email for more details.**

**Email: JLata@ymcasouthflorida.org
YMCASouthFlorida.org**

**YMCA ADAPTIVE/MODIFIED VOLLEYBALL
For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. An inclusive program for children through adults. This inclusive program pairs each participant with a volunteer who works with them each session. Participants develop sports and social skills while increasing self-confidence and healthy lifestyle habits. Call or email for more information.**

**Contact Information:
YMCA of South Florida
Location: Pembroke Pines
Phone: 954-766-5680
Email: JLata@ymcasouthflorida.org
YMCASouthFlorida.org**

YMCA FUN RUN SERIES

For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. An inclusive program for children through adults. Each participant is paired with a volunteer who works with them each session. Participants develop sports and social skills while increasing self-confidence and healthy lifestyle habits. Call or email for more information.

Contact Information:

**YMCA of South Florida
Location: Pembroke Pines
Phone: 954-766-5680
Email: JLata@ymcasouthflorida.org
YMCASouthFlorida.org**

Y MOST PROGRAM

For ages 4 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Structured recreation program during school days that closely mirror typical afterschool or summer programs. Non-school day mini camps. Call for more details.

Contact Information:

**YMCA of South Florida
Location: Call for locations
Phone: 954-623-5555
YMCASouthFlorida.org**

S.T.E.P. PROGRAM

For ages 16 to 22, with an intellectual, developmental, and/ or physical disability.

An afterschool program that focuses on exploring post-secondary career and educational interests. Supported summer employment and/ or volunteer opportunities. Call for more details.

Contact Information:

YMCA of South Florida

Locations: Call for locations

Phone: 954-623-5555

YMCASouthFlorida.org

YMCA SWIM BUDDIES

For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

An inclusive program for children through adults. Each participant is paired with a volunteer who works with them each session. Promotes aquatic skill development, family involvement, and social skills while increasing self-confidence and healthy lifestyle habits. Call or email for more information.

Contact Information:

YMCA of South Florida

Locations: Pembroke Pines and Weston

Phone: 954-766-5680

Email: JLata@ymcasouthflorida.org

YMCASouthFlorida.org

SENSORY SATURDAYS

For ages 5 and up, with an intellectual

Contact Information:

Young at Art Museum

or developmental disability and/ or with autism related disabilities. Interactive exhibits and art activities that are inclusive to special populations. Sensory items available for visitors to borrow on their visit. Second Saturday of every month from 11 a.m. to 12 p.m. April 8 through August 12. \$12 admission per person. Free under age of 2. Call or email for more details.

Location: Westfield Broward Mall, Ste 1208, Plantation
Phone: 954-314-7077
Email: Info@youngatartmuseum.org
www.youngatartmuseum.org

COUNTY AND MUNICIPAL PROVIDERS

Broward County and City Contact Information and Access Features

There are 31 municipalities in Broward County, Florida. Most of the municipalities have their own independent park and recreation agencies that offer year-round recreation and leisure opportunities, park facilities, and amenities. For information on a particular park and recreation agency's programs and/or facilities, contact that municipal agency directly.

Playgrounds refer to the level of accessibility or usability that varies for each playground noted under the access features.**

BROWARD COUNTY PARKS AND RECREATION DIVISION –

<https://www.broward.org/parks>

Special Populations Section – Phone: 954-357-8170 or 954-357-8160, or TTY: 954-537-2844

POOLS AND/OR WATER PLAYGROUNDS:

• C.B. Smith Park – Phone: 954-357-5170. Address: 900 North Flamingo Road, Pembroke Pines.

Water playgrounds with sloped entry, aquatic wheelchair, and Lazy River with lift.

• Central Broward Park – Phone: 954-357-5400. Address: 3770 Northwest 11th Place, Lauderhill.

Pool with lift, sloped entry, aquatic wheelchair, and water playground with

sloped entry, aquatic wheelchair.

• **Quiet Waters Park – Phone: 954-357-5100. Address: 401 South Powerline Road, Deerfield Beach.**

Water playground with sloped entry, aquatic wheelchair.

