

Recreation and Leisure Programs and Activities for Special Populations



Broward County, Florida FALL 2023 / WINTER 2024

**Prepared by the
Broward County Parks and Recreation Division
Special Populations Section**

Phone: 954-357-8170

TTY: 954-537-2844

**Email: SpecialPopulations@Broward.org
Broward.org/Parks**

The information contained in this listing is compiled for general information purposes only and is accurate to the best of the preparers' knowledge. Most of the information listed was provided by the program provider / agency. Due to the ongoing Covid-19 pandemic, information that lists TBA - Contact to Confirm, please contact the provider / agency for updates. Broward County does not endorse any of the programs or access features listed. Be sure to examine each program and access feature carefully, by contacting the provider listed in the entry, to determine what is desirable to meet your specific interests and needs. Please note that many of the programs listed have a preregistration requirement and may be fee-based. Should you have any corrections, or know of programs or access features not included, contact the Special Populations Section at 954-357-8170/8160, TTY: 954-537-2844, or SpecialPopulations@Broward.org.

COUNTY PROVIDERS OUTSIDE OF BROWARD COUNTY

Miami Dade Parks Therapeutic Recreation and Inclusion: 305-755-7848

MiamiDade.gov/Parks

Palm Beach County Therapeutic Recreation: 561-966-7015,

Co.Palm-Beach.FL.US/parks

General Program Information	Contact Information
<p>3R's ARTS AND CRAFTS – Recycle, Reuse, Repurpose For ages 18 and up, with an intellectual and/ or developmental disability. This program will provide opportunities to explore and create art with recycled, repurposed, and found materials while promoting and enhancing creativity and self-expression. Preregistration required. Call or email for details.</p>	<p>Contact Information: Broward County Parks and Recreation Division, Special Populations Section Location: Plantation Heritage Park, Plantation Special Populations – Phone: 954-357-8170/8160 TTY: 954-537-2844 Email: SpecialPopulations@Broward.org Broward.org/Parks</p>
<p>ADAPTIVE KAYAKING For ages 18 and up, with a visual disability and one adult guest. This program offers the basics, etiquette, and safety of adaptive kayaking, while being physically active and socializing on the water. Preregistration required. Call or email for details.</p>	<p>Contact Information: Broward County Parks and Recreation Division, Special Populations Section Location: West Lake Park, Hollywood Special Populations – Phone: 954-357-8170/8160 TTY: 954-537-2844 Email: SpecialPopulations@Broward.org Broward.org/Parks</p>
<p>BOCCIA For veterans with and without disabilities and ages 18 and up, with a</p>	<p>Contact Information: Broward County Parks and Recreation Division, Special Populations Section and</p>

physical disability.
This program will introduce the sport of bocchia that is aimed to focus on hand eye coordination and fine motor skills that will improve with continued practice. Preregistration required. Call or email for details.

City of Sunrise
Location: Sunrise Civic Center, Gymnasium
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
SunriseFL.gov

BOWLING
For ages 13 and up, with an intellectual and/ or developmental disability.
Learn and develop skills for playing the sport of bowling while having fun!
Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section
Location: SpareZ, Davie
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

C.O.R.E.S. (Connecting Others
Recreationally, Educationally, and
Socially)
For 18 and up, with an intellectual or
developmental disability and one adult
guest.

Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section
Location: Varies
Special Populations – Phone: 954-357-8170/8160

This program will provide the opportunity to participate in recreation, education (leisure), and social activities with peers throughout Broward County. Activities will vary from week to week. Preregistration required. Call or email for details.

**TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

HYBRID CROSS-ROUND FITNESS
For 18 and up, with a physical disability. This free program, in partnership with Supportabilities Foundation, will teach self-defense through noncontact boxing and promote physical fitness through adaptive exercises while enhancing physical, emotional, and social confidence. Preregistration required. Call or email for details.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and Supportabilities Foundation
Location: Varies
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
**Email: SpecialPopulations@Broward.org
Broward.org/Parks**

DISC GOLF 101
For ages 18 and up, with an intellectual or developmental disability, and one adult guest. Learn fundamentals, skills, equipment, field of play, rules, and more; or hone

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Plantation Heritage Park, Plantation
Special Populations – Phone: 954-357-8170/

your skills. Disc golf is an enjoyable, affordable, and active outdoor recreation or competitive activity that can be played at many of Broward County's beautiful parks. Preregistration required. Call or email for information.

**8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

DRUM TO THE BEAT
For ages 18 and up, living with Alzheimer's disease. A collaborative drumming program with the City of Lauderdale Lakes' Alzheimer's Care Center that focuses on rhythmic patterns with different percussion instruments and promotes enjoyment and inclusion for all! Call or email for information.

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section and City of Lauderdale Lakes
Location: Lauderdale Lakes' Alzheimer's Care Center
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
LauderdaleLakes.org**

FIT WITH FAMILY INCLUSIVE EXERCISE
For ages 18 and up, with intellectual or developmental disability, and one adult

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section**

guest.
A light to moderate intensity, head to toe, exercise and movement to music program that will promote general fitness and health. Preregistration required. Call or email for information.

**Location: C.B. Smith Park, Pembroke Pines
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

INTRODUCTION TO GARDENING
For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.
A free program introducing a broad range of garden topics such as basic gardening skills, how to make a garden bed, choosing an ideal garden location, and more. Preregistration required. Call or email for information.

Contact Information:
**Broward County Parks and Recreation
Division, Special Populations Section and
City of Lauderdale Lakes**
**Location: Lauderdale Lakes Children’s
Community Garden, Lauderdale Lakes
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
LauderdaleLakes.org**

HANDCYCLES
For ages 18 and up, with a physical disability.
Two handcycles, one recumbent, one upright, may be checked out on a first-

Contact Information:
**Broward County Parks and Recreation
Division, Special Populations Section**
**Location: Central Broward Park and Broward
County Stadium, Lauderhill**

come, first-served basis. Handcycles are for independent use within the park. 9 a.m. to 4 p.m. Call or email for details.

**Phone: 954-357-5400; TTY: 954-537-2844
Email: CBRP@Broward.org
Broward.org/Parks**

KICKBALL

For ages 18 and up, with intellectual and or developmental disability. Learn and develop skills for playing the sport of kickball while having fun! Preregistration required. Call or email for details.

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Brian Piccolo Sports Park and Velodrome, Field # 7, Cooper City
Special Populations – Phone: 954-357-8170/8160
(TTY) 954-537-2844
Email:
SpecialPopulations@Broward.org
www.Broward.org/Parks**

MUSICAL EXPRESSIONS

For ages 13 to 30, with an intellectual or developmental disability. Express yourself and communicate with music by learning musical skills with various percussion instruments. Have

**Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Topeekeegee Yugnee (T.Y.) Park, Hollywood
Special Populations – Phone: 954-357-8170/**

fun and gain confidence as you learn rhythmic patterns and use vocals. Preregistration required. Call or email for details.

**8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

NORDIC POLE WALKING
For 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest. This inclusive cardio and strength-based program will introduce participants to a simple, low-impact, and healthful walking activity. Preregistration required. Call or email for details.

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section
Location: Varies
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

SPECIAL OLYMPICS LITTLE ELITES
For ages 6 to 12, with an intellectual, developmental, and/ or physical disability. A youth developmental sports program that focuses on expanding sport-specific skills for an array of sports while encouraging cooperation and socialization. Preregistration required.

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
Special Olympics Florida
Location: Central Broward Park and Broward
County Stadium, Lauderdale
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844**

Call or email for details.

**Email: SpecialPopulations@Broward.org
Broward.org/Parks
SpecialOlympicsFlorida.org/South**

**TANDEM BIKE SKILL DEVELOPMENT
AND LEISURE RIDES**

**For 18 and up, with a visual disability
and one adult guest.**

**This program offers basic biking skills,
safety, bike mechanics, trust-building,
and group riding etiquette along with
the opportunity for physical activity,
fun, and socialization. Call or email for
details.**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section
Location: Varies
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

TAKE THE STAGE!

**For ages 6 to 16, with intellectual,
developmental, and/ or physical
disability.**

**A free fun dance program. Participants
will explore various styles and elements
of dance with student volunteers
assisting. Program focuses on rhythm,
coordination, socialization, self-
awareness, self-expression, and**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
City of Plantation
Location: Plantation Central Park, Plantation
Special Populations – Phone: 954-357-8170/
8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**confidence. Offered Saturdays.
Preregistration required. Call or email
for details.**

Plantation.org

WATER-SAFETY CLASSES

**For ages 6 months to 18, with an
intellectual, developmental, physical,
emotional, visual, and/ or hearing
disability.**

**Broward County's chief coordinating
agency for water-safety instruction and
awareness. SWIM Central maintains the
most comprehensive database in
Florida, tracking every single swimming
pool and program in the County.**

Contact Information:

**Broward County Parks and Recreation,
SWIM Central**

**Location: Various locations throughout
Broward**

Phone: 954-357-7946

Email: SWIMCentral@Broward.org

Broward.org/Parks

YOGA

**For 18 and up, with a visual disability.
Group yoga instruction with postures
adapted to individuals' abilities.**

**Preregistration required. Call or email
for details.**

Contact Information:

**Broward County Parks and Recreation
Division, Special Populations Section**

Location: Varies

**Special Populations – Phone: 954-357-8170/
8160**

TTY: 954-537-2844

Email: SpecialPopulations@Broward.org

Broward.org/Parks

ADULT SOCIAL – “Fall Frolic” Dance
For ages 18 and up, with an intellectual, developmental, and/ or physical disability.

Deejay music, dancing, socializing, and fun, and more. Friday, October 6, 2023, from 7 p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Tree Tops Park, Davie
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

TEEN AND ADULT SOCIAL – “Western Hoedown” Dance
For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.

Deejay music, dancing, socializing, fun, and more. Friday, November 17, 2023, from 7 p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Tree Tops Park, Davie
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

ADULT SOCIAL – “Holidays Around the World” Dance

Contact Information:
Broward County Parks and Recreation

For ages 18 and up, with a visual disability.
Co-sponsored by the City of Lauderdale Lakes Human Services. Deejay music, dancing, socializing, and fun.
Reservations required. Call or email for additional information. Friday, December 15, 2023, from 6 p.m. to 8 p.m. Note: Direct supervision of participants is not provided.