• **Topeekeegee Yugnee (T.Y.) Park – Phone: 954-357-8811. Address: 3300 North Park Road, Hollywood.**

Pool with lift, sloped entry, aquatic wheelchair, and water playground with sloped entry, aquatic wheelchair.

Splash Pad at: Miramar Pineland Park – Phone: 954-357-8776. Address: 3600 South University Drive, Miramar. West Lake Park – Phone: 954-357-5261. Address: 1200 Sheridan Street, Hollywood.

PLAYGROUNDS**

COCONUT CREEK PARKS AND RECREATION DEPARTMENT –

<https://www.coconutcreek.net/parks-and-recreation>

Wayne K. Tobey, Director – Phone: 954-545-6670, or Recreation Complex – Phone: 954-956-1580

PLAYGROUNDS**

COOPER CITY RECREATION DEPARTMENT –

<http://www.coopercityfl.org/parksandrecreation>

Stacie Weiss, Recreation Director – 954-434-4300, ext. 295, or Jill Ankney, Aquatic Specialist – Phone: 954-434-4300, ext. 400

POOL:

- **Cooper City Pool and Tennis Center – Phone: 954-436-7300. Address: 11600 Stonebridge Parkway. Pool with lift.**

PLAYGROUNDS**

CORAL SPRINGS PARKS AND RECREATION –

<https://www.coralsprings.org/parks>

Robert Hunter, Recreation Director: 954-345-2200

POOLS:

- **Mullins Park Pool – Phone: 954-345-2170. Address: 10000 Northwest 29th Street. One (1) pool with lift and one (1) pool with zero-depth entry.**
- **Coral Springs Aquatic Complex – Phone: 954-345-2121. Address 12441 Royal Palm Boulevard. Pool with lift.**
- **Cypress Water Park – Phone: 954-345-2109. Address: 1300 Coral Springs Drive. Pool with lift and Activity Pool with zero-depth entry.**

PLAYGROUNDS**

DANIA BEACH PARKS AND RECREATION DEPARTMENT –

<https://www.daniabeachfl.gov/273/parks-recreation>

Eric Brown, Recreation Director – Phone: 954-924-6800, ext. 3730

POOLS:

- **Patrick J. Meli Park Aquatic Complex – Phone: 954-985-4400. Address: 2901 Southwest 52nd Street. Pool with lift.**

• **C.W. Thomas Park Pool – Phone: 954-924-3692. Address: 100 Northwest 8th Avenue. Pool with lift.**

ROPES COURSE (low and high course) – Tigertail Lake Recreation Center – Phone: 954-201-4500. Address: 580 Gulfstream Way.

BEACH ACCESS – Phone: 954-924-3696. Address: 100 North Beach Road. Access from parking to chickee hut on beach, picnic area, and restroom.

PLAYGROUNDS**

DAVIE PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –

<https://www.davie-fl.gov/235/parks-recreation-cultural-arts>

Administrative Offices – Phone: 954-797-1146

POOLS:

• **Davie Pine Island Park Aquatics Center – Phone: 954-327-3926. Address: 3800 Southwest 92nd Avenue. Pool with ramp.**

• **Betty Booth Roberts Park Pool – Phone: 954-797-6716. Address: 4200 Southwest 61st Avenue. Pool with lift.**

Splash Pad at: Shenandoah Park – Address: 14601 Southwest 14th Street.

PLAYGROUNDS **

DEERFIELD BEACH PARK AND RECREATION DEPARTMENT -

<https://www.deerfield-beach.com/39/parks-recreation>

Administrative Offices: 954-480-4433

POOL:

• **Deerfield Beach Aquatic Center – Phone: 954-420-2262. Address: 501 Southeast 6th Avenue. Pool with lift, zero-depth entry, and water wheelchair.**

BEACH ACCESS – Phone: 954-480-4412. BEACH CONDITIONS – Phone: 954-480-4413 (recorded daily).