Division, Special Populations Section and City of Lauderdale Lakes
Location: Lauderdale Lakes' Alzheimer's Care Center
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
LauderdaleLakes.org

ADULT SOCIAL – “Winter Wonderland” Dance
For ages 18 and up, with an intellectual, developmental, and/ or physical disability.
Deejay music, dancing, socializing, and fun, and more. Friday, January 2024, from 7 p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.

Contact Information:
Broward County Parks and Recreation Division, Special Populations Section
Location: Tree Tops Park, Davie
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks

NAMI FRIDAY NIGHT SOCIAL
For ages 18 and up, living with mental

Contact Information:
Broward County Parks and Recreation

**health conditions.
Deejay music, dancing, socializing, and fun, and more. Friday, February 2024. Times are to be determined.
Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Division, Special Populations Section
Location: Tree Tops Park, Davie
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks**

**TEEN AND ADULT SOCIAL – “Go Green” Dance
For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.
Co-sponsored by the City of Tamarac.
Deejay music, dancing, socializing, fun, and more. Friday, March 2023 from 7 p.m. to 9 p.m. Reservations required.
Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Contact Information:
Broward County Parks and Recreation
Division, Special Populations Section and
City of Tamarac
Location: Tamarac Community Center,
Tamarac
Special Populations – Phone: 954-357-8170/8160
TTY: 954-537-2844
Email: SpecialPopulations@Broward.org
Broward.org/Parks
Tamarac.org**

**SPECIAL NEEDS BOWLING LEAGUE
For all ages, with an intellectual, developmental, physical, emotional,**

**Contact Information:
City of Coconut Creek Parks and Recreation
Location: AMF, Margate**

visual, and/ or hearing disability.
All levels of bowlers and experience are welcome. This program is about having fun, making friends, and social interaction with a little friendly competition. Registration required at Community Center prior to being accepted into program. Mondays from 5 p.m. to 7 p.m. August 21 through October 30. No September 4. Call or email for details.

Phone: 954-545-6670
Email: njeanlouis@coconutcreek.net
CoconutCreek.net/Parks/Special-Needs

BOOGIE DOWN DANCES
For all ages, with an intellectual, developmental, and/ or physical disability.
Monthly themed dances with entertainment and refreshments. First Friday of the month. Direct supervision is not provided. Call or email for details.

Contact Information:
City of Coral Springs Parks and Recreation
Location: Sartory Senior Center in Mullins Park, Coral Springs
Phone: 954-345-2208
Email: DFutterman@CoralSprings.gov
CoralSprings.org

SATURDAY'S SOCIAL CLUB
For ages 10 and up, with an intellectual, developmental, and/ or physical disability.

Contact Information:
City of Coral Springs Parks and Recreation
Location: Varies
Phone: 954-345-2208

Fun-filled activity day including on-site and off-site entertainment. Times and cost vary. Preregistration required. Participants must be self-sufficient. Call or email for details.

**Email: DFutterman@CoralSprings.gov
CoralSprings.org**

LOVE SERVING AUTISM TENNIS AND PICKLEBALL PROGRAM

For ages 5 to 18, with autism. In collaboration with Love Serving Autism, a new tennis and pickleball program offering specialized therapeutic instruction for individuals with Autism Spectrum Disorders. Saturdays from 9 a.m. to 10 a.m. Call or email for details.

**Contact Information:
City of Coral Springs Parks and Recreation and Love Serving Autism
Location: Cypress Park Tennis Center, Coral Springs
Phone: 954-345-2100
CoralSprings.org
LoveServingAutism.org**

ADAPTIVE AQUATICS AND SWIM LESSONS

For all ages with intellectual or developmental disability. Aimed at increasing swimming skills and confidence in the water and prompting water safety skills using adaptive and personalized techniques.

**Contact Information:
Town of Davie Parks, Recreation, and Cultural Arts
Location: Davie
Phone: 954-327-3926
Davie-FL.org**

Registration required. Call for details.

CHAIR YOGA

For ages 18 and up, with a physical disability.

Includes gently stretching, strengthening, and relaxing the body. It provides benefits of regular Hatha yoga from the comfort of a chair. This class is perfect for individuals with mobility limitations. Wednesdays from 10:30 a.m. to 11:30 a.m. and Saturdays from 11:15 a.m. to 12:15 p.m. Call or email for details.

Contact Information:

City of Fort Lauderdale Parks and Recreation

Location: Beach Community Center, Fort Lauderdale

Phone: 954-828-4610

**Email: ParksInfo@FortLauderdale.gov
FortLauderdale.gov**

FORT LAUDERDALE SHARKS –

Wheelchair Basketball Team

For ages 16 and up, with a physical disability.

In collaboration with the Fort Lauderdale Sharks, competitive and recreational wheelchair basketball. Team is part of the National Wheelchair

Contact Information:

City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Sharks

Location: Joseph C. Carter Park, Fort Lauderdale

Phone: 954-828-5411 or 954-993-3889

**Email: ParksInfo@FortLauderdale.gov or
FTLSharks@Gmail.com**

Basketball Association. All welcome to participate. Year round. Fridays from 6 p.m. to 9 p.m. and Sundays from 12 p.m. to 4 p.m. Call or email for details.

**FortLauderdale.gov
FTLSharks.com**

FORT LAUDERDALE LADY SHARKS – Wheelchair Basketball Team
For ages 16 and up, with a physical disability.
In collaboration with the Fort Lauderdale Lady Sharks, competitive and recreational wheelchair basketball. All welcome to participate. Year round. Tuesdays from 7:30 p.m. to 9:30 p.m., Fridays from 6 p.m. to 9:30 p.m., and Sundays at 12 p.m. to 4 p.m. Call or email for details.

Contact Information:
City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Sharks
Location: Joseph C. Carter Park, Fort Lauderdale
Phone: 954-828-5411 or 954-993-3889
Email: ParksInfo@FortLauderdale.gov or FTLSharks@Gmail.com
FortLauderdale.gov
FTLSharks.com

JR. FORT LAUDERDALE SHARKS – Prep and Juniors Wheelchair Basketball
For ages 6 to 13 and 14 to 17, with a physical disability.
In collaboration with the Jr. Fort Lauderdale Sharks, competitive and recreational wheelchair basketball.

Contact Information:
City of Fort Lauderdale Parks and Recreation
Location: Joseph C. Carter Park, Fort Lauderdale
Phone: 954-828-5411 or 954-303-6999
Email: ParksInfo@FortLauderdale.gov or JuniorSharksBasketball@Gmail.com

<p>County and surrounding areas. All welcome to participate. Call or email for details.</p>	<p>FortLauderdale.gov FTLSharks.com</p>
<p>TAI CHI For ages 18 and up, with a physical disability. A great low-impact workout to learn relaxing and cleansing techniques. Virtually on Tuesdays and Thursdays from 10 a.m. to 10:45 a.m. and in-person Wednesdays and Fridays from 8:45 a.m. to 9:45 a.m. Call or email for details.</p>	<p>Contact Information: City of Fort Lauderdale Parks and Recreation Location: Beach Community Center, Fort Lauderdale Phone: 954-828-4610 Email: ParksInfo@FortLauderdale.gov FortLauderdale.gov</p>
<p>WHEELCHAIR TENNIS PROGRAM For 18 and up, with a physical disability. Learn how to play wheelchair tennis. Free instruction and drills for all abilities and levels. Four specialized adult sport wheelchairs available. Every other Wednesday from 6:30 p.m. to 8 p.m. Call or email for details.</p>	<p>Contact Information: City of Fort Lauderdale Parks and Recreation Location: George English Tennis Center, Fort Lauderdale Phone: 954-828-4620 or 954-828-5378 Email: ParksInfo@FortLauderdale.gov FortLauderdale.gov</p>
<p>SPECIAL NEEDS SWIM LESSONS Adaptive Aquatics For ages 6 months and up, with an</p>	<p>Contact Information: City of Hollywood Parks, Recreation and Cultural Arts</p>

intellectual, developmental, physical, and/ or hearing disability.
Group swim lessons for children with disabilities. Adult must enter water with child. Registration required.
Call or email for session dates and details.

Location: Driftwood Community Pool, Hollywood
Phone: 954-967-4644
Email: CFernandez@HollywoodFL.org
HollywoodFL.org

ADULT SPECIAL NEEDS DANCES
For adults, with an intellectual, developmental, physical, and/ or emotional disability.
Enjoy an evening of dancing, music, and socializing. Light snacks and drinks provided. Third Tuesday of the month from 6:30 p.m. to 8 p.m. Call or email for details.

Contact Information:
City of Hollywood Parks, Recreation and Cultural Arts
Location: Boulevard Heights Community Center, Hollywood
Phone: 954-967-4235
Email: ERouland@HollywoodFL.org or ECabbil@HollywoodFL.org
HollywoodFL.org

ADULT SOCIAL CLUB
For adults, with an intellectual, developmental, physical, emotional, and/ or hearing disability.
Regularly scheduled life skill and recreational activities. Mondays and Fridays from 3 p.m. to 4:30 p.m. Call or

Contact Information:
City of Hollywood Parks, Recreation and Cultural Arts
Location: Boulevard Heights Community Center, Hollywood
Phone: 954-967-4235
Email: ERouland@HollywoodFL.org or

<p>email for details.</p>	<p>ECabbil@HollywoodFL.org HollywoodFL.org</p>
<p>MLK DAY OF SERVICE For ages 6 to 18. All abilities are welcome. January 2024, 11:00 am. Call or email for details.</p>	<p>Contact Information: City of Lauderdale Lakes and Human Services Location: Vincent Torres Memorial Park, Lauderdale Lakes Phone: 954-535-2808 LauderdaleLakes.org</p>
<p>ADAPTIVE SWIM LESSONS For ages 6 months and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. One-on-one swim lessons for individuals unable to be independent in water. Designed to increase swimming skills. Preregistration required. By appointment.</p>	<p>Contact Information: City of Margate Parks and Recreation Location: Calypso Cove Water Park, Margate Phone: 954-974-4566 Email: CCove@MargateFL.com MargateFL.com</p>
<p>SPECIAL OLYMPICS AQUATICS For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</p>	<p>Contact Information: City of Pembroke Pines Recreation and Cultural Arts/YMCA Adaptive Sports Location: Pines Charter Central Campus,</p>

disability.
In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes can train and compete in aquatics. Athletes must know swimming basics. Must meet Special Olympics eligibility requirements. Call or email for details.

Pembroke Pines
Phone: 954-727-9622 Ext. 1236
Email: JLata@YMCASouthFlorida.org
PPines.com
YMCASouthFlorida.org

SPECIAL OLYMPICS FLAG FOOTBALL
For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
disability.
In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes can train and compete in flag football. Must meet Special Olympics eligibility requirements. Call or email for details.

Contact Information:
City of Pembroke Pines Recreation and Cultural Arts/YMCA Adaptive Sports
Location: Town Gate Park, Pembroke Pines
Phone: 954-727-9622 Ext. 1236
Email: JLata@YMCASouthFlorida.org
PPines.com
YMCASouthFlorida.org

SPECIAL OLYMPICS SOCCER
For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Contact Information:
City of Pembroke Pines Recreation and Cultural Arts/YMCA Adaptive Sports
Location: Town Gate Park, Pembroke Pines

disability.
In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes can train and compete in soccer. Must meet Special Olympics eligibility requirements. Call or email for details.

Phone: 954-727-9622 Ext. 1236
Email: JLata@YMCASouthFlorida.org
PPines.com
YMCASouthFlorida.org

SPECIAL OLYMPICS TENNIS
For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
disability.
In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes can train and compete in tennis. Must meet Special Olympics eligibility requirements. Call or email for details.

Contact Information:
City of Pembroke Pines Recreation and Cultural Arts/YMCA Adaptive Sports
Location: Rose G. Price Park, Pembroke Pines
Phone: 954-727-9622 Ext. 1236
Email: JLata@YMCASouthFlorida.org
PPines.com
YMCASouthFlorida.org

MIRACLE LEAGUE BASEBALL
For ages 5 to 21, and over, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Contact Information:
City of Pembroke Pines Recreation and Cultural Arts
Location: Rose G. Price Park, Pembroke Pines

Played on an accessible field for individuals using wheelchairs and other walking devices. Parent or guardian must be present. Call or email for details.

**Phone: 954-437-1140
Email: TJoyce@PPines.com
PPines.com**

LOVE SERVING AUTISM TENNIS AND PICKLEBALL PROGRAM
For ages 5 to 18, with autism.
In collaboration with Love Serving Autism, a tennis and pickleball program offering specialized therapeutic tennis instruction for individuals with Autism Spectrum Disorders and Developmental Challenges. Saturdays from 9 a.m. to 10 a.m. Call or email for details.

Contact Information:
City of Plantation Parks and Recreation and Love Serving Autism
Location: Frank Veltri Tennis Center - Plantation Central Park, Plantation
Phone: 954-513-3540
Email: DDebruyne@Plantation.org or JRickey@Plantation.org
Plantation.org
LoveServingAutism.org

PLANTATION ADAPTIVE "PAP" TENNIS PROGRAM
For ages 7 to 17, and 18 and up, with a physical disability.
In collaboration with the Plantation Community Tennis Corporation and the United States Tennis Association (UTSA) Wheelchair Tennis Program.

Contact Information:
City of Plantation Parks and Recreation and Plantation Community Tennis Corporation
Location: Frank Velletri Tennis Center - Plantation Central Park, Plantation
Phone: 954-513-3540
Email: DDebruyne@Plantation.org or JRickey@Plantation.org

Tennis instruction and play for beginners to advanced wheelchair players. All equipment provided. Four specialized adult sport wheelchairs and two youth sport wheelchairs available. First and third Thursday of the month from 6:30 p.m. to 9 p.m. Call or email for details.

Plantation.org

ADAPTIVE ART

For ages 8 to 16, with an intellectual or developmental disability, and autism. Adaptive program where individuals can be expressive and create different pieces of art. Parent and/ or caregivers must remain on site. Registration required. Saturdays from 11:45 a.m. to 12:45 p.m. Call or email for details.

Contact Information:

**City of Pompano Beach Parks and Recreation
Location: Highlands Recreation Center,
Pompano Beach
Phone: 954-786-7871
Email: Demi.Rivera@COPBFL.com
PompanoBeachFL.gov**

ADAPTIVE KICKBALL

For ages 18 and over, with an intellectual or developmental disability, and autism. Adaptive program where individuals learn and develop skills to play the

Contact Information:

**City of Pompano Beach Parks and Recreation
Location: Highlands Recreation Center,
Pompano Beach
Phone: 954-786-7871
Email: Demi.Rivera@COPBFL.com**

sport of kickball. Registration required. Thursdays from 6 p.m. to 8 p.m., for six-week sessions. Call or email for details.

PompanoBeachFL.gov

LOVE SERVING AUTISM TENNIS AND PICKLEBALL PROGRAM

For ages 6 to 18, with autism. In collaboration with Love Serving Autism, a new tennis and pickleball program offering specialized therapeutic instruction for individuals with Autism Spectrum Disorders. Wednesdays from 5 p.m. to 6 p.m., for six-week sessions. Call or email for details.

**Contact Information:
City of Pompano Beach Parks, Recreation, and Cultural Arts and Love Serving Autism
Location: Pompano Beach Tennis Center, Pompano Beach
Phone: 954-786-4111
Email: Demi.Rivera@COPBFL.com
PompanoBeachFL.gov
LoveServingAutism.org**

AUTISM SWIMS

For ages 5 to 18, with autism. In collaboration with the Autism Foundation of Broward County. A free event, for youth with autism, to promote swimming and water safety. All abilities are welcome. Pool games, contests, and educational information. Reservation required. Saturday, April

**Contact Information:
City of Sunrise Leisure Services
Location: Sunrise Civic Center Aquatic Complex, Sunrise
Phone: 954-747-4618
Email: KEckstrom@SunriseFL.gov
SunriseFL.gov**

2024. Call or email for details.

WHEELCHAIR BASKETBALL – "Sunrise Suns"
For ages 16 and up, with a physical disability.
In collaboration with the Sunrise Suns. Professional team practice. Non team members welcome to experience wheelchair basketball and observe practices. Tuesdays and Thursdays from 5 p.m. to 7 p.m. Call or email for details.

Contact Information:
City of Sunrise Leisure Services and Sunrise Suns
Location: Village Multipurpose Center Gym, Sunrise
Phone: 954-747-4601 or 954-609-4345
Email: SunriseSuns1@Gmail.com
SunriseFL.gov
SunriseSuns.com

WHOLE VIBES MUSIC THERPAY
For ages 5 to 11, with an intellectual, developmental, and/ or emotional, disability.
In collaboration with the My Whole Vibes, this program offers music enrichment to help children communicate, express themselves, and interact with their peers. All abilities

Contact Information:
City of Sunrise Leisure Services and Sunrise Suns
Location: Sunrise Athletic Complex, Sunrise
Phone: 954-747-4608 or 561-501-1086
Email: Erica@MyWholeVibes.com or PWolz@SunriseFL.gov
SunriseFL.gov
MyWholeVibes.com

**are welcome! Mondays at 3:30 p.m.
Registration required. Call or email for
details.**

211 – SPECIAL NEEDS RESOURCES
**For ages 0 to 22, with an intellectual,
developmental, physical, emotional,
visual, and/ or hearing disability.**
**Free information and referrals to special
needs resources, recreation, summer
programs, and care coordination
services. 211-broward.org.**

**12TH MAN FOOTBALL AND CHEER
CAMP**
**For ages 3 and up, with an intellectual,
developmental, physical, emotional,
visual, and/ or hearing disability.**
**A free one-day camp designed for those
who because of a special need or
disability have not had the opportunity
to be involved in organized football or
cheerleading. Dates to be determined.
Call or email for details.**

ANN STORCK CENTER ADVOCACY

Contact Information:
2-1-1 First Call for Help of Broward
24-hour helpline
Phone: 954-537-0211 or 2-1-1
211-Broward.org

Contact Information:
12th Man Football and Cheer Camp
Locations: Boca Raton and Miami
Phone: 305-970-6077
Email: TwelfthMFCC@Gmail.com
12thManFCC.org

Contact Information:

PROGRAM

For ages 3 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

A program that offers support for education, transition, community resources, advocacy skills training, therapeutic services, and more. Must meet eligibility requirements. Call or email for details and eligibility.

Ann Storck Center

Locations: Fort Lauderdale

Phone: 954-584-8000

Email: Info@AnnStorckCenter.org

AnnStorckCenter.org

ABLE AFTER-SCHOOL PROGRAM

For ages 3 to 21, with intellectual or developmental disability.

Provides an enriched and specialized afterschool program for children with developmental disabilities and behavioral challenges. Social skills, physical fitness, cultural arts, recreation, case management, and nursing services. Staff-to-child ratio. Monday to Friday from 1:30 p.m. to 6 p.m. Follows Broward County School calendar. Extended hours for early

Contact Information:

Arc Broward

Location: Sunrise

Phone: 954-746-9400

ARCBroward.com

release and non-school days from 9 a.m. to 5 p.m. Call for details.

YOUTH LINKS AFTER-SCHOOL PROGRAM - School-to-Work Transition
For ages 16 to 21, with an intellectual or developmental disability.
Enhances social and employability skills and prepares for a successful transition into adulthood. During school year, experiences to address career development, social and life skills, self-determination, and advocacy. On non-school days various field trips and volunteer experiences. Paid summer internship available. Call for details.

ARTISTS WITH AUTISM
For ages 18 and up, with an intellectual, developmental, and/ or physical disability and autism.
Helps aspiring artists learn business skills and social skills by showing and selling their own artwork. Helps foster and encourage micro-enterprising and

Contact Information:
Arc Broward
Locations: Varies throughout Broward County
Phone: 954-790-9342
ARCBroward.com

Contact Information:
Artists With Autism – Training Gallery
Location: Festival Marketplace, Pompano Beach
Phone: 954-895-2786
Email: FlaGaL1106@gmail.com
ArtistswithAutism.org

promote the artistic talents of persons with autism and other disabilities.

ARTy Party: A fun and social art class, taught by a professional artist. Call, email, or visit website for details.