• **North Beach (International Fishing Pier): 200 Northeast 21st Avenue. Pier, boardwalk, and beach wheelchair available at Lifeguard Station #3, located at Hillsboro Boulevard and Southeast 21st Avenue.**

• **North Beach (Kirk Cottrell) Pavilion – Address: 314 Northeast 21st Avenue. Walkway to sand.**

Splash pad water feature at: Sullivan Park – Address: 1700 Riverview Road.

PLAYGROUNDS**

FORT LAUDERDALE PARKS AND RECREATION DEPARTMENT –

<https://www.parks.fortlauderdale.gov>

Phil Thornburg, Recreation Director – Phone: 954-828-7275, or Matthew Cobb, ADA Coordinator – Phone: 954-828-6510 or Susan Riestra, ADA Event Coordinator

– Phone: 954-828-4612

POOLS:

• **Fort Lauderdale Aquatic Complex – Phone: 954-828-4580. Address: 501 Seabreeze Boulevard. Pool with lift.**

• **Croissant Park Pool – Phone: 954-828-6156. Address: 245 West Park Drive. Pool with ramp, water wheelchair, and Water Playground with lift, zero-depth entry, and water wheelchair.**

- **Lauderdale Manors Park Pool – Phone: 954-828-5412. Address: 1340 Chateau Park Drive. Pool with lift and Water Playground with zero-depth entry.**
 - **Riverland Park Pool – Phone: 954-828-5322. Address: 950 Southwest 27th Avenue. Pool with lift, ramp, water wheelchair, and Water Playground with zero-depth entry and water wheelchair.**
 - **Bass Park Pool – Phone: 954-828-6019. Address: 2750 Northwest 19th Street. Pool with lift and steps.**
 - **Joseph C. Carter Park Pool – Phone: 954-828-5407. Address: 1450 West Sunrise Boulevard. Pool with lift, steps, and Water Playground with zero-depth entry.**
 - **Sunrise Middle School Pool – Phone: 954-721-2018. Address: 1750 Northeast 14th Street. Pool with ramp and water wheelchair.**
- BEACH ACCESS – Phone: 954-828-4595. Beach wheelchair at Sebastian Street Lifeguard Station. Playground, restrooms, showers, picnic tables, grills, and parking located at Sebastian Street at A1A.**
- Splash pad at: Osswald Park – Address: 2220 Northwest 21st Avenue.**

PLAYGROUNDS **

HALLANDALE BEACH PARKS AND RECREATION, AND OPEN SPACES

DEPARTMENT - [https:// www.CoHB.org/Parks](https://www.CoHB.org/Parks)

Cathie Schanz, Recreation Director – Phone: 954-457-1452

POOL:

- **B.F. James Park Pool – Phone: 954-457-1321. Address: 777 Northwest 1st Avenue. Pool with lift and zero-depth entry.**

BEACH ACCESS – Hallandale Ocean Rescue – Phone: 954-362-9198.

- **Beach access mats located at: South City Beach Park – Address: 1870 South Ocean Drive and North City Beach Park – Address: 111 South Surf Road.**
- Beach wheelchairs available at Towers 1 and 2 on a first-come, first-serve basis.**

PLAYGROUNDS **

HOLLYWOOD DEPARTMENT OF PARKS, RECREATION AND CULTURAL ARTS -

<https://www.hollywoodfl.org/97/parks-recreation-cultural-arts>

Ricky Engle, Recreation Director – Phone: 954-921-3404, or Monique Spencer, Program Supervisor – Phone: 954-921-3235

POOL:

- **Driftwood Community Pool – Phone: 954-967-4644. Address: 3000 North 69th Avenue. Pool with lift, zero-depth entry, and handrails – heated.**

BEACH ACCESS – Phone: 954-921-3423. BEACH CONDITIONS – Phone: 954-921-3334. Beach wheelchairs may be reserved on a first-come, first-serve basis. Mobi-Mat access located at eight (8) points along beach: Carolina Street, Connecticut Street, Johnson Street, New York Street, ADA ramp between Tyler Street, and Harrison Street, Oregon Street, and Magnolia Terrace.

PLAYGROUNDS**

LAUDERDALE-BY-THE-SEA PARKS AND RECREATION -

<https://www.lauderdalebythesea-fl.gov/169/parks-beach-portals>

General Information – Phone: 954-640-4232

BEACH ACCESS – Phone: 954-640-4200. Beach wheelchair available. Seven (7) points of beach access via sidewalk flush with sand or beach entry. Mobi-Mat entry to the beach at El Prado Park.

LAUDERDALE LAKES PARKS AND HUMAN SERVICES DEPARTMENT –

<http://www.lauderdalelakes.org/133/Parks-Human-Services>

Treasa Brown-Stubbs, Parks and Human Services Director – Phone: 954-535-2785

POOL:

• Lauderdale Lakes Swimming Pool Complex – Phone: 954-733-6283. Address: 3077 Northwest 39th Street. Pool with zero-depth entry, and water wheelchair – heated.

PLAYGROUNDS**

LAUDERHILL PARKS AND LEISURE SERVICES –

<https://www.lauderhill-fl.gov/parks-recreation>

Scott Newton, Recreation Director – Phone: 954-730-3084, or Brian Picinic, Deputy Director – Phone: 954-572-1478, or Aquatics – Phone: 954-572-1462

POOLS:

• John E. Mullin Park and Lauderdale Aquatic Center – Phone: 954-486-8450. Address: 2000 Northwest 55th Avenue.

• Veterans Park Pool – Phone: 954-572-1459. Address: 7600 Northwest 50th Street. Pool with ramp.

• Wolk Park Pool – Phone: 954-321-2466. Address: 1080 Northwest 42nd Way.

PLAYGROUNDS**

LIGHTHOUSE POINT RECREATION DEPARTMENT –

<https://www.lighthousepoint.com/176/recreation>

Becky Word, Recreation Director – Phone: 954-784-3439

PLAYGROUNDS **

MARGATE PARKS AND RECREATION DEPARTMENT –

<https://www.margatefl.com/211/parks-and-recreation>

Michael A. Jones, Recreation Director – Phone: 954-972-6458

POOL:

- **Calypso Cove Water Park – Phone: 954-974-4566. Address: 6200 Royal Palm Boulevard. Pool with lift and Water Playground with zero-depth entry.**

PLAYGROUNDS**

MIRAMAR PARKS AND RECREATION DEPARTMENT –

<https://www.miramarfl.gov/1726/parks-recreation>

Billy Neal, Interim Recreation Director – Phone: 954-602-3344, or Administration – Phone: 954-602-3172

POOLS:

- **Historic Miramar Aquatic Complex – Phone: 954-602-3367. Address: 6920 Southwest 35th Street. Pool with lift and ramp and Wading Pool with zero-depth entry.**

- **Miramar Regional Aquatic Complex – Phone: 954-883-6955. Address: 16801 Miramar Parkway. Pool with lift and ramp and Water Playground with zero-depth entry.**

PLAYGROUNDS**

NORTH LAUDERDALE PARKS AND RECREATION DEPARTMENT –

https://www.nlauderdale.org/departments/parks_and_recreation/

Patrick Cann, Recreation Director – Phone: 954-724-4704, or Aquatics – Phone: 954-724-7061

POOL:

- **Jerry Resnick Aquatic Center – Phone: 954-724-7063. Address: 701 Southwest 71st Avenue. Pool with lift – heated and Water Playground.**

PLAYGROUNDS**

OAKLAND PARK PARKS AND LEISURE SERVICES DEPARTMENT –

<https://www.oaklandparkfl.gov/195/parks-leisure-services>

Brad Ostroff, Interim Director – Phone: 954-630-4268, or General Information – Phone: 954-630-4500

CANOE AND/OR KAYAK LAUNCH – J. Dewey Hawkins Landing – Address: Northeast 12th Terrace and 30th Court.