BIT-BY-BIT THERAPEUTIC RIDING CENTER

For ages 2 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Medical therapy providing physical, speech, and occupational therapy, with the use of a horse and/ or Hippotherapy, to meet medical goals.

Recreational Adaptive Riding Lessons for children and adults with special needs.

Horses for Heroes Veterans Program. Visit website for program information and application. Call or email for details.

Contact Information:

Bit-by-Bit Therapy

Location: Davie

Phone: 754-779-7888

Email: Info@BitbyBitTherapy.org

BitbyBitTherapy.org

SPECIALIZED SERVICES

For children and adults, with an intellectual, developmental, emotional, and/ or physical disability.

Structured activities promoting skills building, learning, sensory integration and play, and independence. Services include individual and family therapy, autism treatments, evaluations, music, art, and group therapy, parent training, and behavioral consultations. Call or email for details.

Contact Information:

Cadenza Center

Location: Hollywood

Phone: 954-925-3191

Email: CadenzaCenter@Gmail.com

CadenzaCenter.com

M.O.S.T. (MAXIMIZING OUT OF SCHOOL TIME) AFTER-SCHOOL PROGRAM

For ages 4, who are potty training, to 12, with a hearing disability.

Academic enrichment, physical fitness, art, field trips, social skills, and much more. Monday to Friday during the school year. Call or email for qualification requirements.

Contact Information:

Center for Hearing and Communication

Location: Peters Elementary School, Plantation

Phone: 954-601-1930

VP: 954-642-2351

Email: JHickman@CHCHearing.org

CHCHearing.org

STEP (SUPPORTED TRAINING AND EMPLOYMENT) PROGRAM

Contact Information:

Center for Hearing and Communication

For ages 16 to 21, with a hearing disability.
Hands-on experiences designed to foster independence and improve social skills, communication, and employability skills. Art, culture, and music activities included. During school year. Call or email for details.

Location: South Plantation High School, Plantation
Phone: 954-601-1930
VP: 954-642-2351
Email: JHickman@CHCHearing.org
CHCHearing.org

YOUTH FORCE PROGRAM
For ages 12 to 16, with a hearing disability.
Academic enrichment, prevention education, life skills training, nutrition and fitness, cultural arts, community service projects, field trips, and more. During school year. Call or email for details.

Contact Information:
Center for Hearing and Communication
Location: South Plantation High School, Plantation
Phone: 954-601-1930
VP: 954-642-2351
Email: JHickman@CHCHearing.org
CHCHearing.org

CHALLENGER BASEBALL
For ages 5 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Modified baseball program allows boys and girls, with any disability, ages 5 to

Contact Information:
Challenger Baseball
Location: Teams throughout Broward County. Players can play on team closest to their home.
Phone: 954-345-9329, 305-807-0078, or

21, to play baseball. "Buddies" help players so they can fully participate. Free to participate. Uniforms and equipment provided. Call or email for details.

**407-595-3095
Email: ChallengerBroward@Gmail.com
ChallengerBaseballofBroward.com**

**YOGA FOR CHILDREN WITH AUTISM AND SPECIAL NEEDS
Call, email, or visit website for schedule and further details.**

**Contact Information:
Creative Relaxation® Yoga for Children
Location: Yoga Center, Deerfield Beach
Phone: 954-579-1604
Email: Louise@YogaforSpecialNeeds.com
YogaforSpecialNeeds.com/**

**GIBORIM U
For ages 6 and up with an intellectual, developmental, and/ or physical disability.
A program for children, teens, and adults with special needs that includes courses and classes in fitness, the arts, sports, reaction, life skills, and health and wellness. Monday to Friday and Sunday. Must be registered with Giborim U Program. Visit website for details, eligibility requirements, class**

**Contact Information:
David Posnack Jewish Community Center
Location: Davie
Phone: 954-434-0499, ext. 208
Email: DLombard@DPJCC.org
GiborimU.org
DPJCC.org**

offerings, and schedules.

THERAPEUTIC HORSEBACK RIDING

For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Horseback riding for people with cognitive, physical, and emotional disabilities. Call or email for details.

Contact Information:

**Equine-Assisted Therapies of South Florida
Location: Tradewinds Park North, Coconut Creek
Phone: 954-974-2007
Email: Juliette@EquineATSF.org
EquineATSF.org**

EXCEPTIONAL FITNESS TM

For ages 5 and up, with an intellectual or developmental disability, and autism. Private, semi-private, group fitness, and Social Safety classes for individuals with ASD and other special needs. Call, text, or email for details.

Contact Information:

**Exceptional Fitness Foundation
Location: Weston and various satellite locations
Phone: 954-815-1546
Email: Info@ExceptionalFitness.org
ExceptionalFitness.org**

EXCEPTIONAL THEATER COMPANY (ETC)

For ages 2 to 100, with an intellectual, developmental, and/ or physical disability. Innovative theater arts program held at

Contact Information:

**Exceptional Theater Company (ETC)
Location: Pembroke Pines
Phone: 954-699-4096 or 954-980-0012
Email: Info@ExceptionalTheaterCompany.org
ExceptionalTheaterCompany.org**

various locations, days, and times. Creative expression through involvement in the arts and community service, utilizing the power of theater. Year-round. Call or email for details.

SUPERVISED TRIPS AND VACATIONS
For ages 18 and up, with an intellectual or developmental disability.
Vacation opportunities for individuals with intellectual and developmental disabilities and other special needs in a safe environment that promotes integration, socialization, friendship, and fun. Call or email for details.
September 8 through 11, Washington, DC. September 14 through 17, Busch Gardens, Tampa, FL. September 28 through October 21, Florida Keys and Dolphin Encounter, Islamorada, FL. October 11 through 15, Las Vegas and the Grand Canyon, NV. October 26 to 29, Dude Ranch, River Ranch, FL. November 3 through 8, Bahamas Cruise,

Contact Information:
Supervised Trips and Vacations
Location: Varies; all trips depart and return locally
Phone: 561-852-0910
Email: Info@ExceptionalServices.com
Exceptional-Vacations.com

Miami Departure. December 8 through 11, Disney World, Magic Kingdom, Animal Kingdom Christmas Celebration, Orlando, FL. January 8 through 13, Jamaica and Cayman Islands Cruise, Miami Departure. February 2 through 5, Disney World, Magic Kingdom, and Hollywood Studios, Orlando, FL. March 1 through 4, Dude Ranch, River Ranch, FL. March 21 through 24, MLB Spring Training, West Palm Beach, FL.

DANCE FOR NEURODIVERSE
For ages 18 and up, with an intellectual or developmental disability.
A dance program for individuals with developmental disabilities and other special needs to enhance energy, and improve balance, coordination, and bone health. Includes jazz, ballet, hip hop, Zumba, and improv. Ongoing on Tuesdays at 4 p.m. Preregistration required. Call or email for details.

Contact Information:
Exceptional Wellness
Location: Exceptional Wellness, Boca Raton
Phone: 561-852-0910
Email: Info@ExceptionalServices.net
Exceptional-Wellness.com

YOGA FOR NEURODIVERSE

For ages 18 and up, with an intellectual or developmental disability.

A yoga program for individuals with developmental disabilities and other special needs to support development, improve relaxation, and encourage a positive self in a gentle, safe, and fun environment. Ongoing on Mondays at 11 a.m. Preregistration required. Call or email for details.

Contact Information:

Exceptional Wellness

Location: Exceptional Wellness, Boca Raton

Phone: 561-852-0910

Email: Info@ExceptionalServices.net

Exceptional-Wellness.com

THE FRIENDSHIP CIRCLE

For all ages an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

A variety of recreational, social, educational, and vocational programs for those who have special needs. Year-round. Call, email, or visit website.

Contact Information:

Friendship Circle of Southwest Broward

Location: Friendship Circle of Southwest Broward, Davie

Phone: 954-252-1770

Email: FriendshipCircleWB@Gmail.com

ChabadSWB.com

THE FRIENDSHIP CIRCLE

For ages 6 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Contact Information:

Friendship Circle of Greater Fort Lauderdale

Location: Friendship Circle of Greater Fort Lauderdale, Fort Lauderdale

A variety of programs for those who have special needs that include social, recreational, and educational experiences. Year-round. Call, email, or visit website.

**Phone: 754-800-1770
Email: Office@FriendshipFl.org
FriendshipFl.org**

THE FRIENDSHIP CIRCLE

**For ages 0 to 18 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Various recreation, sports, and life skills programs, including special events. Year-round. Call, email, or visit website.**

**Contact Information:
Friendship Circle of North Broward and South Palm Beach
Locations: Friendship Circle of North Broward and South Palm Beach, Parkland
Phone: 954-970-9551
Email: FloridaFriendshipCircle@Gmail.com
FloridaFriendshipCircle.com**

THE FRIENDSHIP JOURNEY

**For all ages with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
A variety of inclusive activities for individuals of all abilities to foster relationships, enrich lives, and create a community for everyone. Email or visit website.**

**Contact Information:
The Friendship Journey
Location: Varies
Email: Hello@TheFriendshipJourney.org
TheFriendshipJourney.org**

FITNESS TRAINING AND ADAPTIVE CROSSFIT

For ages 13 and up, with an intellectual, developmental, physical, and/ or hearing disability.

Get healthy and stay fit! Garrett's Fight Foundation strives to turn disabilities into abilities by making necessary modifications to training and finding ways to conquer one's limitations. Group and one-to-one fitness training, and functional and physical skills training offered regardless of ability. Call or email for details.

Contact Information:

Garrett's Fight Foundation

Location: Various locations in Broward County

Phone: 954-270-9746

Email: GarrettsFight@Gmail.com

GarrettsFightFoundation.org

H.A.P.P.I. FARM – Horse and Petting Pal Interaction

For all ages with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Animal activities for children and adults with special needs. Therapeutic horseback riding, pony rides, farm tour, horticulture, music and art therapy,

Contact Information:

H.A.P.P.I. Farm

Location: Davie

Phone: 954-629-8133

Email: HappiFarm@Hotmail.com or

MarieLim@HappiFarm.org

HappiFarm.org

military veteran, and senior programs. \$10 for Petting Farm visit with pony or horse ride. Call, email, or visit website for details.

JAFCO CHILDREN'S ABILITY CENTER

For ages 4 to 22 and up, with an intellectual, developmental, and/ or physical disability.

Programs are held for twelve weeks.

Classes include:

Expressive Arts: Music Therapy; Artist's Workshop (Art); JAFCO Rising Stars (Drama Club); Picasso at Heart (Art); Sensory Play.

Fitness and Movement: Fun with Fitness; Basketball; Olympics, Here We Come! (Fitness); Buddies and Beats; Hip Hop; Move and Groove.

Social and Life Skills: Social Play and/ or Social Skills Junior; Teen Talk; Social Hangout; Social and Cooperative Games; Life Skills; Life Skills Junior.

Enrichment: Lego Club; Soccer Club; Lil'

Contact Information:

JAFCO Children's Ability Center

Location: Sunrise

Phone: 954-315-8681

Email: DButler@JAFCO.org

JAFCO.org

**Iron Chefs (Cooking); S.T.E.M.; Future Top Chefs (Cooking).
Call or email for class schedule and registration requirements.**

BRIGHT BEGINNINGS AND EARLY INTERVENTION
For ages 0 to 5, with a visual disability. A free developmental and support program for parents and visually impaired or blind children. Provides parents and caregivers tools to help their child reach critical developmental stages that are typically achieved through visual interaction with the world. *Client must have a visual diagnosis, and eye report.* Year-round. Monday to Friday and some Saturdays from 8 a.m. to 4 p.m. Call or email for details.

THE DAVID AND JEAN COLKER KIDS PROGRAM
For ages 6 to 13, with a visual disability. A free program to provide opportunities

Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@LHOB.org
LHOB.org

Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140

to learn age-appropriate, safe outdoor travel, computer and other high-tech devices, cooking, and self-care techniques. *Client must have a visual diagnosis, an eye report, and be a client of the Division of Blind Services.* Year-round, including Winter and Spring camps. Meets school holidays and two Saturdays a month from 8 a.m. to 4 p.m. Call or email for details.

**Email: FBrutus@LHOB.org
LHOB.org**

TEEN LIFE

For ages 14 to 22, with a visual disability.

A free program to provide independence and life-planning after high school including college and job preparation, indoor/outdoor mobility, technology skills and more. *Client must have a visual diagnosis, an eye report, and be a client of the Division of Blind Services.* Year-round, including Winter and Spring camps. Meets school holidays and two Saturdays a month from 8 a.m. to 4 p.m.

**Contact Information:
Lighthouse of Broward
Location: Fort Lauderdale
Phone: 954-463-4217, ext. 140
Email: FBrutus@LHOB.org
LHOB.org**

Call or email for details.

FIT 4 LIFE

For ages 18 and up, with an intellectual or developmental disability.

A weekly fitness and wellness program that encourages exercise and healthy eating habits in a fun and social atmosphere. Saturdays from 9 a.m. to 12:30 p.m. Registration required.

Contact Information:

Living Inclusively for Everyone Inc. (LIFE)

Location: Plantation

Phone: 954-817-4742

Email: LifeFlorida@Gmail.com

Life-Florida.org

**ADAPTIVE SPORTS AND RECREATION
ADAPTIVE FITNESS CLASS**

For ages 18 and up, with a physical disability.

Adapted exercises intended to help community members achieve personal goals. Fridays from 4 p.m. to 5 p.m. Registration required. Call or email for details.

Contact Information:

Memorial Rehabilitation Institute

Location: Memorial Rehabilitation Institute, Hollywood

Phone: 954-518-5725

Email: PStanchi@MHS.net

**MHS.net/Services/Rehabilitation/
Treatments/Types/Adaptive-Sports**

9 MUSES DROP-IN CENTER

For ages 18 and over, living with mental illness. All are welcome.

Contact Information:

Mental Health Association of Southeast Florida

<p>Activity program for adults recovering from mental illness and/ or substance abuse focusing on the arts. Drawing, painting, ceramics, clay, and music. Call or email for details.</p>	<p>Location: 9 Muses Drop-In Center, Lauderhill Phone: 954-746-2055 or 954-746-9162 Email: 9Muses@MHASEFL.org 9MusesArtCenter.org MHASEFL.org</p>
<p>HOPE YOUNG ADULT GROUP - Healthy, Optimistic People Enjoying Life (H.O.P.E.) For ages 18 to 35, living with mental illness. Fun, social, and supportive activities for young adults living with mental illness. First and third Friday of the month from 6 p.m. to 7 p.m. Call or email for details.</p>	<p>Contact Information: National Alliance on Mental Illness, Broward County Location: Varies Phone: 954-316-9907 Email: NAMIBroward@gmail.com NAMIBroward.org</p>
<p>WHEELCHAIR SPORTS For ages 18 and up, with a physical disability. Variety of recreation and sports opportunities. Call for details.</p>	<p>Contact Information: Paralyzed Veterans of America, Florida Chapter Location: Varies Phone: 754-702-4199 PVAF.org</p>
<p>PARKLAND BUDDY SPORTS PROGRAM – For ages 4 and up, with an intellectual, developmental, physical, emotional,</p>	<p>Contact Information: Parkland Buddy Sports Inc. Locations: Parkland Country Club (PCC),</p>

visual, and/ or hearing disability.
Recreational sports programs for all children with special needs. Student volunteers "Buddies" and children with special needs are paired together to educate and empower each other. Visit the website for details and each sports' contact person. Registration required.
FLAG FOOTBALL: August to October. Saturdays at 3:15 p.m., at Pine Trails Park
RUNNING: October to November. Sundays from 10:30 a.m. to 11:30 a.m., at Terramar Park.
SOCCKER: October to December. Saturdays from 3:15 p.m. to 4:30 p.m., at Pine Trails Park.
BASKETBALL: January to February. Sundays at 11:30 a.m., at Terramar Park.
GOLF: February to April. Day to be announced from 3:15 p.m. to 5:30 p.m., at Parkland Country Club.

**Parkland
Pine Trails Park (PT), Parkland
Terramar Park (T), Parkland
Email: Info@ParklandBuddySports.com
ParklandBuddySports.org**

TENNIS AND PICKLEBALL: March to May. Sundays at 10:20 a.m., at Terramar Park.

KICKBALL: June to August. Saturdays at 10 a.m., at Pine Trails Park.

PAL DYNAMITE – Plantation Athletic League Dynamites
For all ages with intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Year-round programs, sports, and activities. No age limit and never too late to register. Must be accompanied by an adult. Activities every Wednesday, Friday, and Saturday.
Sports are \$20 per season. Friday Social Events are \$2 each. Call, text, or email for details.
SPECIAL EVENTS: A variety of events throughout the year on the first, second, and fifth Friday of the month.

Contact Information:
Plantation Athletic League
Location: Varies
Phone: 954-270-4455 (Call or Text after 3 p.m.)
Email: ImagineLuz3D@Gmail.com or DynamitesCommissioner@PalSports.org
Leaguelineup.com/PlantationDynamites

INCLUSIVE BINGO: Second Friday of month at 7 p.m. at the Jim Ward Community Center in Plantation.

MARTIAL ARTS, MOVIES, AND SOCIAL: Third Friday of month at 7:30 p.m. at the Jim Ward Community Center in Plantation.

DANCES: Fourth Friday of month at 7:30 p.m. at the Jim Ward Community Center in Plantation. \$2. (No dances in November and December).

SOCCER: Saturdays, in the Fall, at 4 p.m. at Pine Island Park in Plantation.

BASKETBALL: Wednesdays, in the Summer, indoors while school is out at 7 p.m. at Plantation Central Park in Plantation.

BASEBALL, SOFTBALL, and/ or TEE BALL: Saturdays, in the Spring, at Pop Travers Park in Plantation.

BOWLING: Saturdays, year-round. \$5. Check website for details.

GALA/BANQUET: Annual free party, the second Friday of December, including dinner and surprises at 8 p.m. at Volunteer Park in Plantation.

PICNIC: Annual picnic the first week in November, under the big tents, rain or shine, at 3 p.m. at Pine Island Park in Plantation.

ADULT DAY PROGRAM

For ages 18 and over, with an intellectual and/ or developmental disability.

A daily enrichment program including life skills, recreation, functional academics, community participation, field trips, physical wellness, and more. Call or email for details.

Contact Information:

Schott Communities

Location: Cooper City

Phone: 954-434-3306

Email: DSilverman@SchottCommunities.org

SchottCommunities.org

SATURDAY ADULT ENRICHMENT PROGRAM

For ages 18 and over, with an intellectual and/ or developmental disability.

Spend time with Best Buddies and other

Contact Information:

Schott Communities

Location: Cooper City

Phone: 954-434-3306

Email: DSilverman@SchottCommunities.org

SchottCommunities.org

teen volunteers, playing games, making crafts, dancing, and having fun. Saturdays from 10 a.m. to 2 p.m. Call or email for details.

ARTS AND CRAFT CLASSES

For ages 18 and over, with an intellectual, developmental, and/ or physical disability. Explore your creativity in these affordable classes. All supplies included; no experience necessary. Weekdays from 10 a.m. to 2 p.m. and/ or 1 p.m. to 3 p.m. Call or email for details.

Contact Information:

**Schott Communities
Location: Cooper City
Phone: 954-434-3306
Email: DSilverman@SchottCommunities.org
SchottCommunities.org**

SHAKE-A-LEG MIAMI

For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. A unique lineup of adaptive water sports. Sailing, water sports instruction, fishing, physical conditioning, veterans and vocational programs, group programs, camps, special events, and more. Call for details.

Contact Information:

**Shake-A-Leg Miami
Location: Miami
Phone: 305-858-5550
ShakeaLegMiami.org**

SPECIAL OLYMPICS FLORIDA – SOUTH REGION

For ages 8 and up, with an intellectual or developmental disability.

Free year-round sports training and competition in more than 20 sports for all skill levels. Call or email for details.

Contact Information:

Special Olympics Florida – South Region

Location: Multiple locations within Broward County

Phone: 954-262-2158

**Email: MichelleLeonardo@SOFL.org
SpecialOlympicsFlorida.org/South**

SPECIAL OLYMPICS LITTLE ELITES PROGRAM

For ages 6 to 12, with an intellectual or developmental disability.

A sports program that bridges the gap between Young Athletes (ages 2 to 7) and competitive Special Olympics sports. Training offered in various sports. Call or email for details.