PLAYGROUNDS**

PARKLAND PARKS AND RECREATION DIVISION –

<https://www.cityofparkland.org/108/parks-and-recreation>

**Nick Williams, Parks and Recreation Manager (Athletics) – Phone: 954-757-4104,
or Felicia Trainor, Assistant Director – Phone: 954-757-4131**

City facilities equipped with QR code to sensory maps and social scripts.

Available at <https://cityofparkland.org/Autismfriendly>.

PLAYGROUNDS Pines Trails Park Playground – Phone: 954-757-4104. Address:
10555 Trails End. Playground with ramps, wheelchair access, and wheelchair
accessible features. Terramar Park Playground – Phone: 954-757-4105. Address:
6700 West Hillsboro Boulevard. Playground with ramps, wheelchair access, and
wheelchair accessible features.**

TOWN OF PEMBROKE PARK PARKS DEPARTMENT –

<https://www.tppfl.gov/parks-department>

Parks Department – Phone: 954-986-0790

**FISHING PIER – Patrick Behan Park – Phone: 954-986-9053. Address: 3200 South
25th Street.**

PEMBROKE PINES RECREATION AND CULTURAL ARTS DEPARTMENT –

<https://www.ppines.com/278/recreation-cultural-arts>

**Carol Campisi Toscano, Assistant Recreation Director – Phone: 954-392-2130, or
Thomas Joyce, Recreation Supervisor – Phone: 954-392-2127**

POOLS:

• Pembroke Pines YMCA Aquatic Center – Phone: 954-447-7645. Address: 1361

Northwest 129th Avenue. Pool with zero-depth entry and access chair.

- **Southwest Focal Point Senior Center Pool – Phone: 954-450-6888. Address: 301**

Northwest 103rd Avenue. Pool with ramp, access chair – heated.

- **Towngate Park Pool – Phone: 954-450-6895. Address: 901 Northwest 155th Avenue. Pool with lift – heated.**

- **Rose G. Price Park Pool – Phone: 954-437-1140. Address: 901 Northwest 208th Avenue. Pool with lift.**

MIRACLE LEAGUE BASEBALL FIELD – Rose G. Price Park – Address: 901

Northwest 208th Avenue. Rubberized surface, totally accessible baseball field for use by individuals who may use wheelchairs, walkers, other assistive devices.

PLAYGROUNDS or WATER PLAYGROUNDS****

PLANTATION PARKS AND RECREATION DEPARTMENT –

<https://www.plantation.org/government/departments/parks-recreation>

Phil Goodrich, Recreation Director – Phone: 954-452-2511, or Christopher Cooksey, Aquatics Manager – Phone: 954-916-5608

POOLS:

- **Plantation Aquatic Complex – Phone: 954-452-2525. Address: 9151 Northwest 2nd Street. Pool #1: Competition pool with lift – heated. Pool #2: Training Pool with zero depth entry, ramp, and water wheelchair.**

- **Jim Ward Community Center – Phone 954-585-2344. Address: 301 Northwest 46th Avenue. Water Playground with zero depth entry.**

EXERCISE COURSE FOR WHEELCHAIR USERS

- **Veterans Park – Phone: 954-452-2510. Address: 1776 Lauderdale West Drive. PLAYGROUNDS** or WATER PLAYGROUND****

**POMPANO BEACH PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –
<https://parks.pompanobeachfl.gov/>**

General Information – Phone: 954-786-4111

POOLS:

- **Pompano Beach Aquatic Center – Phone: 954-786-4128. Address: 820 Northeast 18th Avenue. Pool with lift and stairs.**
- **Houston Sworn Aquatic Center – Phone: 954-786-4116. Address: 901 Northwest 10th Street. Pool with lift.**

BEACH ACCESS – Phone: 954-786-4111. BEACH CONDITIONS – Phone: 954-786-4005 (recorded daily). Address: 50 North Pompano Beach Boulevard. Two (2) beach wheelchairs available on a first-come, first-serve basis. Blue Mobi Mat pathway extends to edge of sand dune.

GOLF COURSE – Pro Shop Phone: 954-781-0426. Address: 1101 North Federal Highway. Adaptive golf cart (Solo Rider) available. "Golf Cart Flag Program" for individuals with limited walking ability.