Contact Information:

Special Olympics Florida – South Region

Location: Multiple Locations in Broward County

Phone: 305-406-9467

**Email: MarkThompson@SOFL.org
SpecialOlympicsFlorida.org/South**

SPECIAL OLYMPICS MOTOR ACTIVITY TRAINING PROGRAM (MATP)

For ages 2 and up, with an intellectual or developmental disability.

Program designed for athletes with severe disabilities whose physical and/

Contact Information:

Special Olympics Florida – South Region

Location: Multiple Locations in Broward County

Phone: 305-406-9467

**Email: MarkThompson@SOFL.org
SpecialOlympicsFlorida.org/South**

or behavioral limitations preclude participation in traditional Special Olympics team and individual sports. Aids in improving basic motor skills. Call or email for details.

**SPECIAL OLYMPICS
YOUNG ATHLETES PROGRAM (YAP)**
For ages 2 to 7, with an intellectual or developmental disability.
An innovative sports play program that focuses on fundamental motor tracking, eye-hand coordination, and developing skills consistent with Special Olympics sports. Call or email for details.

**SPLASH PALS ADAPTED AQUATICS –
TBA – Contact to Confirm**
For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.
Therapeutic swimming and aquatic recreation. Program focuses on swimming, exercise, social interaction, and play. Year-round. Call or email for

Contact Information:
Special Olympics Florida – South Region
Location: Multiple Locations in Broward County
Phone: 305-406-9467
Email: MarkThompson@SOFL.org
SpecialOlympicsFlorida.org/South

Contact Information:
Splash Pals, Inc.
Locations: Davie and Boca Raton
Phone: 561-419-6709
Email: SplashPals@Gmail.com
SplashPals.com

<p>details.</p>	
<p>SUPPORTABILITIES ADAPTIVE BOXING For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. An inclusive, non-contact boxing fitness program for all ages and abilities. Offered in small groups. Call or email for details.</p>	<p>Contact Information: Supportabilities Foundation Location: Varies Phone: 518-312-7936 Email: JZilinkas@SupportabilitiesFoundation.org SupportabilitiesFoundation.org</p>
<p>SUPPORTABILITIES FITNESS AND TRAINING For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. A one-to-one program designed to meet the individual goals and needs of each participant. Offered in-person and remote. Call or email for details.</p>	<p>Contact Information: Supportabilities Foundation Location: Varies Phone: 518-312-7936 Email: JZilinkas@SupportabilitiesFoundation.org SupportabilitiesFoundation.org</p>
<p>SUPER STAR GYMNASTICS – TBA – Contact to Confirm For ages 5 and up, with an intellectual or developmental disability. Gymnastic classes for youth with</p>	<p>Contact Information: TAG USA Gymnastics Location: Weston Phone: 954-384-9191 Email: Hello@TaggyGymnastics.com</p>

autism and related disorders. Parent, child, and/ or youth classes. Saturdays from 9 a.m. to 10 a.m. Call or email for details.

TagGymnastics.com

MOST (MAXIMIZING OUT OF SCHOOL TIME) AFTER-SCHOOL PROGRAM
For ages 3 to 22, with an intellectual, developmental, and/ or physical disability.
Quality academic and cultural arts experiences to develop and strengthen performance skills. Small groups with appropriate adult to student ratios. Call or email for details.

Contact Information:
United Community Options of South Florida
Locations: Varies throughout Broward County
Phone: 954-584-7178
Email: Info@UCO-UCPSFL.org
UnitedCommunityOptionsSFL.org

S.T.E.P. (SUPPORTED TRAINING AND EMPLOYMENT) PROGRAM
For ages 16 to 21, with an intellectual, developmental, and/ or physical disability.
Hands-on experiences designed to prepare individuals with varying exceptionalities for post-secondary education, training, and employment.

Contact Information:
United Community Options of South Florida
Locations: Varies throughout Broward County
Phone: 954-584-7178
Email: Info@UCO-UCPSFL.org
UnitedCommunityOptionsSFL.org

Meets individual educational and employment goals, fosters independence, self-advocacy, and improves social skills that aid in a sense of belonging in the community. Call or email for details.

SOCIAL AND RECREATION GROUP
For ages 22 and up, with an intellectual, developmental, physical, visual, and/ or hearing disability. A wide variety of weekly activities, group outings, and events that promote socialization, an active lifestyle, and fun. Call or email for details.

WE ROCK THE SPECTRUM KIDS' SENSORY GYM
For all ages, with an intellectual, developmental and/ or physical disability, autism, and special needs. We Rock the Spectrum Kids' Gym provides children of all abilities with a fun and motivational environment to enhance in the areas of strength,

Contact Information:
Victory Living Programs
Locations: Various locations throughout Broward County
Phone: 954-616-1074
Email: Activities@VictoryLiving.org
VictoryLiving.org

Contact Information:
We Rock the Spectrum Kids Gym
Location: Davie
Phone: 754-216-2153
Email: Info@WeRocktheSpectrumDavie.com
WeRocktheSpectrumDavie.com

movement, sensory processing, communication, behavior modification, social interaction, and self-care skills. Inclusive environment with unique pieces of sensory equipment specifically designed for children with sensory processing disorders. Call or email for details.

AYSO VIP PROGRAM

For ages 4 and up, and adults, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

Provides a free quality soccer experience for children and adults whose physical or mental disabilities make it difficult to successfully participate on mainstream teams. Buddies help both on and off the field. Sundays from 10 a.m. to 11 a.m. Fall session runs August to December. Spring session runs January to April. Email for details.

Contact Information:

**Weston American Youth Soccer Organization (AYSO), Region 644
Location: Weston Regional Park, Field # 4, Weston
Email: VFiallos@ICloud.com
AYSO644.org – click on Programs, then VIP**

**WESTON MIRACLE LEAGUE – TBA –
Contact to Confirm –
For all ages with an intellectual,
developmental, physical, emotional,
visual, and/ or hearing disability.
“EVERY CHILD DESERVES A CHANCE
TO PLAY BASEBALL”
Provides an opportunity for children and
young adults with disabilities to play
Miracle League Baseball, regardless of
their abilities. Sundays from 4 p.m. to 5
p.m. Call or email for details.**

**Contact Information:
Weston Miracle League
Location: Rose G. Price Park, Pembroke
Pines
Phone: 954-278-5619
Email: WMLFL@Aol.com
WestonMiracleLeague.com**

**YMCA ADAPTIVE/MODIFIED SPORTS
For ages 4 and up, with an intellectual,
developmental, physical, emotional,
visual, and/ or hearing disability.
An inclusive program that provides a
noncompetitive environment for
individuals with and without disabilities
to participate and be physically active.
Athletes will develop sports skills and
be encouraged to do their personal best
while having fun. Several sports run**

**Contact Information:
YMCA of South Florida
Location: Pembroke Pines
Phone: 954-727-9622 Ext. 1236
Email: JLata@YMCASouthFlorida.org
YMCASouthFlorida.org**

throughout the year. Saturdays from 9 a.m. to 11 a.m. Call or email for details.

Y MOST (MAXIMIZING OUT OF SCHOOL TIME) PROGRAM

For ages 4 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. Structured recreation program during school days that closely mirror typical afterschool or summer programs. Non-school day mini camps. Call for details.

**Contact Information:
YMCA of South Florida
Location: Call for locations
Phone: 954-623-5555
YMCASouthFlorida.org**

S.T.E.P. (SUPPORTED TRAINING EMPLOYMENT) PROGRAM

For ages 16 to 22, with an intellectual, developmental, and/ or physical disability. An afterschool program during the school year, that focuses on exploring post-secondary career and educational interests. Supported summer employment and/ or volunteer opportunities. Call for details.

**Contact Information:
YMCA of South Florida
Locations: Call for locations
Phone: 954-623-5555
YMCASouthFlorida.org**

YMCA SWIM BUDDIES

For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.

An inclusive program for children through adults. Each participant is paired with a volunteer who works with them each session. Promotes aquatic skill development, family involvement, and social skills while increasing self-confidence and healthy lifestyle habits. Call or email for details.

Contact Information:

YMCA of South Florida

Locations: Pembroke Pines and Weston

Phone: 954-727-9622 Ext. 1236

Email: JLata@YMCASouthFlorida.org

YMCASouthFlorida.org

YAA FOR ALL: SENSORY SATURDAYS

For all ages with an intellectual, developmental, physical, and emotional, disability.

Interactive and inclusive exhibits and art activities for all. Sensory items and social narrative available for visitors to borrow on their visit. Second Saturday of every month from 11 a.m. to 1 p.m. \$12 admission per person. Free under age of 2 and for members. Call or email

Contact Information:

Young at Art Museum

Location: Westfield Broward Mall, Ste 1208, Plantation

Phone: 954-424-0085 or 954-424-3940

Email: Info@YoungatArtMuseum.org

YoungatArtMuseum.org

for details.	
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COUNTY AND MUNICIPAL PROVIDERS

Broward County and City Contact Information and Access Features

There are 31 municipalities in Broward County, Florida. Most of the municipalities have their own independent park and recreation agencies that offer year-round recreation and leisure opportunities, park facilities, and amenities. For information on a particular park and recreation agency's programs and/or facilities, contact that municipal agency directly.

Playgrounds refer to the level of accessibility or usability that varies for each playground noted under the access features.**

BROWARD COUNTY PARKS AND RECREATION DIVISION –

<https://www.broward.org/parks>

Special Populations Section – Phone: 954-357-8170 or 954-357-8160, or TTY: 954-

537-2844

POOLS AND/OR WATER PLAYGROUNDS:

• **C.B. Smith Park – Phone: 954-357-5170. Address: 900 North Flamingo Road, Pembroke Pines.**

Water playgrounds with sloped entry, aquatic wheelchair, and Lazy River with lift.

• **Central Broward Park – Phone: 954-357-5400. Address: 3770 Northwest 11th Place, Lauderhill.**

Pool with lift, sloped entry, aquatic wheelchair, and water playground with sloped entry, aquatic wheelchair.

• **Quiet Waters Park – Phone: 954-357-5100. Address: 401 South Powerline Road, Deerfield Beach.**

Water playground with sloped entry, aquatic wheelchair.