PLAYGROUNDS**

**SOUTHWEST RANCHES' PARKS, RECREATION, AND OPEN SPACE DEPARTMENT –
<https://www.southwestranches.org/departments/parks-recreation-and-open-space/>
December Lauretano-Haines, Parks, Recreation and Open Space Manager –**

Phone: 954-434-0008

Sunshine Ranches Equestrian Park, Rolling Oaks Park, Country Estates Fishing Hole Park, Calusa Corners Park, Trailside Park.

PLAYGROUNDS**

SUNRISE LEISURE SERVICES DEPARTMENT –

<https://www.sunrisefl.gov/departments-services/leisure-services>

Kevin Pickard, Recreation Director – Phone: 954-747-4655, or Maria Little, Deputy Director – Phone: 954-747-4660

POOL:

• Sunrise Civic Center Aquatics Center – Phone: 954-747-4636. Address: 10610 West Oakland Park Boulevard. Pool with lift and Teaching Pool with zero-depth entry.

Splash pads at: Cypress Preserve Park – Address: 9020 Northwest 38th Street, Flamingo Park – Address: 12855 Northwest 8th Street, City Park – Address: 6600 Sunset Strip, Roarke Hall Pool – Address: 1720 Northwest 60th Avenue, open summers only, and Welleby Park – Address: 11100 Northwest 44th Street.

PLAYGROUNDS**

TAMARAC PARKS AND RECREATION DEPARTMENT –

<https://www.tamarac.org/100/parks-recreation>

Linda Probert, Assistant Recreation Director – Phone: 954-597-3632

POOL:

• **Caporella Aquatic Center – Phone: 954-597-3660. Address: 9300 Northwest 58th Street. Pool and Water Playground with zero-depth entry, water wheelchair – heated.**

PLAYGROUNDS**

WEST PARK PARKS AND RECREATION –

<https://www.cityofwestpark.org/gouvernement/departments/parks-and-recreation>

General Information – Phone: 954-964-0284

PLAYGROUNDS**

WESTON PARKS AND RECREATION –

<https://www.westonfl.org/government/parks-and-recreation>

Kara Petty, Recreation Director – Phone: 954-389-4321

PLAYGROUNDS**

WILTON MANORS LEISURE SERVICES DEPARTMENT –

<https://www.wiltonmanors.com/149/leisure-services>

Michelle Parks, Division Director – Phone: 954-390-2130

WHEELCHAIR-ACCESSIBLE BOAT RAMP at: Snook Creek Park – Address: 2351

Powerline Road and Colohatchee Boat Ramp – Address: 1975 Northeast 15th Avenue.

Splash pad at: Mickel Park – Address: 2675 Northwest 7th Avenue.

PLAYGROUNDS **

DR. VON D. MIZELL – EULA JOHNSON STATE PARK –

<https://www.floridastateparks.org/mizell>

John Frosbutter, Park Services Specialist – Phone: 954-924-3859, or General Information – Phone: 954-923-2833

BEACH ACCESS – Address: 6503 North Ocean Drive, Dania Beach. Limited number of beach wheelchairs available on a first-come, first-serve basis.

HUGH TAYLOR BIRCH STATE PARK –

<https://www.floridastateparks.org/HughTaylorBirch>

LeAnn Hinson, Park Manager – Phone: 954-564-4521

Large-print and audio park brochure available upon request. One mile audio tour of park available. Quarter-mile accessible Rail Trail.

BEACH ACCESS – Address: 3109 East Sunrise Boulevard, Fort Lauderdale. Beach wheelchair available at the Ranger Station on first-come, first-serve basis.

**THIS PUBLICATION CAN BE MADE AVAILABLE BY REQUEST IN LARGE PRINT,
AS A DIGITAL RECORDING, OR IN BRAILLE.**

Parks and Recreation Division

A SERVICE OF THE BROWARD COUNTY BOARD OF COUNTY COMMISSIONERS

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