• **Topeekeegee Yugnee (T.Y.) Park – Phone: 954-357-8811. Address: 3300 North Park Road, Hollywood.**

Pool with lift, sloped entry, aquatic wheelchair, and water playground with sloped entry, aquatic wheelchair.

Splash Pads at: Miramar Pineland Park – Phone: 954-357-8776. Address: 3600 South University Drive, Miramar. Vista View Park – Phone: 954-357-8898. Address: 4001 Southwest 142nd Avenue. West Lake Park – Phone: 954-357-5261. Address: 1200 Sheridan Street, Hollywood.

PLAYGROUNDS**

COCONUT CREEK PARKS AND RECREATION DEPARTMENT –

<https://www.coconutcreek.net/parks-and-recreation>

Wayne K. Tobey, Recreation Director – Phone: 954-545-6670, or Recreation Complex – Phone: 954-956-1580

PLAYGROUNDS**

COOPER CITY RECREATION DEPARTMENT –

<http://www.coopercityfl.org/parksandrecreation>

Stacie Weiss, Recreation Director – 954-434-4300, ext. 295, or Jill Ankney, Aquatic Specialist – Phone: 954-434-4300, ext. 400

POOL:

• Cooper City Pool and Tennis Center – Phone: 954-436-7300. Address: 11600 Stonebridge Parkway. Pool with lift.

PLAYGROUNDS**

CORAL SPRINGS PARKS AND RECREATION –

<https://www.coralsprings.org/parks>

Robert Hunter, Recreation Director: 954-345-2200

POOLS:

• Mullins Park Pool – Phone: 954-345-2170. Address: 10000 Northwest 29th Street. One (1) pool with lift and one (1) pool with zero-depth entry.

• Coral Springs Aquatic Complex – Phone: 954-345-2121. Address 12441 Royal Palm Boulevard. Pool with lift. Undergoing renovation from July 21, 2023 through

February 15, 2024. Pools will be closed at this time. Dates are subject to change.

- **Cypress Water Park – Phone: 954-345-2109. Address: 1300 Coral Springs Drive. Pool with lift and Activity Pool with zero-depth entry.**

PLAYGROUNDS**

DANIA BEACH PARKS AND RECREATION DEPARTMENT –

<https://www.daniabeachfl.gov/273/Parks-Recreation>

Eric Brown, Recreation Director – Phone: 954-924-6800, ext. 3730

POOLS:

- **Patrick J. Meli Park Aquatic Complex – Phone: 954-985-4400. Address: 2901 Southwest 52nd Street. Pool with lift.**
- **C.W. Thomas Park Pool – Phone: 954-924-3692. Address: 100 Northwest 8th Avenue. Pool with lift.**

ROPES COURSE (low and high course) – Tigertail Lake Recreational Center – Phone: 954-201-4500. Address: 580 Gulfstream Way.

BEACH ACCESS – Phone: 954-924-3696. Address: 100 North Beach Road. Access from parking to chickee hut on beach, picnic area, and restroom.

PLAYGROUNDS**

DAVIE PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –

<https://www.davie-fl.gov/235/Parks-Recreation-Cultural-Arts>

Administrative Offices – Phone: 954-797-1146

POOLS:

- **Davie Pine Island Park Aquatics Center – Phone: 954-327-3926. Address: 3800 Southwest 92nd Avenue. Pool with ramp.**
 - **Betty Booth Roberts Park Pool – Phone: 954-797-6716. Address: 4200 Southwest 61st Avenue. Pool with lift.**
- Splash Pad at: Shenandoah Park – Address: 14601 Southwest 14th Street.**

PLAYGROUNDS **

DEERFIELD BEACH PARK AND RECREATION DEPARTMENT -

<https://www.deerfield-beach.com/39/Parks-Recreation>

Administrative Offices: 954-480-4433

POOL:

- **Deerfield Beach Aquatic Center – Phone: 954-420-2262. Address: 501 Southeast 6th Avenue. Pool with lift, zero-depth entry, and water wheelchair.**

BEACH ACCESS – Phone: 954-480-4412. BEACH CONDITIONS – Phone: 954-480-4413 (recorded daily).

- **North Beach (International Fishing Pier): 200 Northeast 21st Avenue. Pier, boardwalk, and beach wheelchair available at Lifeguard Station #3, located at Hillsboro Boulevard and Southeast 21st Avenue.**

- **North Beach (Kirk Cottrell) Pavilion – Address: 314 Northeast 21st Avenue. Walkway to sand.**

Splash Pad Water Feature at: Sullivan Park – Address: 1700 Riverview Road.

PLAYGROUNDS**

FORT LAUDERDALE PARKS AND RECREATION DEPARTMENT –

<https://www.parks.fortlauderdale.gov>

Phil Thornburg, Recreation Director – Phone: 954-828-7275, or Matthew Cobb, ADA Coordinator – Phone: 954-828-6510 or Susan Riestra, ADA Event Coordinator – Phone: 954-828-4612

POOLS:

- **Fort Lauderdale Aquatic Complex – Phone: 954-828-4580. Address: 501 Seabreeze Boulevard. Pool with lift.**
- **Croissant Park Pool – Phone: 954-828-6156. Address: 245 West Park Drive. Pool with ramp, water wheelchair, and Water Playground with lift, zero-depth entry, and water wheelchair.**
- **Lauderdale Manors Park Pool – Phone: 954-828-5412. Address: 1340 Chateau Park Drive. Pool with lift and Water Playground with zero-depth entry.**
- **Riverland Park Pool – Phone: 954-828-5322. Address: 950 Southwest 27th Avenue. Pool with lift, ramp, water wheelchair, and Water Playground with zero-depth entry and water wheelchair.**
- **Bass Park Pool – Phone: 954-828-6019. Address: 2750 Northwest 19th Street. Pool with lift and steps.**
- **Joseph C. Carter Park Pool – Phone: 954-828-5407. Address: 1450 West Sunrise Boulevard. Pool with lift, steps, and Water Playground with zero-depth entry.**
- **Sunrise Middle School Pool – Phone: 954-721-2018. Address: 1750 Northeast 14th Street. Pool with ramp and water wheelchair.**

BEACH ACCESS – Phone: 954-828-4595. Beach wheelchair at Sebastian Street

Lifeguard Station. Playground, restrooms, showers, and parking located at Sebastian Street at A1A.

Splash Pad at: Osswald Park – Address: 2220 Northwest 21st Avenue.

PLAYGROUNDS **

**HALLANDALE BEACH PARKS AND RECREATION, AND OPEN SPACES
DEPARTMENT - [https:// www.CoHB.org/Parks](https://www.CoHB.org/Parks)**

Cathie Schanz, Recreation Director – Phone: 954-457-1452

POOL:

• **B.F. James Park Pool – Phone: 954-457-1321. Address: 777 Northwest 1st Avenue. Pool with lift and zero-depth entry.**

BEACH ACCESS – Hallandale Ocean Rescue – Phone: 954-362-9198.

• **Beach access mats located at: South City Beach Park – Address: 1870 South Ocean Drive and North City Beach Park – Address: 111 South Surf Road. Beach wheelchairs available at Towers 1 and 2 on a first-come, first-serve basis.**

PLAYGROUNDS ** Accessible City playgrounds include: BJ James Park, 777 Northwest 1st Avenue, Foster Park, 608 Northwest 6th Avenue, Golden Isles Park, 500 Egret Drive, Ingalls Park 735 Southwest 1st Street, Joseph Scavo Park, 900 Three Islands Boulevard, OB Johnson Park, 1000 Northwest 8th Avenue, Peter Bluseten Park, 501 Southwest 1st Avenue, South City Beach Park, 1870 South Ocean Drive, Sunrise Park, 416 Northwest 8th Avenue, Sunset Park, 814 Southwest 6th Avenue.

HOLLYWOOD DEPARTMENT OF PARKS, RECREATION AND CULTURAL ARTS -

<https://www.hollywoodfl.org/97/Parks-Recreation-Cultural-Arts>

Ricky Engle, Recreation Director – Phone: 954-921-3404, or Monique Spencer, Program Supervisor – Phone: 954-921-4235

POOL:

• **Driftwood Community Pool – Phone: 954-967-4644. Address: 3000 North 69th Avenue. Pool with lift, zero-depth entry, and handrails – heated.**

BEACH ACCESS – Phone: 954-921-3423. BEACH CONDITIONS – Phone: 954-921-3334. Beach wheelchairs may be reserved on a first-come, first-serve basis. Mobi-Mat access located at eight (8) points along beach: Carolina Street, Connecticut Street, Johnson Street, New York Street, ADA ramp between Tyler Street, and Harrison Street, Oregon Street, and between Iris Terrace and Magnolia Terrace.

PLAYGROUNDS**

LAUDERDALE-BY-THE-SEA PARKS AND RECREATION -

<https://www.lauderdalebythesea-fl.gov/169/Parks-Beach-Portals>

General Information – Phone: 954-640-4232

BEACH ACCESS – Phone: 954-640-4200. Beach wheelchair available. Seven (7) points of beach access via sidewalk flush with sand or beach entry. Mobi-Mat entry to the beach at El Prado Park.

LAUDERDALE LAKES PARKS AND HUMAN SERVICES DEPARTMENT –

<http://www.lauderdalelakes.org/133/Parks-Human-Services>

Ericka Lockett, Parks and Human Services Director – Phone: 954-535-2785

POOL:

- **Lauderdale Lakes Swimming Pool Complex – Phone: 954-733-6283. Address: 3077 Northwest 39th Street. Pool with zero-depth entry, and water wheelchair – heated.**

PLAYGROUNDS**

LAUDERHILL PARKS AND LEISURE SERVICES –

<https://www.lauderhill-fl.gov/parks-recreation>

Scott Newton, Parks and Recreation Director – Phone: 954-730-3084, or Brian Picinic, Deputy Director – Phone: 954-572-1478, or Daphne Dyer, Assistant Director – Phone: 954-321-2454, or Aquatics – Phone: 954-572-1462

POOLS:

- **John E. Mullin Park and Lauderdale Aquatic Center – Phone: 954-486-8450. Address: 2000 Northwest 55th Avenue. Pool with lift and zero depth entry water feature.**
- **Veterans Park Pool – Phone: 954-572-1459. Address: 7600 Northwest 50th Street. Pool with lift and ramp.**
- **Wolk Park Pool – Phone: 954-321-2466. Address: 1080 Northwest 42nd Way. Pool with lift.**

PLAYGROUNDS**

LIGHTHOUSE POINT RECREATION DEPARTMENT –

<https://www.lighthousepoint.com/176/Recreation>

Becky Word, Recreation Director – Phone: 954-784-3439

PLAYGROUNDS **

MARGATE PARKS AND RECREATION DEPARTMENT –

<https://www.margatefl.com/211/Parks-and-Recreation>

Michael A. Jones, Recreation Director – Phone: 954-972-6458

POOL:

- **Calypso Cove Water Park – Phone: 954-974-4566. Address: 6200 Royal Palm Boulevard. Pool with lift and Water Playground with zero-depth entry.**

PLAYGROUNDS**

MIRAMAR PARKS AND RECREATION DEPARTMENT –

<https://www.miramarfl.gov/1726/Parks-Recreation>

Billy Neal, Recreation Director – Phone: 954-602-3344, or Administration – Phone: 954-602-3172

POOLS:

- **Historic Miramar Aquatic Complex – Phone: 954-602-3367. Address: 6920 Southwest 35th Street. Pool with lift and ramp and Wading Pool with zero-depth entry.**

- **Miramar Regional Aquatic Complex – Phone: 954-883-6955. Address: 16801 Miramar Parkway. Pool with lift and ramp and Water Playground with zero-depth entry.**

Splash Pads at: Miramar Regional Aquatic Complex – Address: 16801 Miramar Parkway. Shirley Branca Park – Address: 6900 Miramar Parkway. Vizcaya Park – Address: 14200 Southwest 55th Street.

PLAYGROUNDS**

NORTH LAUDERDALE PARKS AND RECREATION DEPARTMENT –

https://www.nlauderdale.org/departments/parks_and_recreation/

Patrick Cann, Recreation Director – Phone: 954-597-4704, or Aquatics – Phone: 954-724-7061

POOL:

• **Jerry Resnick Aquatic Center – Phone: 954-724-7063. Address: 701 Southwest 71st Avenue. Pool with lift – heated and Water Playground.**

PLAYGROUNDS**

OAKLAND PARK PARKS AND LEISURE SERVICES DEPARTMENT –

<https://www.oaklandparkfl.gov/195/Parks-Leisure-Services>

Brad Ostroff, Interim Director – Phone: 954-630-4268, or General Information – Phone: 954-630-4500

CANOE AND/OR KAYAK LAUNCH – J. Dewey Hawkins Landing – Address: Northeast 12th Terrace and 30th Court.

BOCCE COURTS – Royal Palm Park – Address: 1701 Northwest 12th Terrace.

PLAYGROUNDS**

PARKLAND PARKS AND RECREATION DIVISION –

<https://www.cityofparkland.org/108/Parks-and-Recreation>

Nick Williams, Parks and Recreation Manager – Phone: 954-757-4104, or Felicia Trainor, Assistant Director – Phone: 954-757-4131

City facilities equipped with QR code to sensory maps and social scripts.

Available at <https://cityofparkland.org/Autismfriendly>.

PLAYGROUNDS Pines Trails Park Playground – Phone: 954-913-0496. Address: 10555 Trails End. Playground with ramps, wheelchair access, and wheelchair accessible features. Terramar Park Playground – Phone: 954-913-0496. Address: 6700 West Hillsboro Boulevard. Playground with ramps, wheelchair access, and wheelchair accessible features.**

TOWN OF PEMBROKE PARK PARKS DEPARTMENT –

<https://www.tppfl.gov/parks-department>

Parks Department – Phone: 954-986-0790

FISHING PIER – Patrick Behan Park – Phone: 954-986-9053. Address: 3200 South 25th Street.

PEMBROKE PINES RECREATION AND CULTURAL ARTS DEPARTMENT –

<https://www.ppines.com/278/recreation-cultural-arts>

Carol Campisi Toscano, Assistant Recreation Director – Phone: 954-392-2130, or Thomas Joyce, Recreation Supervisor – Phone: 954-431-4146

POOLS:

- **Pembroke Pines YMCA Aquatic Center – Phone: 954-447-7645. Address: 1361 Northwest 129th Avenue. Pool with zero-depth entry and access chair.**
- **Southwest Focal Point Senior Center Pool – Phone: 954-450-6888. Address: 301 Northwest 103rd Avenue. Pool with ramp, access chair – heated.**
- **Towngate Park Pool – Phone: 954-450-6895. Address: 901 Northwest 155th Avenue. Pool with lift – heated.**
- **Rose G. Price Park Pool – Phone: 954-437-1140. Address: 901 Northwest 208th Avenue. Pool with lift.**

MIRACLE LEAGUE BASEBALL FIELD – Rose G. Price Park – Address: 901 Northwest 208th Avenue. Rubberized surface, totally accessible baseball field for use by individuals who may use wheelchairs, walkers, other assistive devices.

PLAYGROUNDS or WATER PLAYGROUNDS****

PLANTATION PARKS AND RECREATION DEPARTMENT –

<https://www.plantation.org/government/departments/parks-recreation>

Phil Goodrich, Recreation Director – Phone: 954-452-2511, or Christopher Cooksey, Aquatics Manager – Phone: 954-916-5608

POOLS:

- **Plantation Aquatic Complex – Phone: 954-452-2525. Address: 9151 Northwest 2nd Street. Pool #1: Competition pool with lift – heated. Pool #2: Training Pool with zero depth entry, ramp, and water wheelchair.**
- **Jim Ward Community Center – Phone 954-585-2344. Address: 301 Northwest 46th Avenue. Water Playground with zero depth entry.**

EXERCISE COURSE FOR WHEELCHAIR USERS

- **Veterans Park – Phone: 954-452-2510. Address: 1776 Lauderdale West Drive.**
- PLAYGROUNDS** or WATER PLAYGROUND****

POMPANO BEACH PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –

<https://parks.pompanobeachfl.gov/>

General Information – Phone: 954-786-4111

POOLS:

- **Pompano Beach Aquatic Center – Phone: 954-786-4128. Address: 820 Northeast 18th Avenue. Pool with lift and stairs.**
- **Houston Sworn Aquatic Center – Phone: 954-786-4116. Address: 901 Northwest 10th Street. Pool with lift.**

BEACH ACCESS – Phone: 954-786-4111. BEACH CONDITIONS – Phone: 954-786-4005 (recorded daily). Address: 50 North Pompano Beach Boulevard. Two (2) beach wheelchairs available on a first-come, first-serve basis. Blue Mobi Mat pathway extends to edge of sand dune.

GOLF COURSE – Pro Shop Phone: 954-781-0426. Address: 1101 North Federal Highway. Adaptive golf cart (Solo Rider) available. "Golf Cart Flag Program" for individuals with limited walking ability.

PLAYGROUNDS**

SOUTHWEST RANCHES' PARKS, RECREATION, AND OPEN SPACE DEPARTMENT –
<https://www.southwestranches.org/departments/parks-recreation-and-open-space/>

December Lauretano-Haines, Parks, Recreation and Open Space Manager –

Phone: 954-434-0008

Sunshine Ranches Equestrian Park, Rolling Oaks Park, Country Estates Fishing Hole Park, Calusa Corners Park, Trailside Park.

PLAYGROUNDS**

SUNRISE LEISURE SERVICES DEPARTMENT –

<https://www.sunrisefl.gov/departments-services/leisure-services>

Kevin Pickard, Recreation Director – Phone: 954-747-4655, or Maria Little, Deputy Director – Phone: 954-747-4660

POOL:

• Sunrise Civic Center Aquatics Center – Phone: 954-747-4636. Address: 10610 West Oakland Park Boulevard. Pool with lift and Teaching Pool with zero-depth entry.

Splash Pads at: Cypress Preserve Park – Address: 9020 Northwest 38th Street, Flamingo Park – Address: 12855 Northwest 8th Street, City Park – Address: 6600 Sunset Strip, Roarke Hall Pool – Address: 1720 Northwest 60th Avenue, open summers only, and Welleby Park – Address: 11100 Northwest 44th Street.

PLAYGROUNDS**

TAMARAC PARKS AND RECREATION DEPARTMENT –

<https://www.tamarac.org/100/Parks-Recreation> – Phone: 954-597-3620

POOL:

• **Caporella Aquatic Center – Phone: . Address: 9300 Northwest 58th Street. Pool and Water Playground with zero-depth entry, water wheelchair – heated.**

PLAYGROUNDS**

WEST PARK PARKS AND RECREATION –

<https://www.cityofwestpark.org/government/departments/parks-and-recreation>

General Information – Phone: 954-985-1990

PLAYGROUNDS**

WESTON PARKS AND RECREATION –

<https://www.westonfl.org/government/parks-and-recreation>

Kara Petty, Recreation Director – Phone: 954-389-4321

PLAYGROUNDS**

WILTON MANORS LEISURE SERVICES DEPARTMENT –

<https://www.wiltonmanors.com/149/Leisure-Services>

Michelle Parks, Division Director – Phone: 954-390-2108

WHEELCHAIR-ACCESSIBLE BOAT RAMP at: Snook Creek Park – Address: 2351

Powerline Road and Colohatchee Boat Ramp – Address: 1975 Northeast 15th Avenue.

Splash Pad at: Mickel Park – Address: 2675 Northwest 7th Avenue.

PLAYGROUNDS **

DR. VON D. MIZELL – EULA JOHNSON STATE PARK –

<https://www.floridastateparks.org/mizell>

John Frosbutter, Park Services Specialist – Phone: 954-924-3859, or General Information – Phone: 954-923-2833

BEACH ACCESS – Address: 6503 North Ocean Drive, Dania Beach. Limited number of beach wheelchairs available, on a first-come, first-serve basis.

HUGH TAYLOR BIRCH STATE PARK –

<https://www.floridastateparks.org/HughTaylorBirch>

LeAnn Hinson, Park Manager – Phone: 954-564-4521

Large-print and audio park brochure available upon request. One mile audio tour of park available. Quarter-mile accessible Rail Trail.

BEACH ACCESS – Address: 3109 East Sunrise Boulevard, Fort Lauderdale. Beach wheelchair available at the Ranger Station on first-come, first-serve basis.

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**Parks and Recreation Division
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